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**RIJKSINSTITUUT VOOR ZIEKTE-  
EN INVALIDITEITSVERZEKERING  
DIENST GENEESKUNDIGE VERZORGING**  
Comité voor de evaluatie van de  
medische praktijk inzake geneesmiddelen

# The management of heart failure

Literature review: synopsis  
report

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## Table of contents

<b>TABLE OF CONTENTS</b> .....	<b>3</b>
<b>1 ABBREVIATIONS</b> .....	<b>7</b>
<b>2 METHODOLOGY</b> .....	<b>9</b>
2.1 INTRODUCTION .....	9
2.2 QUESTIONS TO THE JURY .....	9
2.3 RESEARCH TASK OF THE LITERATURE GROUP .....	9
2.3.1 <i>Guidelines</i> .....	10
2.3.2 <i>Study types</i> .....	10
2.3.3 <i>Specific search criteria</i> .....	12
2.4 SEARCH STRATEGY .....	13
2.4.1 <i>Principles of systematic search</i> .....	13
2.4.2 <i>Search strategy details</i> .....	13
2.5 SELECTION PROCEDURE .....	13
2.6 ASSESSING THE QUALITY OF AVAILABLE EVIDENCE .....	13
2.6.1 <i>Assessing subgroup analyses</i> .....	13
2.6.2 <i>Assessing overall outcomes via GRADE</i> .....	14
2.7 SYNOPSIS OF THE STUDY RESULTS .....	17
<b>3 CRITICAL REFLECTIONS OF THE LITERATURE GROUP</b> .....	<b>18</b>
3.1 RATIONALE OF THE REVIEW .....	18
3.2 REMARKS ON METHODOLOGY .....	18
3.2.1 <i>Systematic reviews</i> .....	18
3.2.2 <i>Subgroup analyses</i> .....	18
3.3 REMARKS ON THE RESULTS OF THE LITERATURE REVIEW .....	19
3.3.1 <i>Type 2 diabetes</i> .....	19
3.3.2 <i>Chronic kidney disease</i> .....	19
3.3.3 <i>Obesity</i> .....	20
3.3.4 <i>Chronic obstructive pulmonary disease</i> .....	20
3.3.5 <i>Pulmonary hypertension</i> .....	20
3.3.6 <i>Cachexia, sarcopenia</i> .....	20
3.4 REMARKS ON THE RECOMMENDATIONS FROM GUIDELINES.....	20
3.5 REMARKS ON SAFETY INFORMATION .....	22
<b>4 GENERAL INFORMATION ON SELECTED GUIDELINES</b> .....	<b>23</b>
4.1 SELECTED GUIDELINES.....	23
4.2 GRADES OF RECOMMENDATION.....	23
4.3 AGREE II SCORE .....	27
4.4 INCLUDED POPULATIONS – INTERVENTIONS – MAIN OUTCOMES .....	28
4.5 MEMBERS OF DEVELOPMENT GROUP – TARGET AUDIENCE .....	33
<b>5 SUMMARY AND COMPARISONS OF RECOMMENDATIONS FROM GUIDELINES</b> .....	<b>35</b>
5.1 GENERAL .....	35
5.2 DIABETES MELLITUS.....	36
5.3 CHRONIC KIDNEY DISEASE .....	38

5.4	MORBID OBESITY .....	40
5.5	CACHEXIA /SARCOPENIA/ FRAILITY .....	40
5.6	SEVERE COPD AND PULMONARY HYPERTENSION .....	41
5.7	ATRIAL FIBRILLATION (INTERACTIONS BETWEEN DRUGS) .....	42
<b>6</b>	<b>HEART FAILURE AND DIABETES - SUMMARY AND CONCLUSIONS FROM THE LITERATURE REVIEW .....</b>	<b>42</b>
6.1	SGLT-2 INHIBITORS .....	42
6.1.1	<i>Dapagliflozin vs placebo</i> .....	42
6.1.2	<i>Empagliflozin vs placebo</i> .....	48
6.2	MRA .....	53
6.2.1	<i>Eplerenone vs placebo</i> .....	53
6.2.2	<i>Spironolactone vs placebo</i> .....	58
6.3	ARNI .....	59
6.3.1	<i>Sacubitril/valsartan vs enalapril</i> .....	59
6.3.2	<i>Sacubitril/valsartan vs valsartan</i> .....	61
6.3.3	<i>Sacubitril/valsartan vs standard therapy</i> .....	62
<b>7</b>	<b>HEART FAILURE AND CHRONIC KIDNEY DISEASE- SUMMARY AND CONCLUSIONS FROM THE LITERATURE REVIEW .....</b>	<b>63</b>
7.1	SGLT-2 INHIBITORS .....	63
7.1.1	<i>Dapagliflozin vs placebo</i> .....	63
7.1.2	<i>Empagliflozin vs placebo</i> .....	68
7.2	MRA .....	73
7.2.1	<i>Eplerenone vs placebo</i> .....	73
7.2.2	<i>Spironolactone vs placebo</i> .....	75
7.3	ANGIOTENSIN RECEPTOR-NEPRILYSIN INHIBITOR (ARNI) .....	78
7.3.1	<i>Sacubitril/valsartan vs enalapril</i> .....	78
7.3.2	<i>Sacubitril/valsartan vs valsartan</i> .....	82
<b>8</b>	<b>HEART FAILURE AND OBESITY - SUMMARY AND CONCLUSIONS FROM THE LITERATURE REVIEW .....</b>	<b>84</b>
8.1	SGLT2-INHIBITORS VS PLACEBO .....	84
8.1.1	<i>Dapagliflozin vs placebo</i> .....	84
8.1.2	<i>Empagliflozin vs placebo</i> .....	92
8.2	MINERALOCORTICOID RECEPTOR ANTAGONISTS VERSUS PLACEBO.....	98
8.2.1	<i>Eplerenone vs placebo</i> .....	98
8.2.2	<i>Spironolactone vs placebo</i> .....	101
<b>9</b>	<b>HEART FAILURE AND COPD - SUMMARY AND CONCLUSIONS FROM THE LITERATURE REVIEW .....</b>	<b>104</b>
9.1	SGLT-2 INHIBITORS .....	104
9.1.1	<i>Dapagliflozin vs placebo</i> .....	104
9.2	ARNI .....	109
9.2.1	<i>Sacubitril/valsartan vs enalapril</i> .....	110
9.2.2	<i>Sacubitril/valsartan vs valsartan</i> .....	111
<b>10</b>	<b>HEART FAILURE AND OTHER COMORBIDITIES- SUMMARY AND CONCLUSIONS FROM THE LITERATURE REVIEW .....</b>	<b>113</b>
<b>11</b>	<b>ADDITIONAL SAFETY INFORMATION FROM OTHER SOURCES .....</b>	<b>114</b>
11.1	DRUGS USED IN HEART FAILURE .....	114
11.1.1	<i>Diuretics: thiazides and related products</i> .....	114
11.1.2	<i>Loop diuretics</i> .....	115

11.1.3	<i>Mineralocorticoid receptor antagonists</i> .....	115
11.1.4	<i>ACE-inhibitors</i> .....	117
11.1.5	<i>Sartans</i> .....	118
11.1.6	<i>Sacubitril/valsartan</i> .....	118
11.1.7	<i>β-blockers</i> .....	119
11.1.8	<i>SGLT-2 inhibitors</i> .....	120
11.1.9	<i>Digitalis glycosides (Digoxin)</i> .....	120
11.1.10	<i>Dobutamine</i> .....	121
11.1.11	<i>Ivabradine</i> .....	121
11.1.12	<i>Levosimendan</i> .....	122
11.1.13	<i>Milrinone</i> .....	122
11.1.14	<i>Nitrate derivatives</i> .....	122
11.1.15	<i>Vericiguat</i> .....	122
11.2	DRUGS USED IN TYPE 2 DIABETES .....	122
11.2.1	<i>Insulins</i> .....	122
11.2.2	<i>Metformin</i> .....	123
11.2.3	<i>Sulfonylureas</i> .....	124
11.2.4	<i>Glinides</i> .....	124
11.2.5	<i>Glitazones</i> .....	124
11.2.6	<i>GLP-1 agonists</i> .....	124
11.2.7	<i>Gliptins (DPP-4-inhibitors)</i> .....	124
11.2.8	<i>Gliflozines (SGLT2 inhibitors)</i> .....	125
11.3	DRUGS USED IN MORBID OBESITY .....	126
11.3.1	<i>Orlistat</i> .....	126
11.3.2	<i>Liraglutide</i> .....	126
11.3.3	<i>Naltrexon + bupropion</i> .....	126
11.4	DRUGS USED IN COPD .....	126
11.4.1	<i>β2-agonists</i> .....	126
11.4.2	<i>Anticholinergics</i> .....	127
11.4.3	<i>Theophylline</i> .....	127
11.4.4	<i>Corticosteroids</i> .....	127
11.5	DRUGS USED IN PULMONARY HYPERTENSION.....	128
11.5.1	<i>Endothelin receptor agonists (ambrisentan, bosentan and macitentan )</i> .....	128
11.5.2	<i>Phosphodiesterase-5 inhibitors (sildenafil and tadalafil)</i> .....	128
11.5.3	<i>Epoprostenol</i> .....	128
11.5.4	<i>Riociguat</i> .....	128
11.5.5	<i>Selexipag</i> .....	128
11.5.6	<i>Treprostinil</i> .....	128
11.6	DRUGS USED IN CHRONIC KIDNEY DISEASE.....	129
11.6.1	<i>Finerenone</i> .....	129
11.6.2	<i>Gliflozines (SGLT-2 inhibitors)</i> .....	129
11.7	DRUGS USED IN ATRIAL FIBRILLATION .....	129
11.7.1	<i>β-blockers</i> .....	129
11.7.2	<i>Verapamil and diltiazem</i> .....	129
11.7.3	<i>Digoxin</i> .....	129
11.7.4	<i>Amiodarone</i> .....	130
11.7.5	<i>Anticoagulants: vitamin K antagonists</i> .....	130
11.7.6	<i>DOACs</i> .....	130
11.8	DRUGS USED IN CACHEXIA .....	130
11.8.1	<i>Androgens and anabolic steroids</i> .....	130

11.9	INTERACTIONS WITH CYP ISOENZYMES AND P-GP .....	130
<b>12</b>	<b>REFERENCES.....</b>	<b>135</b>

## 1 Abbreviations

ACE-I: angiotensin conversion enzyme inhibitor

AF: atrial fibrillation

ARB: angiotensin receptor blocker

ARNI: angiotensin receptor neprilysin inhibitor

BMI: body mass index

CHD: coronary heart disease

CI: confidence interval

CKD: chronic kidney disease

COPD: chronic obstructive pulmonary disease

CV: cardiovascular

CVA: cerebrovascular accident

CVD: cardiovascular disease

DB: double blind

DM: diabetes mellitus

eGFR: estimated glomerular filtration rate

HF: heart failure

HFmrEF: heart failure with mid-range ejection fraction

HFpEF: heart failure with preserved ejection fraction

HFrEF: heart failure with reduced ejection fraction

HHF: hospitalization for heart failure

HR: hazard ratio

ITT: intention-to-treat analysis

KCCQ: Kansas City Cardiomyopathy Questionnaire

KCCQ-CSS: Kansas City Cardiomyopathy Questionnaire – clinical summary score

KCCQ-TSS: Kansas City Cardiomyopathy Questionnaire – total symptom score

MA: meta-analysis

MCID: minimal clinically important difference

MD: mean difference

MI: myocardial infarction

MRA: mineralocorticoid receptor antagonist

n: number of patients

N: number of studies

NA: not applicable

NR: not reported

NS: not statistically significant

NYHA: New York Heart Association

OL: open label

PG: parallel group

PO: primary outcome

QoL: Quality of life

SB: single blind

SD: standard deviation

SGLT2i: sodium glucose cotransporter-2 inhibitors

SMD: standardized mean difference

SR: systematic review

SS: statistically significant

T2DM: type 2 diabetes mellitus

WOREL: Werkgroep Ontwikkeling Richtlijnen Eerste Lijn



## 2 Methodology

### 2.1 Introduction

This systematic literature review was conducted in preparation of the consensus conference “**Management of heart failure**” which will take place on November 28<sup>th</sup> 2024.

### 2.2 Questions to the jury

The questions to the jury to be considered in this literature report, as they were phrased by the organising committee of the RIZIV/INAMI are:

#### 4) Risk populations

Risk populations were defined as patients with heart failure and one of the following comorbidities:

- diabetes mellitus type II
- morbid obesity
- cachexia or sarcopenia
- severe COPD or pulmonary hypertension
- chronic kidney disease
- atrial fibrillation

**The following jury questions apply to each one of the defined comorbidities:**

- 4.1. What specific adjustment in treatment is needed in this population?
- 4.2. What specific follow-up is needed in this population?
- 4.3. What specific alarm symptoms are present in this population?
- 4.4. Are there specific adjustments to reimbursement requirements desirable for this population?

### 2.3 Research task of the literature group

The organising committee has specified the research task for the literature review as follows:

- To discuss **selected guidelines**.
  - See 2.3.1 for guideline inclusion criteria.
- To perform a literature review:
  - To search and report relevant **RCTs or systematic reviews/meta-analyses of RCTs**.
  - See 2.3.2 for information on study type inclusion criteria and 2.3.3 for search details.
  - To discuss information from **additional sources** for information on safety, contra-indications, specific subgroups, precautions and monitoring.
- See section “Additional safety information from other sources”.

In the table below, we provide an overview of the research task of the literature group per jury question. We also indicate in what chapter the results can be found.

<p><b>(1) Pharmacological treatment of patients with heart failure AND comorbidity</b></p> <ul style="list-style-type: none"><li>• <b>Heart failure + Diabetes Mellitus type II</b> Information from literature search (chapter 6) , guidelines (chapter 5), safety sources (chapter 11)</li><li>• <b>Heart failure + morbid obesity</b> Information from literature search (chapter 8), guidelines (chapter 5), safety sources (chapter 11)</li><li>• <b>Heart failure + severe COPD</b> Information from literature search (chapter 9) , guidelines (chapter 5), safety sources (chapter 11)</li><li>• <b>Heart failure + pulmonary hypertension</b> Information from literature search (chapter 10), guidelines (chapter 5), safety sources (chapter 11)</li><li>• <b>Heart failure + chronic kidney disease</b> Information from literature search (chapter 7), guidelines (chapter 5), safety sources (chapter 11)</li><li>• <b>Heart failure + cachexia or sarcopenia</b> Information from literature search (chapter 10), guidelines (chapter 5), safety sources (chapter 11)</li><li>• <b>Heart failure + atrial fibrillation</b> Information from guidelines (chapter 5), safety sources (chapter 11)</li></ul>
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### 2.3.1 Guidelines

For the 2024 update of the guideline Heart failure(1), WOREL followed the ADAPTE-procedure. Other guidelines on the management of heart failure were searched by WOREL systematically and the methodological quality was evaluated using the AGREE-instrument.

The following guidelines were selected:

1. Chronic heart failure in adults: diagnosis and management (NG106) (2018) NICE(2)
2. Standaard Hartfalen NHG 2021(3)
3. Chronische Herzinsuffizienz Nationale Versorgungsleitlinie (NVL) (2019) AWMF/KVB/Bundesärztekammer German(4)
4. Guidelines for the diagnosis and treatment of acute and chronic heart failure (2021) ESC(5)
5. Guideline for the Management of Heart Failure (2022) AHA/ACC/HFSA(6)

The literature group of the Consensus conference will utilize these guidelines and their updates for recommendations and important information, to answer the clinical questions regarding heart failure and comorbidity.

Similarities and discrepancies between guidelines are to be reported.

### 2.3.2 Study types

We will look at RCTs and systematic reviews and meta-analyses of RCTs.

To be included in our review, the selected studies need to meet certain criteria.

#### **Meta-analyses and systematic reviews**

- Research question matches research question for this literature review
- Systematic search in multiple databases
- Systematic reporting of results
- Inclusion of randomised controlled trials
- Reporting of clinically relevant outcomes (that match our selected outcomes)
- Only direct comparisons (no network meta-analyses)

If some of the included studies in a meta-analysis do not match all the inclusion criteria for our Consensus Conference literature review (for example: it may include some studies with a small sample size, or studies with drugs that are not on the Belgian market), this meta-analysis may be included in our review if judged to be sufficiently relevant. In this case, the discrepancies with our inclusion criteria will be discussed clearly.

#### **RCT's**

- Research question matches research question for this literature review
- Minimum number of participants: 40 per study-arm. For studies with multiple treatment arms, we will look at the number of participants in comparisons relevant to our search.
- Phase III trials (no phase II trials)

#### **Other sources for safety, contra-indications, specific subgroups, precautions and monitoring**

- Belgisch Centrum voor Farmacotherapeutische Informatie (BCFI) / Centre Belge d'Information Pharmacothérapeutique
  - *Gecommentarieerd geneesmiddelenrepertorium/ Répertoire Commenté des Médicaments(CBIP)(7)*
  - *Folia Pharmacotherapeutica*
- Martindale: The complete drug reference (online)(8)

#### **Some publications will be excluded for practical reasons:**

- Publications unavailable in Belgian libraries
- Publications in languages other than Dutch, French, German and English
- Unpublished studies

### 2.3.3 Specific search criteria

#### 2.3.3.1 Pharmacological treatment of patients with heart failure + comorbidity

	<b>Inclusion</b>	<b>Exclusion</b>
<b>Population</b>	<p>Patients with chronic heart failure (HFrEF, HFmrEF, HFpEF) + <b>comorbidity</b></p> <ul style="list-style-type: none"> <li>a. Diabetes Mellitus type II</li> <li>b. Morbid obesity</li> <li>c. Severe COPD</li> <li>d. Pulmonary hypertension</li> <li>e. Chronic kidney disease</li> <li>f. Cachexia or sarcopenia</li> </ul>	<p>Patients at high risk for heart failure (primary prevention of heart failure)</p> <p>RCTs including &lt;100% heart failure patients (non-heart failure-first trials)</p> <p>Oncological patients</p> <p>Patients hospitalized for decompensated heart failure</p> <p>Patients with end-stage renal disease and/or on renal replacement therapy</p>
<b>Intervention</b>	<p><b>SGLT2-inhibitors, gliflozins</b></p> <ul style="list-style-type: none"> <li>• <i>Canagliflozin</i>*</li> <li>• Dapagliflozin</li> <li>• Empagliflozin</li> </ul> <p><b>Angiotensin Receptor-Nepriylsin Inhibitor (ARNI)</b></p> <ul style="list-style-type: none"> <li>• Sacubitril/valsartan complex</li> </ul> <p><b>Mineralocorticoid receptor antagonists (MRA)</b></p> <ul style="list-style-type: none"> <li>• Eplerenone</li> <li>• Spironolactone</li> <li>• <i>Finerenone</i>*</li> </ul> <p>*does not have the indication heart failure</p>	<p><b>HF not yet a registered indication</b></p> <p>GLP-1-analogues</p> <p><b>Not in ambulant setting</b></p> <p>Digitalisglycosides</p> <p>Nitrates</p> <p>Milrinon</p> <p>Levosimendan</p> <p>Dobutamin</p>
<b>Comparison</b>	<ul style="list-style-type: none"> <li>• Placebo</li> <li>• Each other</li> <li>• Other heart failure therapy/ standard medical therapy</li> </ul>	
<b>Outcome</b>	<p>patients' quality of life, exercise capacity, HF hospitalizations, mortality, adverse effects, patient adherence</p> <p>Comorbidity endpoints: to be defined by comorbidity; hard endpoints</p>	
<b>Study design</b>	<p>RCTs</p> <ul style="list-style-type: none"> <li>• Minimum 40 participants per treatment arm</li> </ul>	<p>Observational studies</p> <p>Open label</p>

	<ul style="list-style-type: none"> <li>• Minimum treatment duration of 12 weeks</li> </ul> <p>Systematic review of RCTs</p>	Phase 2 studies
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## 2.4 Search strategy

### 2.4.1 Principles of systematic search

*Relevant RCTs, meta-analyses and systematic reviews* were searched in a stepwise approach.

In a first step we search for large systematic reviews from reliable EBM-producers (NICE, AHRQ, the Cochrane library, systematic reviews from included guidelines) that answer some or all of our research questions. One or more systematic reviews were selected as our basic source. From these sources, all references of relevant publications were screened manually.

In a second step, we conducted a systematic search in the Medline (PubMed) electronic database for randomised controlled trials (RCTs), meta-analyses, systematic reviews that were published after the search date of our selected systematic reviews.

For all research questions, a search string was developed to search Medline via Pubmed from inception up until July 1st 2024.

### 2.4.2 Search strategy details

The full search strategies can be found in the appendix.

## 2.5 Selection procedure

A first selection of references was done based on title and abstract. When title and abstract were insufficient to reach a decision, the full article was retrieved to decide on inclusion or exclusion.

Unclear eligibility for inclusion was resolved through discussion with a second researcher.

In - and exclusion criteria of the different types of studies are found in “2.3.3. Specific search criteria” with relevant populations, interventions, endpoints and study criteria.

The selection of the studied populations and interventions was based on discussions between the literature group and the Organisation Committee.

The list of articles excluded after reading of the full text can be found in the appendix.

## 2.6 Assessing the quality of available evidence

### 2.6.1 Assessing subgroup analyses

To assess the credibility of subgroup analyses, a specific approach should be used. No formal appraisal tool for subgroup analyses yet exists.

Minerva, in 2010(9), cited a checklist of 11 items to check for the credibility of subgroup analysis, developed by Sun 2010(10). This list was later revised to 10 items by the same authors through discussions with a consensus group. See table for the ten criteria as described by Sun 2012(11).

<b>Ten criteria used to assess credibility of subgroup effect (Sun 2012(11))</b>	
Design	<ul style="list-style-type: none"> <li>• Was the subgroup variable a baseline characteristic?</li> <li>• Was the subgroup variable a stratification factor at randomisation?</li> <li>• Was the subgroup hypothesis specified a priori?</li> <li>• Was the subgroup analysis one of a small number of subgroup hypotheses tested (<math>\leq 5</math>)?</li> </ul>
Analysis	<ul style="list-style-type: none"> <li>• Was the test of interaction significant (interaction <math>P &lt; 0.05</math>)?</li> <li>• Was the significant interaction effect independent, if there were multiple significant interactions?</li> </ul>
Context	<ul style="list-style-type: none"> <li>• Was the direction of subgroup effect correctly prespecified?</li> <li>• Was the subgroup effect consistent with evidence from previous related studies?</li> <li>• Was the subgroup effect consistent across related outcomes?</li> <li>• Was there any indirect evidence to support the apparent subgroup effect—for example, biological rationale, laboratory tests, animal studies?</li> </ul>

Of these items, Sun considers three items as critical. Only when all three, and most of the others, are answered positively, can one consider to take the subgroup effect into account in clinical practice.

- **Was the subgroup variable a baseline characteristic?**
- **Was the subgroup hypothesis specified a priori?**
- **Was the test of interaction significant (interaction  $P < 0.05$ )?**

In absence of a credible subgroup effect, the overall effect of the study applies.

In assessing the different criteria, we have applied the following rules:

- We will answer the three critical questions (as described above) for each one of the reported subgroup analyses.
- Only when all three are answered positively, we will do a full assessment of the credibility of the subgroup effect (all 10 questions). An overall assessment of the confidence that can be placed in the subgroup analysis will be assigned. These judgements range from an assessment of 'very low confidence' to high confidence'(12).
- When the subgroup analysis is deemed not credible, the overall effect of the study is reported and appraised via the GRADE methodology (see next chapter).

### 2.6.2 Assessing overall outcomes via GRADE

To evaluate the quality of the available evidence, the GRADE system was used. In other systems that use 'levels of evidence', a meta-analysis is often regarded as the highest level of evidence. In the GRADE system, however, only the quality of the original studies is assessed. Whether the results of original studies were pooled in a meta-analysis is of no influence to the quality of the evidence.

The GRADE-system is outcome-centric. This means that quality of evidence is assessed for each endpoint, across studies.

The GRADE system assesses the following items:

<b>Study design</b>		+ 4	RCT
		+ 2	Observational
		+ 1	Expert opinion
<b>Study quality</b>		- 1	Serious limitation to study quality
		- 2	Very serious limitation to study quality
<b>Consistency</b>		- 1	Important inconsistency
<b>Directness</b>		- 1	Some uncertainty about directness
		- 2	Major uncertainty about directness
<b>Imprecision</b>		- 1	Imprecise or sparse data
<b>Publication bias</b>		- 1	High probability of publication bias
For observational studies	Evidence of association	+ 1	Strong evidence of association (RR of >2 or <0.5)
		+ 2	Very strong evidence of association (RR of >5 or <0.2)
	Dose response gradient	+ 1	Evidence of a dose response gradient (+1)
	Confounders	+ 1	All plausible confounders would have reduced the effect
SUM		4	HIGH quality of evidence
		3	MODERATE quality of evidence
		2	LOW quality of evidence
		1	VERY LOW quality of evidence

Table. Items assessed by the GRADE system

In this literature review the criteria ‘publication bias’ has not been assessed.

In assessing the different criteria, we have applied the following rules:

#### **Study design**

In this literature review RCT’s and observational studies are included. RCTs start out as high quality of evidence (4 points), observational studies start out as low quality of evidence (2 points). Points can be deducted for items that are assessed as having a high risk of bias.

#### **Study quality**

To assess the methodological quality of RCT’s, we considered the following criteria:

- **Randomization:** If the method of generating the randomization sequence was described, was it adequate (table of random numbers, computer-generated, coin tossing, etc.) or inadequate (alternating, date of birth, hospital number, etc.)?
- **Allocation concealment:** If the method of allocation was described, was it adequately concealed (central allocation, ...) or inadequate (open schedule, unsealed envelopes, etc.)?
- **Blinding:** Who was blinded? Participants/personnel/assessors. If the method of blinding was described, was it adequate (identical placebo, active placebo, etc.) or inadequate (comparison of tablet vs injection with no double dummy)?
- **Missing outcome data:** Follow-up, description of exclusions and drop-outs, ITT
- **Selective outcome reporting**

If a meta-analysis or a systematic review is used, quality of included studies was assessed. It is not the quality of the meta-analysis or systematic review that is considered in GRADE assessment, but only the quality of RCTs that were included in the meta-analysis/systematic review.

#### Application in GRADE:

Points were deducted if one of the above criteria was considered to generate a high risk of bias for a specific endpoint.

For example:

Not blinding participants will not decrease validity of the results when considering the endpoint 'mortality', but will decrease validity when considering a subjective endpoint such as pain, so for the endpoint pain, one point will be deducted.

A low follow-up when no ITT analysis is done, will increase risk of bias, so one point will be deducted in this case.

#### **Consistency**

Good "consistency" means that several studies have a comparable or consistent result. If only one study is available, consistency cannot be judged. This will be mentioned in the synthesis report as "NA" (not applicable).

Consistency is judged by the literature group and the reading committee based on the total of available studies, whilst taking into account:

- Statistical significance
- Direction of the effect if no statistical significance is reached. E.g. if a statistically significant effect was reached in 3 studies and not reached in 2 others, but with a non-significant result in the same direction as the other studies, these results are considered consistent.
- Clinical relevance: if 3 studies find a non-significant result, whilst a 4th study does find a statistically significant result, that has no clinical relevance, these results are considered consistent.
- For meta-analyses: Statistical heterogeneity.

#### **Directness**

Directness addresses the extent in which we can generalise the data from a study to the real population (external validity). If the study population, the studied intervention and the control group or studied endpoint are not relevant, points can be deducted here. When indirect comparisons are made, a point is also deducted.

#### **Imprecision**

A point can be deducted for imprecision if the 95%-confidence interval crosses both the point of appreciable harm AND the point of appreciable benefit (e.g. RR 95%CI  $\leq 0.75$  to  $\geq 1.25$ ).

#### **Application of GRADE when there are many studies for 1 endpoint:**

Points are only deducted if the methodological problems have an important impact on the result. If 1 smaller study of poor quality confirms the results of 2 large good quality studies, no points are deducted.

More information on the GRADE Working Group website: <http://www.gradeworkinggroup.org>



## 2.7 Synopsis of the study results

The complete report contains:

- (Comprehensive) summary of selected guidelines.
- A short synopsis, consisting of a summary table and a text, with a quality assessment using an adjusted version of the GRADE system (English).
- An appendix, containing evidence tables of systematic reviews or RCTs on which the answers to the study questions are based, full search strategies and excluded references.

The synopsis report contains:

- (Brief) summary of selected guidelines.
- A short synopsis, consisting of a summary table and a text, with a quality assessment using an adjusted version of the GRADE system.

## 3 Critical reflections of the literature group

### 3.1 Rationale of the review

The update of the WOREL guideline “Heart Failure”(1), published in 2024, has previously made recommendations through an exhaustive search, assessment of the literature, and consensus process, on the use of the newer medications (SGLT2-i, MRA, ARNI) in heart failure patients in a Belgian health care context.

For this review, we were tasked to search and summarize the evidence on these medications in heart failure patients with specific comorbidities (diabetes mellitus type 2, chronic kidney disease, severe COPD, morbid obesity, cachexia or sarcopenia).

The question to the jury is whether there are sufficiently important differences (of efficacy, safety, applicability, ...) in patients with certain comorbidities to suggest adjustments or additional precautions of the recommended treatment.

### 3.2 Remarks on methodology

#### 3.2.1 Systematic reviews

We performed an initial search for systematic reviews that corresponded one or more of our search questions.

Although we did find systematic reviews, they often did not sufficiently answer our questions or did not meet our methodological criteria. Populations were pooled that we wanted to assess separately (e.g., HFrEF and HFpEF), and interventions that were not available in Belgium (such as sotagliflozin) were pooled with other interventions in their class.

Because of the nature of our population of interest, it also often involves pooling of subgroup analyses, compromising the assessment of credibility (See next section on subgroup analyses). Therefore, we elected to report the RCTs (and their subgroup analyses) separately.

#### 3.2.2 Subgroup analyses

Since no RCTs were found that evaluated the interventions of interest in a population consisting entirely of heart failure patients with any of the comorbidities of interest, we reported **subgroup analyses** of the major studies in patients with heart failure.

The purpose of a subgroup analysis is to evaluate whether the effect of a treatment varies across subgroups (defined by patient characteristics such as diabetes status).

Often, the effects observed within individual subgroups are misinterpreted. For instance, if a treatment shows a statistically significant result in the overall population but not in a specific subgroup, it may be wrongly assumed that the treatment has no effect in that subgroup. This could simply be due to the smaller sample size of the subgroup.

A more accurate approach is to use an interaction test, which statistically examines whether the subgroups influence the treatment's effect on the outcome, providing a **p-value for the interaction**. To avoid this misinterpretation, we have always reported the p-value for interaction and not the individual subgroup effects in our synopsis report.

Subgroup analyses often produce misleading conclusions due to chance findings, especially when multiple comparisons are made without appropriate adjustments. In most cases, an effect from a subgroup analysis can only be considered exploratory and hypothesis-generating.

The risk lies in making clinical decisions based on spurious subgroup analyses and unfairly withholding or recommending a drug to a particular patient group. A highly critical attitude toward subgroup analyses is necessary, especially when considering them in clinical decision-making.

### 3.3 Remarks on the results of the literature review

#### 3.3.1 Type 2 diabetes

Results from subgroup analyses suggest that diabetes status does not modify the effect of dapagliflozin, empagliflozin, eplerenone, spironolactone, or sacubitril/valsartan in patients with heart failure.

Diabetes patients are generally well represented in these heart failure studies, with around 50% of the studied population having diabetes.

#### 3.3.2 Chronic kidney disease

Results from subgroup analyses suggest that CKD status does not modify the effect of dapagliflozin, empagliflozin, eplerenone, spironolactone, or sacubitril/valsartan in patients with heart failure. There may be a difference in the effect of empagliflozin on the eGFR slope (rate of decline) in CKD patients versus non-CKD patients. In CKD patients the slowing of the slope may be less pronounced than in non-CKD patients. The clinical importance of this effect is likely limited, as the direction of the effect is the same as in the overall group (in favour of empagliflozin).

Most RCTs excluded patients with a baseline eGFR <30 mL/min/1.73m<sup>2</sup>, so we cannot draw conclusions for this patient group.

In most studies, CKD status was defined as eGFR  $\geq 60$  mL/min/1.73m<sup>2</sup> versus  $< 60$  mL/min/1.73m<sup>2</sup>. In some studies, a more granular categorization was used in addition, with 3 to 5 eGFR categories. The subgroup effects (or lack thereof) seemed consistent in both categorizations.

### 3.3.3 Obesity

We were tasked to report especially on morbid obesity (or class 2 and 3 obesity); defined as a BMI  $\geq 35$ . However, subgroup analyses for BMI prespecified in the protocols of the heart failure studies commonly classified BMI as  $< 30$  and BMI  $\geq 30$  kg/m<sup>2</sup>.

In the main publications of these heart failure trials subgroup analysis according to BMI is often included, but without the interaction p-value which is required to evaluate heterogeneity of efficacy. Several additional publications evaluated the relation between baseline BMI and outcomes in patients enrolled in large heart failure trials that evaluated SGLT2-inhibitors and mineralocorticoid receptor antagonists.

Susceptibility to obesity-related cardiovascular complications is not mediated solely by overall body fat mass. Therefore, some analyses also evaluated abdominal obesity at baseline estimated by waist circumference.

With the exception of one study (Elkholey 2021(13)), all subgroup analyses used a more detailed categorization of BMI than prespecified in the protocol and analyses were performed for outcomes that were not always prespecified in the protocol. Patients with BMI  $\geq 35$  represent a smaller subset of the overall population (10-20%). The p-values for the subgroup analyses and interaction were not adjusted for multiple comparisons. These limitations impact the interpretation of the results.

### 3.3.4 Chronic obstructive pulmonary disease

We were tasked to report especially on severe COPD. However, in two studies on sacubitril/valsartan (PARADIGM-HF(14) and PARAGON-HF(15)), patients with severe pulmonary disease, including severe COPD, were excluded from the trial.

In one other study evaluating dapagliflozin (Dewan 2021(16)), COPD status was based on investigator-reported medical history; it was not formally diagnosed or evaluated at baseline in any studies; and no indication of severity was recorded.

### 3.3.5 Pulmonary hypertension

Our search did not yield results corresponding to our inclusion criteria.

### 3.3.6 Cachexia, sarcopenia

Our search did not yield results corresponding to our inclusion criteria.

## 3.4 Remarks on the recommendations from guidelines

The guidelines were selected by WOREL in the context of the WOREL guideline “Heart failure”(1), and we refer to WOREL for their quality assessment.

We reported recommendations about pharmacological treatment in heart failure patients with comorbidities (type 2 diabetes, chronic kidney disease, (morbid) obesity, (severe) COPD, pulmonary hypertension, cachexia or sarcopenia).

For heart failure with atrial fibrillation (AF): only the recommendations concerning the safety and interactions of the drug treatment (in both conditions) are reported. The management of patients with HF and AF was considered specialized treatment by the Organizing Committee.

We did **not** report standard treatment recommendations for a population of heart failure patients without comorbidity. For these, we refer to the WOREL guideline “Heart failure”.

We did **not** report recommendations on the **prevention of heart failure** (in a population currently without HF), with the exception of the recent recommendations from the ESC 2023 update or those about recent drug advances such as SGLT2i.

Generally speaking, there are no major contradictions between the guidelines with regards to approaches in case of comorbidity or the safety of treatment in these conditions.

All the guidelines (except NICE 2018 who has not yet included recommendations on SGLT2i) acknowledge the benefit of SGLT2i and are favorable to their use for patient with HF and type 2 diabetes, although with different levels of recommendation.

None of the guidelines have formulated recommendations concerning SGLT2i in the context of HF and CKD except the focused update ESC 2023 that recommends SGLT2 inhibitors (and finerenone) in patients with T2DM and CKD to reduce the risk of HF hospitalization or CV death.

### Guideline updates

Several drugs, such as SGLT2i, are recent additions to heart failure treatment. Topic experts raised the introduction of these drugs as key developments in the field that are changing clinical practice. This requires revision of the guidelines. Several of the selected guidelines have recently received updates, or are currently in revision. We have used the most current recommendations where possible.

- NVL 2023(4) is an updated version of the NVL 2019 that is included in the WOREL guideline. Only the drug therapy chapter is updated for the moment due to its high relevance for care. The current version 4 was integrated into the existing chapters of the previous edition (2019). This version 4 is formally valid until the end of 2024. **The publication of version 5 of the guideline is planned for 2024, when all chapters will be updated (not yet published).**
- ESC 2021(5) is the version included in the WOREL guideline. ESC has published a focused update in 2023(17) including important new trials. Some additional recommendations have been made for HFmrEF and HFpEF taking these trials into account. The Focused 2023 update has been included in our document as well as the ESC 2021 version.

- NICE assessed that the recommendations on pharmacological treatments of HF<sub>r</sub>EF in the NICE 2018(2) guideline are out of date when compared to 2021 ESC guideline and to current UK clinical practice. A new guideline is in development and will be a partial update of the current one. **This new guideline is still in progress.**
- NHG 2021(3) has been summarised in the present document. A full and recent revision of this guideline was published in September 2024 (during the revision period of this full document). In order to be as up-to-date as possible, new recommendations concerning SGLT2 inhibitors have additionally been included in this document. In order to show the chronological evolution, we have not deleted the corresponding recommendations made in the previous 2021 version. It has been clearly indicated when a recommendation comes from the updated 2024 version.

### 3.5 Remarks on safety information

It is difficult to draw conclusions from adverse events reported in RCTs, since they are usually set up in a way to minimize adverse events (for example, by excluding patients with a high risk of adverse events).

Some adverse events are rare occurrences. The less common they are, the longer and/or larger the studies need to be to identify a difference between active and control group.

Subgroups are often not adequately powered to assess for differences in adverse events, and are thus often (appropriately) not analyzed for this purpose.

In the chapter “Additional safety information from other sources”, we report information from BCFI/CBIP sources and from Martindale: The complete drug reference (online) as an addition to the information that was reported in the studies included in our review.

In this chapter we also list possible **interactions** between medication used in heart failure and in the comorbidities.

## 4 General information on selected guidelines

### 4.1 Selected guidelines

The selected guidelines and their abbreviations as used in this report can be found in the following table.

Abbreviation	Guideline
<b>AHA/ACC/HFSA 2022(6)</b>	2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines
<b>ESC 2021(5)</b>	2021 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure
<b>NHG 2021(3)</b>	NHG-STANDAARD Hartfalen, KNR nummer M51, mei 2021
<b>NICE 2018(2)</b>	Chronic heart failure in adults: diagnosis and management NICE guideline [NG106]-12 September 2018
<b>NVL 2023(4)</b>	Chronische Herzinsufficienz, Nationale Versorgungsleitlinie (NVL) AWMF/KVB/Bundesärztekammer, Version 4.0 AWMF-Register-Nr. nvl-006

### 4.2 Grades of recommendation

Grades of recommendation and levels of evidence as defined in each guideline, can be found in the following tables.

<b>AHA/ACC/HFSA 2022</b>		
<b>Class of Recommendation (COR):</b> (indicates the strength of recommendation)	Class 1	Strong recommendation: benefit >>> risk
	Class 2a	Moderate recommendation: benefit >> risk
	Class 2b	Weak recommendation: benefit ≥ risk
	Class 3 no benefit	Moderate recommendation against: benefit = risk
	Class 3 harm	Strong recommendation against: risk > benefit
<b>Levels of evidence</b>	A	High quality evidence from more than 1 RCT or MA of high quality RCTs or One or more RCT corroborated by high quality registry studies

	B-R	Moderate quality evidence from 1 or more RCTs or MA of moderate quality RCTs
	B-NR	Moderate quality evidence from 1 or more well-designed, well-executed non-randomized studies, observational or registry studies or MA of such studies
	C-LD	Randomized or non-randomized observational or registry studies with limitations of design or execution or MA of such studies or Physiological or mechanistic studies in human
	C-EO	Consensus of expert opinion based on clinical experience

ESC 2021		
<b>Class of Recommendation (COR):</b>	Class I (worded as 'Is recommended or is indicated')	Evidence and/or general agreement that a given treatment or procedure is beneficial, useful, effective.
	Class IIa (worded as 'Should be considered')	Weight of evidence/opinion is in favour of usefulness/efficacy.
	Class IIb (worded as 'May be considered')	Usefulness/efficacy is less well established by evidence/opinion.
	Class III (worded as 'Is not recommended')	Evidence or general agreement that the given treatment or procedure is not useful/effective, and in some cases may be harmful.
<b>Levels of evidence</b>	A	Data derived from multiple randomized clinical trials or meta-analyses.
	B	Data derived from a single randomized clinical trial or large non-randomized studies.



	C	Consensus of opinion of the experts and/or small studies, retrospective studies, registries.
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NHG 2021		
<b>Grades of recommendation:</b>	STERK VOOR (worded as 'We bevelen [interventie] aan')	De voordelen zijn groter dan de nadelen voor bijna alle patiënten. Alle of nagenoeg alle geïnformeerde patiënten zullen waarschijnlijk deze optie kiezen
	ZWAK VOOR (worded as 'Overweeg [interventie], bespreek de voor- en nadelen').	De voordelen zijn groter dan de nadelen voor een meerderheid van de patiënten, maar niet voor iedereen. De meerderheid van de geïnformeerde patiënten zal waarschijnlijk deze optie kiezen.
	ZWAK TEGEN (worded as 'Wees terughoudend met [interventie], bespreek de voor- en nadelen.')	De nadelen zijn groter dan de voordelen voor een meerderheid van de patiënten, maar niet voor iedereen. De meerderheid van geïnformeerde patiënten zal waarschijnlijk deze optie niet kiezen
	STERK TEGEN (worded as 'We bevelen [interventie] niet aan.')	De nadelen zijn groter dan de voordelen voor bijna alle patiënten. Alle of nagenoeg alle geïnformeerde patiënten zullen waarschijnlijk deze optie niet kiezen
<b>Levels of evidence</b>	While levels of evidence have been evaluated using described procedures (GRADE), NHG does not explicitly attribute levels of evidence to each particular recommendation.	

NICE 2021		
<b>Grades of recommendation:</b>	Interventions that must (or must not) be used worded as such in the text.	Generally used if there is a legal duty to apply the recommendation. But used as well if the consequences of not following the recommendation could be extremely serious or potentially life threatening.
	Intervention that should (or should not) be used are worded in the text using the term "offer", "refer", "advise" or similar...	There is clear evidence of benefit. We are confident that, for the vast majority of patients, an intervention will do more good than harm, and be cost effective.
	Intervention that could ( or could not) be used are worded in the text using the term "consider"	Reflects a recommendation for which the evidence of benefit is less certain. We are confident that an intervention will do more good than harm for most patients, and be

		cost effective, but other options may be similarly cost effective. The choice of intervention, and whether or not to have the intervention at all, is more likely to depend on the patient's values.
<b>Levels of evidence</b>	While levels of evidence have been evaluated using described procedures (GRADE, CASP RCT, cohort study, case-control checklists, CERQual) NICE does not explicitly attribute strength levels to each particular recommendation.	

<b>NVL 2023</b>		
<b>Grades of Recommendation</b>	A↑↑ (Formulated as 'soll')	Starke Positiv-Empfehlung: Bei starken Empfehlungen sind sich die Leitlinienautoren in ihrer Einschätzung sicher. Starke Empfehlungen drücken aus, dass die wünschenswerten Folgen mit hoher Wahrscheinlichkeit mögliche unerwünschte Effekte in Bezug auf patientenrelevante Endpunkte überwiegen.
	B↑ (Formulated as 'sollte')	Abgeschwächte Positiv-Empfehlung: Bei abgeschwächten Empfehlungen sind sich die Leitlinienautoren in ihrer Einschätzung weniger sicher.
	O↔ (formulated as 'kann erwogen werden/kann verzichtet werden')	Offene Empfehlung: Bei offenen Empfehlungen sind sich die Leitlinienautoren nicht sicher. Offene Empfehlungen drücken eine Handlungsoption in Unsicherheit aus.
	B↓ (formulated as 'sollte nicht')	Abgeschwächte Negativ-Empfehlung
	A↓↓ (formulated as 'soll nicht')	Starke Negativ-Empfehlung Bei starken Empfehlungen sind sich die Leitlinienautoren in ihrer Einschätzung sicher
<b>Levels of evidence</b>	While levels of evidence have been evaluated using described procedures (GRADE), NVL 2023 does not explicitly attribute levels of evidence to each particular recommendation	

### 4.3 Agree II score

WOREL conducted a full AGREE II evaluation of the selected guidelines. The table below shows the scores on the subdomains.

	NICE	NHG	AWMF/KVB/BK	ESC	AHA/ACC/HFSA
Onderwerp en doel	21	19	17	19	21
Betrokkenheid van belanghebbenden	19	21	19	19	20
Methodologie	56	53	43	42	50
Helderheid en presentatie	21	21	18	21	21
Toepassing	28	20	16	19	15
Onafhankelijkheid van opstellers	11	14	11	13	13

#### 4.4 Included populations – interventions – main outcomes

In the following tables, the populations, interventions and main outcomes considered in the selected guidelines are represented.

AHA/ACC/HFSA 2022	
<b>Population</b>	Patients with : heart failure; heart failure with reduced ejection fraction; heart failure with preserved ejection fraction; heart failure with mildly reduced ejection fraction; systolic heart failure; acute decompensated heart failure; cardiogenic shock; cardiac amyloidosis, congestive heart failure
<b>Interventions</b>	Heart failure rehabilitation, beta blockers; mineralocorticoid receptor antagonists, ACE-inhibitors, angiotensin and neprilysin receptor antagonist; sacubitril valsartan; angiotensin receptor antagonist; sodium glucose co-transporter 2 or SGLT2 inhibitors
<b>Outcomes</b>	<ul style="list-style-type: none"> <li>• Prevention of HF.</li> <li>• Management strategies in stage C HF, including:               <ul style="list-style-type: none"> <li>- New treatment strategies in HF, including sodium-glucose cotransporter-2 inhibitors (SGLT2i) and angiotensin receptor-neprilysin inhibitors (ARNi).</li> <li>- Management of HF and atrial fibrillation (AF), including ablation of AF.</li> <li>- Management of HF and secondary MR, including MV transcatheter edge-to-edge repair.</li> </ul> </li> <li>• Specific management strategies, including:               <ul style="list-style-type: none"> <li>- Cardiac amyloidosis.</li> <li>- Cardio-oncology.</li> </ul> </li> <li>• Implantable devices.</li> <li>• Left ventricular assist device (LVAD) use in stage D HF</li> </ul>

ESC 2021	
<b>Population</b>	People with HF
<b>Interventions</b>	Pharmacological treatments: <ul style="list-style-type: none"> <li>• ACE-I</li> <li>• ARNI</li> <li>• Beta-blockers</li> <li>• MRA</li> <li>• SGLT2 inhibitor</li> <li>• Loop diuretics</li> <li>• ARB</li> <li>• Ivabradine</li> <li>• Vericiguat.</li> <li>• Digoxin</li> <li>• Hydralazine/Isosorbide dinitrate</li> </ul> Cardiacmyosin activator

	<p>Cardiac rhythm management :</p> <ul style="list-style-type: none"> <li>- Implantable cardioverterdefibrillator</li> <li>- Cardiac resynchronization therapy</li> </ul> <p>Exercise rehabilitation</p>
<b>Outcomes</b>	Focus on diagnosis and treatment of HF not on its prevention

<b>NHG 2021</b>	
<b>Population</b>	<p>Volwassenen met: chronisch hartfalen (geleidelijk ontstaan) acuut hartfalen (ontstaan of verergerd in enkele uren), exacerbatie van chronisch hartfalen</p> <p>Excluded: Systolische of diastolische linkerventrikeldisfunctie zonder klachten passend bij hartfalen (kan een voorstadium van hartfalen zijn).</p>
<b>Interventions</b>	<p>Vocht- en zoutbeperking Beweging Leefstijl Medicamenteuze behandeling :</p> <ul style="list-style-type: none"> <li>• Diuretica</li> <li>• Bètablokkers</li> <li>• Aldosteronantagonisten</li> <li>• ACE-remmer</li> <li>• ARB</li> <li>• Digoxine</li> <li>• SGLT-2 -remmers</li> <li>• Angiotensinereceptor-nepriylsineremmers</li> <li>• Ivabradine</li> </ul>
<b>Outcomes</b>	<p>Diagnostiek en behandeling van hartfalen bij volwassenen</p> <p>Sterfte, alle oorzaken Sterfte, cardiovasculaire oorzaak Kwaliteit van leven Ongeplande ziekenhuisopname wegens hartfalen Nierfunctie Bijwerkingen:</p>

<b>NICE 2018</b>	
<b>Population</b>	<p>Adults (18 and over) with symptoms or a diagnosis of chronic heart failure (including heart failure with reduced ejection fraction and heart failure with preserved ejection fraction).</p> <p>Not covered:</p> <ul style="list-style-type: none"> <li>- Diagnostic screening for heart failure in people who are asymptomatic.</li> <li>- People with isolated right heart failure.</li> <li>- Heart failure in people having chemotherapy.</li> <li>- Heart failure in people having treatment for HIV.</li> </ul>

	<ul style="list-style-type: none"> <li>- Heart failure in women who are pregnant.</li> <li>- People with iron deficiency.</li> <li>- People with chronic kidney disease (estimated glomerular filtration rate [eGFR] less than 60 ml/min/1.73m<sup>2</sup> with or without markers of kidney damage).</li> <li>- People with chronic heart failure and secondary atrial fibrillation.</li> <li>- People aged over 75.</li> </ul>
<b>Interventions</b>	<p>Pharmacological therapies including:</p> <ul style="list-style-type: none"> <li>– Isosorbide/hydralazine.</li> <li>– Angiotensin-II receptor antagonists (ARBs).</li> <li>– Mineralocorticoid receptor antagonists</li> </ul> <p>Not covered: beta-blockers in people with chronic heart failure and secondary atrial fibrillation.</p>
<b>Outcomes</b>	<p>Diagnosing heart failure.</p> <ul style="list-style-type: none"> <li>o Role of circulating biomarkers (including natriuretic peptides).</li> <li>o Echocardiography and cardiac MRI.</li> </ul> <p>Managing chronic heart failure.</p> <ul style="list-style-type: none"> <li>o Initiation and sequencing of pharmacological therapies</li> <li>o Fluid balance (optimum fluid and salt intake).</li> </ul> <p>Rehabilitation (including Home-based rehabilitation packages that include an exercise element).</p> <p>Monitoring heart failure.</p> <ul style="list-style-type: none"> <li>o Role of biomarkers (including natriuretic peptides).</li> <li>o Role of echocardiography.</li> <li>o Distance monitoring including telemonitoring.</li> <li>o Self-monitoring.</li> </ul> <p>Referral for invasive procedures:</p> <ul style="list-style-type: none"> <li>o Coronary revascularisation (including coronary artery bypass graft and angioplasty).</li> </ul> <p>Referral and approach to care.</p> <ul style="list-style-type: none"> <li>o Heart failure multidisciplinary team.</li> <li>o Transfer of care between secondary and primary care services.</li> </ul> <p>Information and support.</p> <ul style="list-style-type: none"> <li>o Information and support on diagnosis and prognosis for people with chronic heart failure, their families and carers.</li> </ul> <p>Supportive and palliative care.</p> <ul style="list-style-type: none"> <li>o Domiciliary oxygen therapy.</li> </ul>

	<ul style="list-style-type: none"> <li>o Parenteral and intravenous diuretics.</li> <li>o Criteria for withdrawing treatment and device inactivation</li> </ul>
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NVL 2023	
<b>Population</b>	Die NVL Chronische Herzinsuffizienz befasst sich mit der Versorgung von Patient*innen mit Links- und Global-herzinsuffizienz inklusive akuter Dekompensationen (siehe Kapitel 1 Definition und Klassifikation (2019)). Isolierte Rechtsherzinsuffizienz wird in dieser Leitlinie nicht abgebildet, da sie ein grundsätzlich anderes Vorgehen erfordert.
<b>Interventions</b>	<p>In addition to information found in their source doc , a systematic search has been conducted for the following interventions:</p> <p>Kapitel Medikamentöse Therapie:</p> <ul style="list-style-type: none"> <li>- Sacubitril/Valsartan;</li> <li>- Ivabradin;</li> <li>- Spironolacton bei Patienten mit Herzinsuffizienz mit erhaltener Ejektionsfraktion (HFpEF).</li> </ul> <p>Kapitel Invasive Therapie:</p> <ul style="list-style-type: none"> <li>- Komplikationen von ICD und CRT;</li> <li>- Registerdaten ICD und CRT;</li> <li>- ICD und CRT bei älteren Patienten;</li> <li>- CRT bei Patienten mit Vorhofflimmern;</li> <li>- CD in der Sekundärprävention;</li> <li>- Vergleich von Einkammer- vs. Zweikammer-ICD;</li> <li>- Vergleich von CRT-P und CRT-D;</li> <li>- Herzunterstützungssysteme;</li> <li>- Operative/katheterbasierte Therapie der sekundären Mitralklappeninsuffizienz.</li> </ul> <p>Kapitel Nicht-medikamentöse Therapie:</p> <ul style="list-style-type: none"> <li>- Ernährung;</li> <li>- Gewichtsreduktion;</li> <li>- Tabakverzicht;</li> <li>- Alkoholverzicht bzw. -reduktion</li> <li>- körperliche Aktivität/Training;</li> <li>- Schulungen.</li> <li>- Kapitel Komorbiditäten:</li> <li>- Eisensupplementierung (für i.v. Eisensupplementierung zusätzliche Suche nach Spontanmeldungen zur Pharmakovigilanz).</li> </ul>
<b>Outcomes</b>	Die NVL Chronische Herzinsuffizienz soll dazu beitragen, folgende Ziele zu erreichen: <ul style="list-style-type: none"> <li>- Stärkung der patientenzentrierten Versorgung (verbesserte Arzt-Patienten-Kommunikation, gemeinsame Ver-einbarung</li> </ul>

	<p>von Therapiezielen, Förderung der Therapieadhärenz, Behandlung am Lebensende gemäß den individuellen Bedürfnissen und Präferenzen des Patienten);</p> <ul style="list-style-type: none"><li>- adäquate Therapie der Grunderkrankungen zur Prävention des Entstehens oder der Progression einer chronischen Herzinsuffizienz;</li><li>- implementierung wiederholter edukativer Elemente zur Verbesserung des Selbstmanagements und der Adhärenz der Patienten in der Langzeitbetreuung;</li><li>- Optimierung der Therapie zur Vermeidung von Dekompensationen und Krankenhauseinweisungen;</li><li>- verbesserte Koordination aller an der Versorgung Beteiligten (interdisziplinäre Versorgung, Palliativversorgung, sektorenübergreifende Versorgung).</li></ul>
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#### 4.5 Members of development group – target audience

Members of the development group that produced the guidelines, and the target audience for whom the guidelines are intended, can be found in the following tables.

<b>AHA/ACC/HFSA 2022</b>	
<b>Development group</b>	The Joint Committee strives to ensure that the guideline writing committee contains requisite content expertise and is representative of the broader cardiovascular community by selection of experts across a spectrum of backgrounds, representing different geographic regions, sexes, races, ethnicities, intellectual perspectives/biases, and clinical practice settings. Organizations and professional societies with related interests and expertise are invited to participate as partners or collaborators. The writing committee consisted of cardiologists, HF specialists, internists, interventionalists, an electrophysiologist, surgeons, a pharmacist, an advanced nurse practitioner, and 2 lay/patient representatives. The writing committee included representatives from the ACC, AHA, and Heart Failure Society of America (HFSA)
<b>Target audience</b>	The intended primary target audience consists of clinicians who are involved in the care of patients with HF. Recommendations are stated in reference to the patients and their condition. The focus is to provide the most up-to-date evidence to inform the clinician during shared decision-making with the patient.

<b>ESC 2021</b>	
<b>Development group</b>	The Members of this Task Force were selected by the ESC, including representation from its relevant ESC sub-specialty groups, in order to represent professionals involved with the medical care of patients with this pathology. Selected experts in the field undertook a comprehensive review of the published evidence for management of a given condition according to ESC Clinical Practice Guidelines (CPG) Committee policy.
<b>Target audience</b>	Health professionals

<b>NHG 2021</b>	
<b>Development group</b>	Leden van de werkgroep waren huisartsen, een cardioloog en een afvaardiging van de Harteraad.
<b>Target audience</b>	NHG-richtlijnen zijn richtlijnen voor het handelen van de huisarts bij uiteenlopende klachten en aandoeningen.

<b>NICE 2018</b>	
<b>Development group</b>	A multidisciplinary guideline committee comprising health professionals and researchers as well as lay members developed this guideline (see the list of guideline committee members and the acknowledgements).

<b>Target audience</b>	<p>The guideline update is intended for use by the following people or organisations:</p> <ul style="list-style-type: none"> <li>- All healthcare professionals</li> <li>- People with chronic heart failure and their carers</li> <li>- Patient support groups</li> <li>- Commissioning organisations</li> <li>- Service providers</li> </ul>
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<b>NVL 2023</b>	
<b>Development group</b>	<p>Primäre Ansprechpartner innen bei der Benennung von Leitlinienautor innen sind die Mitgliedsgesellschaften der AWMF sowie die Arzneimittelkommission der deutschen Ärzteschaft (AkdÄ). Die an der Versorgung von Menschen mit Chronischer Herzinsuffizienz maßgeblich beteiligten Fachgesellschaften wurden durch das ÄZQ angesprochen und um Entsendung von Mandatsträger innen in die Leitliniengruppe gebeten. Die Nominierung liegt im Verantwortungsbereich der angesprochenen medizinischen wissenschaftlichen Fachgesellschaften. Die Leitliniengruppe wurde multidisziplinär zusammengesetzt.</p> <p>Gemäß AWMF-Regelwerk Leitlinien sind Patient innen regelhaft beteiligt an der NVL-Erstellung, am externen Begutachtungsverfahren und an der Erstellung von Patientenleitlinien zur entsprechenden NVL. Die Benennung von Patientenvertreter innen erfolgt nach einem transparenten, standardisierten Verfahren über die Dachverbände der Selbsthilfeorganisationen.</p>

<b>Target audience</b>	<p>Die Empfehlungen Nationaler VersorgungsLeitlinien richten sich an</p> <ul style="list-style-type: none"> <li>▪ die Ärztinnen und Ärzte, die in den von der NVL angesprochenen Versorgungsbereichen tätig sind;</li> <li>▪ die nicht-ärztlichen Fachberufe, die in den von einer NVL angesprochenen Versorgungsbereichen als Kooperationspartner der Ärzteschaft tätig sind (Pflegekräfte, Apotheker*innen);</li> <li>▪ die betroffenen Patient*innen und ihr persönliches Umfeld.</li> </ul> <p>Die NVL wendet sich weiterhin an</p> <ul style="list-style-type: none"> <li>▪ die Vertragsverantwortlichen von Strukturierten Behandlungsprogrammen und Integrierter Versorgung;</li> <li>▪ die medizinischen wissenschaftlichen Fachgesellschaften und andere Herausgeber von Leitlinien;</li> <li>▪ die Kostenträger im Gesundheitssystem;</li> <li>▪ die Einrichtungen der ärztlichen Aus-, Fort- und Weiterbildung und an Qualitätsmanagementsysteme;</li> <li>▪ die breite Öffentlichkeit zur Information über gute medizinische Vorgehensweise.</li> </ul>
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## 5 Summary and comparisons of recommendations from guidelines

### 5.1 General

NICE states that more detailed monitoring will be needed in patients with heart failure if the person has significant comorbidity or if their condition has deteriorated since the previous review.

#### ESC 2021 recommends **screening for, and treatment of, aetiologies, and CV and non-CV comorbidities in patients with HFpEF**

In HFpEF, in the updated 2024 version, NHG recommends to treat cardiovascular and non-cardiovascular morbidity according to the relevant guidelines.

NVL 2023 makes a general recommendation that in the case of multimorbid patients, complex problems should be prioritized. The therapies for individual diseases are not added together uncritically; instead, the treatment should follow an individual overall concept that takes into account the patient's values, therapy goals and preferences as well as the perspective of the treating physician. It is added that multimorbid and/or elderly patients with chronic heart failure should be offered the therapeutic measures recommended in the S3 guideline Multimorbidity patient-centered care.

NVL 2023 also add a general safety recommendation to critically examine and discuss with the patients the indication of active drugs that may negatively affect the clinical condition or prognosis of patients

with heart failure. A list of medications has been proposed by the guideline group and is reported in regards to each comorbidity.

## 5.2 Diabetes Mellitus

### **Prevention of HF**

In patients with T2DM at high risk of CV disease or with CV disease: ESC 2021 recommends SGLT2 inhibitors (canagliflozin, dapagliflozin, empagliflozin, ertugliflozin, sotagliflozin) in order to prevent HF hospitalizations.

In patients with T2DM and CKD, SGLT2 inhibitors and finerenone are recommended in the 2023 upd of ESC to reduce the risk of HF hospitalization or CV death.

In this 2023 upd ESC also mentions that both KDIGO and the *2022 American Diabetes Association Standards of Medical Care in Diabetes and KDIGO* recommendations indicate treatment with an ACE-I or ARB for patients with CKD, diabetes, and hypertension or albuminuria. (effects in preventing HF events in patients with diabetic nephropathy)

### **Management of patients with HF and diabetes**

All the guidelines except NICE 2018 which does not specifically address diabetes are favourable to SGLT2 inhibitors with different degrees of recommendation.

- NHG 2021 recommends to consider an SGLT-2 inhibitor in patients with T2DM and heart failure as these agents lower the risk of heart failure exacerbations. A step-by-step plan has been proposed by NHG Standard Diabetes mellitus type 2.
- AHA/ACC/HFSA 2022 recommends the use of SGLT2i in patients with HF and type 2 diabetes, for the management of hyperglycemia and to reduce HF-related morbidity and mortality.
- ESC 2021 recommends SGLT2 inhibitors (dapagliflozin, empagliflozin, and sotagliflozin) in patients with T2DM and HFrEF to reduce hospitalizations for HF and CV death.
- NVL 2023 does not make a formal recommendation but notes the following: The initial use of SGLT2 inhibitors appears to the guideline group to be particularly useful in the presence of comorbidities such as diabetes or kidney disease, but also if there is a high risk of progression or if there are contraindications to other prognosis-improving drug groups.

### **SGLT2 inhibitors in HF**

ESC 2021 recommends dapagliflozin or empagliflozin for patient with HFrEF, HFmrEF (upd 2023), or HFpEF (upd 2023) to reduce the risk of HF hospitalization or CV death.

NVL 2023, does not make specific recommendations for patients with T2DM but adopts in the 2023 update the following changes in the general management (without T2DM):

- For HFrEF in addition to the stepwise therapy based on RAS inhibitors and beta-blockers an alternative four-way combination treatment with an additional SGLT2 inhibitor and spironolactone or eplerenone.
- For HFpEF, SGLT2 inhibitors are now the first drug group available with a proven prognosis-improving effect. A SGLT2 inhibitor is recommended.

NVL 2023 notes that to date, there is no evidence for treatment with SGLT2 inhibitors without RASi+beta blockers for heart failure (only for diabetes). It is unclear whether RASi+SGLT2 inhibitors or

beta-blockers+SGLT2 inhibitors would also be effective. Even if only in rare cases, the guideline group itself believes that a primary combination of SGLT2 inhibitors and MRA could be an option. The recommendations therefore deliberately provide a degree of flexibility with regard to the number and type of drug classes used, as long as the treatment is based on patient-relevant criteria.

NHG 2021 does not recommend to start an SGLT-2 inhibitor to treat heart failure in patients **without type 2 diabetes mellitus**.\*

\*In the updated version of NHG published in September 2024:

- It is recommended to start with SGLT2i in HFpEF
- The recommended treatment in HFmrEF and HFrEF consists of (medication step plan): if necessary, a loop diuretic when there are signs of fluid overload, a RAS inhibitor (ACE inhibitor or ARB if necessary), an SGLT2 inhibitor, a beta blocker if necessary; an aldosterone antagonist in case of insufficient effect of the above agents

They also added following recommendations:

- Start an SGLT2 inhibitors in **all new patients** with heart failure
- **In frail patients** with newly diagnosed heart failure: discuss the potential benefits and individual possible risk factors for side effects and make a joint decision on starting an SGLT2 inhibitor
- **In patients with a long-standing history of heart failure** they recommend to discuss starting an SGLT2 inhibitor at the next regular check-up or when they come to the consultation with a heart failure-related complaint.
- In patients with, at the time of symptoms of heart failure, a **NT-proBNP 125-300 pg/ml or BNP 35-50 pg/ml**: consider starting an SGLT2 inhibitor and consult with the cardiologist if necessary. No direct scientific evidence is available for this group. However, a similar effect is plausible.

### **Safety of drugs in patient with HF and T2DM**

In the updated version of NHG published in September 2024, additional precautions to patients with DM2 about lowering other blood sugar-lowering medications (SU derivatives and insulin) and dose adjustment are advised when starting an SGLT2 inhibitor (risk of hypoglycemia).

In this version NHG also mentions that diabetes mellitus type 1 and other situations that confer an increased risk of euglycaemic ketoacidosis, such as alcoholism, malnutrition, intermittent fasting, diet with < 70 grams of carbohydrates per day are contra-indications of SGLT2i.

Glitazones are drugs that should preferably be avoided according to NHG 2021 and are not recommended according to ECS 2021. AHA/ACC/HFSA 2022 considers that **glitazones increase the risk of worsening HF symptoms and hospitalizations**, and NVL 2023 notes that it may potentially cause edema.

Gliptins are drugs that should preferably be avoided according to NHG 2021 and AHA/ACC/HFSA 2022 and are not recommended according to ECS 2021. NVL 2023 also notes that there is an increased risk of angioedema.

NVL 2023 mentions an increased risk of lactic acidosis in decompensated heart failure with metformin. ESC 2021 indicates that metformin is thought to be safe and noticed this risk if eGFR is < 30 ml/min/1.73 m<sup>2</sup>.

According to ESC 2021, if insulin or sulfonylureas are needed in a patient with HF, the patient should be monitored for evidence of worsening of HF after treatment initiation; sulfonylureas are not a preferred treatment in patients with HF. (not formal recommendations)

NVL 2023 also reports that experience has shown that patients with comorbid diabetes mellitus develop hyperkalemia more frequently when taking ACE inhibitors, ARBs, MRAs and potassium-sparing diuretics. In addition, treatment with beta-blockers can mask the symptoms of hypoglycemia.

ESC 2021 notes that GLP-1 receptor agonists are not recommended for the prevention of HF events. (no effect and/or increased risk) (not formulated as formal recommendation).

### 5.3 Chronic kidney disease

#### **Prevention of HF**

In their 2023 update, ESC recommends SGLT2 inhibitors and finerenone in patients with T2DM and CKD to reduce the risk of HF hospitalization or CV death.

They also mention that both KDIGO and the *2022 American Diabetes Association Standards of Medical Care in Diabetes and KDIGO* recommendations indicate treatment with an ACE-I or ARB for patients with CKD, diabetes, and hypertension or albuminuria. (effects in preventing HF events in patients with diabetic nephropathy)

#### **Management of patients with HF and CKD**

- For patients with HFrEF (NICE 2018)/cHF (NVL 2023) and CKD with an eGFR ≥ 30 ml/min/1.73 m<sup>2</sup>:

NICE 2018 and NVL 2023 recommend the same drug treatment as for patients with healthy kidneys.

NICE 2018 also recommends to consider lower doses and/or slower titration of dose of ACE inhibitors or ARBs, MRAs and digoxin if the person's eGFR is 45 ml/min/1.73 m<sup>2</sup> or below,

NICE 2018 notes the following (not formal): The committee agreed that ACE-I should be used as part of first-line treatment, as in the general HFrEF population. The committee noted that ARBs for people with CKD showed only limited benefit, based on the evidence reviewed. The committee reported a lack of clarity about using ACE-I, ARB and MRA in patients with CKD where renal function is declining. They discussed that in these circumstances, total cessation of these medications may deprive patients of the beneficial effects on morbidity and mortality. Therefore, modification to the doses of these agents, or even temporary cessation of one or more agents, should be made based on individual patient circumstances, and guidance from renal physicians should be considered where necessary.

- For patients with HFrEF (NICE 2018)/cHF (NVL 2023) and CKD with an eGFR < 30 ml/min/1.73 m<sup>2</sup>:

NICE 2018 recommends to consider liaising the specialist heart failure multidisciplinary team (MDT) with a renal physician.

NVL 2023 recommends the same drug therapy as patients with healthy kidneys, under consideration of clinical aspects, so long as there are no contraindications (expert consensus based on clinical experience).

In accordance with NICE 2018, NVL 2023 notes the following (not formal): the guideline group considers the risk-benefit ratio (prognosis-improving effects vs. worsened renal function) to be positive and therefore also recommends basic drug therapy with ACE inhibitors or ARBs, beta-receptor blockers and MRA for patients with eGFR < 30 ml/min/1.73 m<sup>2</sup>, with careful titration and, adjustment of the dosage, with particularly close monitoring of electrolyte balance and kidney function; in consultation with the treating nephrologist.

AHA/ACC/HFSA 2022 notes that the effectiveness of guideline-directed medical therapy (GDMT) in patients with HF and concomitant kidney disease is uncertain, because data for treatment outcomes in this patient population are sparse (not formal recommendation). They recommend that in patients with current or previous symptomatic HFrEF who cannot be given first-line agents, such as ARNi, ACEi, or ARB, because of drug intolerance or renal insufficiency, a combination of hydralazine and isosorbide dinitrate may be considered to reduce morbidity and mortality. In patients with HFrEF and NYHA class II to IV symptoms, an MRA (spironolactone or eplerenone) is recommended to reduce morbidity and mortality, if eGFR is >30 mL/min/1.73 m<sup>2</sup> and serum potassium is <5.0 mEq/L. Careful monitoring of potassium, renal function, and diuretic dosing should be performed at initiation and closely monitored thereafter to minimize risk of hyperkalemia and renal insufficiency.

#### **Safety of drugs in patients with HF and CKD**

SGLT2i are contra-indicated in severe renal impairment (dapagliflozin: eGFR < 25ml/min/1.73m<sup>2</sup>; empagliflozin: eGFR < 20ml/min/1.73 m<sup>2</sup>) (from the NHG version 2024). If eGFR falls during use of the SGLT2 inhibitor, it is advised to continue it and only discontinue it at the start of dialysis.

Sacubitril/valsartan should not be recommended for patients with CHF and CKD with eGFR < 30 ml/min/1.73 m<sup>2</sup>. (Patients with eGFR < 30 ml/min/1.73 m<sup>2</sup> were excluded from the pivotal study; however, but sacubitril/valsartan is formally approved for these patients; there is little clinical experience.) Spironolactone and eplerenone are contraindicated in patients with severe renal insufficiency (NVL 2023).

NVL 2023 also recommends that in patients with CHF and CKD, the maintenance dose of digoxin is reduced or switched to digitoxin.

NVL 2023 notes that use of NSAIDs and COX-2 inhibitors is particularly critical in presence of both HF and CKD as they can have adverse effects on each of these.

### **Monitoring of patients with HF and CKD**

NVL 2023 and NICE 2018 both recommend that patients with CHF and CKD are closely monitored (electrolyte balance and kidney function) and dosage of medication adjusted accordingly (increased risk on hyperkalaemia).

NVL 2023 proposes the following timing for monitoring (not formal recommendations):

- before starting therapy and at each change in therapy;
- 1-2 weeks after each dose increase;
- after 3 months and then at least every 6 months (for MRA: every 4 months);
- at each hospitalization

Renal thresholds for drug therapy adjustments when treated with RAAS inhibitors is reported.

Similarly, NHG 2021 recommends more frequent monitoring in case of variation in symptoms, severe renal impairment (eGFR < 30 ml/min/1.73 m<sup>2</sup>), in frail elderly patients and in patients with past renal function or electrolyte abnormalities with [medication used in heart failure]. Follow-up after 3 and 6 months, and annually thereafter is recommended in patients who have reached the maximum tolerated dose of the medication.

## **5.4 Morbid obesity**

In severe obesity (BMI > 35 kg/m<sup>2</sup>), NHG 2021 recommends to advise the patient to lose weight and to refer to a dietician if necessary. NHG 2021 also adds that in moderate and severe heart failure, weight loss is not routinely advised because involuntary weight loss and anorexia are common with further progression of heart failure (not formal recommendation).

Due to the obesity paradox, NVL 2023 states that dietary treatment with the aim of weight reduction should not be regularly recommended to patients with chronic heart failure. While not directly formulating formal recommendations, ECS 2021 also considers the obesity paradox but mentioned that other variables may influence this relationship and that the obesity paradox is not observed in patients with diabetes.

## **5.5 Cachexia /Sarcopenia/ Frailty**

AHA/ACC/HFSA 2022 formally states that in adults with HF, screening for depression, social isolation, frailty, and low health literacy as risk factors for poor self-care is reasonable to improve management.

Similarly, NVL 2023 notes that patients with heart failure should be examined for signs of functional decline, especially if there are changes in the course of the disease (e.g. decompensation); geriatric assessment procedures can be used for this purpose and that supportive measures (e.g. physiotherapy, nutritional therapy) should be initiated if there are indications of impending or manifest loss of function.

NHG 2021 also recommends more frequent monitoring in case of variation in symptoms, severe renal impairment (eGFR < 30 ml/min/1.73 m<sup>2</sup>), in frail elderly patients and in patients with past renal



function or electrolyte abnormalities with [medication used in heart failure]. Follow-up monitoring after 3 and 6 months, and annually thereafter is recommended in patients who have reached the maximum tolerated dose of the medication.

#### Concerning cachexia:

ESC 2021 further states that non-cardiac causes for cachexia should always be investigated (it is associated with other chronic diseases, such as cancer) (not formal recommendation).

NHG 2021 recommends to pay attention to nutritional status and check whether the patient is getting enough calories in case of unintentional weight loss of > 5% in ≤ 6 months or > 10% in > 6 months; refer to a dietician if necessary. NHG 2021 also specifies that the effect of dietary supplements and appetite-enhancing pharmacotherapy has not been studied.

#### Concerning sarcopenia:

ESC 2021 specifies that there are no data showing a favourable impact of sarcopenia treatment on outcomes. However, exercise training has favourable effects in patients with HF.

## 5.6 Severe COPD and pulmonary hypertension

### Diagnosis

AHA/ACC/HFSA 2022 recommends that in patients with suspected or new-onset HF, or those presenting with acute decompensated HF, a chest x-ray should be performed to assess heart size and pulmonary congestion and to detect alternative cardiac, pulmonary, and other diseases that may cause or contribute to the patient's symptoms.

NVL 2023 recommends that patients with chronic heart failure and clinical evidence of a pulmonary cause of dyspnea undergo pulmonary function testing. ECS 2021 states that pulmonary function testing with spirometry is recommended as the first diagnostic tool and should be considered in patients with suspected COPD (not formal recommendation).

### Management of patients with CHF and COPD

NVL 2023 recommends that patients with CHF and COPD should be treated with cardioselective beta-blockers.

### Safety of drugs for patients with HF and COPD

According to ECS 2021, treatment of HF is generally well tolerated in COPD:

- Betablockers can worsen pulmonary function in individual patients but are not contraindicated in either COPD or asthma, as stated in the Global initiative for chronic Obstructive Lung Disease (GOLD) and the Global INitiative for Asthma (GINA), respectively.
- Inhaled corticosteroids and beta-adrenergic agonists do not seem to increase CV events, including HF, in patients at high risk (although not tested in HF patients).

Similarly, NVL 2023 notes in its list of medications causing potential problems an increased heart rate, and arrhythmias with  $\beta_2$  agonists (LABA/SABA) (e.g. salbutamol, formoterol). But they also report that beta-receptor blocker therapy is usually well tolerated by patients with COPD.

## 5.7 Atrial fibrillation (interactions between drugs)

### **Safety of drug used in AF in HF**

Treatment with the anti-arrhythmic agents flecainide, encainide, disopyramide, dronedarone, and D-sotalol is not recommended due to safety concerns (ESC 2021). Accordingly, AHA 2022 specifies that in patients with HFrEF, class IC antiarrhythmic medications and dronedarone may increase the risk of mortality. NVL 2023 also reports that Class I (Flecainide, Propafenone) and Class III (dronedarone, sotalol) antiarrhythmics may cause problems due to negative inotropic or proarrhythmic effects.

Diltiazem or verapamil are not recommended in patients with HFrEF (increased risk of HF worsening and HF hospitalization) (NICE 2018-ESC 2021- AHA/ACC/HFSA 2022). Similarly, NHG 2021 recommends to discontinue calcium antagonists with a non-dihydropyridine structure (diltiazem and verapamil (negative inotropic effect) and to check whether substitution with a drug from another group is possible. When substituting, align as much as possible with the drugs recommended in the Heart Failure Medication Step Plan. NVL 2023 also mention the negative inotrope effect of verapamil and diltiazem.

AHA/ACC/HFSA 2022 also specifies that dihydropyridine calcium channel-blocking drugs are not recommended treatment for HF.

Concerning amiodarone, NICE 2018 recommends to:

- Make the decision to prescribe amiodarone in consultation with a specialist.
- Review the need to continue the amiodarone prescription at the 6-monthly clinical review.
- Offer people taking amiodarone liver and thyroid function tests, and a review of side effects, as part of their routine 6-monthly clinical review.

### **Ivabradine**

NVL 2023 recommends that heart rhythm should be monitored regularly during treatment with ivabradine. If there is no stable sinus rhythm, treatment should be discontinued.

## 6 Heart failure and diabetes - Summary and conclusions from the literature review

### 6.1 SGLT-2 inhibitors

#### 6.1.1 Dapagliflozin vs placebo

##### 6.1.1.1 HFrEF

6.1.1.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that diabetes status does not modify the effect of dapagliflozin in comparison to placebo in patients with heart failure with reduced ejection fraction.**

In this case, the overall effect applies to patients with and without diabetes.

The DAPA-HF trial (McMurray 2019(18)) compared dapagliflozin with placebo for the primary composite outcome of cardiovascular mortality or worsening HF episode (hospitalization or the equivalent, i.e. an urgent HF visit) in patients with HFrEF.

Dapagliflozin reduced the risk of the primary outcome compared to placebo in the overall population.

The consistency of effects in diabetes patients versus non-diabetic patients was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in prespecified and non-prespecified outcomes.

DAPA-HF trial (McMurray 2019(18)) with subgroup analysis from Petrie 2020(19)				
Outcome	Interaction p-value of SUBGROUP Diabetes vs no diabetes	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
worsening HF episode (hospitalization or the equivalent, i.e. an urgent HF visit) or cardiovascular death (primary outcome)	0.22	Y	Y	NO
Cardiovascular death	0.70	Y	Y	NO
Cardiovascular death or hospitalization for heart failure (key secondary outcome)	0.83	Y	Y	NO
No. of first and recurrent heart failure hospitalizations and cardiovascular death	0.74	Y	NO	NO
Worsening kidney function	0.86	Y	NO	NO
Death from any cause	0.45	Y	NO	NO
Change in KCCQ total symptom score at 8 mo <i>The treatment effect is shown as a win ratio, in which a value greater than 1 indicates superiority.</i>	0.18	Y	NO	NO
SAFETY				

<ul style="list-style-type: none"> <li>• <b>Any serious adverse event</b></li> <li>• <b>Discontinuation of study drug due to adverse event</b></li> <li>• <b>Volume depletion</b></li> <li>• <b>Kidney adverse event</b></li> <li>• <b>Fracture</b></li> <li>• <b>Amputation</b></li> </ul>	No significant p value for interaction	Y	NO	NO
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The DEFINE-HF trial (Nassif 2019(20)) compared dapagliflozin with placebo for the primary composite outcome of proportion of patients with  $\geq 5$ -point increase in HF disease-specific health status on the Kansas City Cardiomyopathy Questionnaire overall summary score, or a  $\geq 20\%$  decrease in NT-proBNP, in patients with HFrEF.

Dapagliflozin had a positive effect on the primary outcome compared to placebo in the overall population.

The consistency of effects in diabetes patients versus non-diabetic patients was evaluated in subgroup analysis. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in the primary outcome.

<u>DEFINE-HF trial</u> (Nassif 2019(20))				
Outcome	Interaction p-value of SUBGROUP Diabetes vs no diabetes	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction $p < 0.05$
Composite: proportion of patients with $\geq 5$ -point increase in HF disease-specific health status on the <b>Kansas City Cardiomyopathy Questionnaire overall summary score</b> , or a $\geq 20\%$ decrease in NT-proBNP.  <b>(primary outcome)</b>	0.304	Y	Y	NO

6.1.1.1.2 How much confidence do we have that the overall results are applicable in this specific population?

<u>DAPA-HF trial</u> (McMurray 2019(18))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)

worsening HF episode (hospitalization or the equivalent, i.e. an urgent HF visit) or cardiovascular death (primary outcome)	<b>Overall</b> HR 0.74 (0.65 to 0.85) P<0.001	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (diabetes population 42%) Imprecision: ok
Cardiovascular death	<b>Overall</b> HR 0.82 (0.69 to 0.98)	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (diabetes population 42%) Imprecision: ok
Cardiovascular death or hospitalization for heart failure (key secondary outcome)	<b>Overall</b> HR 0.75 (0.65 to 0.85) P<0.001	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (diabetes population 42%) Imprecision: ok
No. of first and recurrent heart failure hospitalizations and cardiovascular death	<b>Overall</b> RR 0.75 (0.65 to 0.88)	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (diabetes population 42%) Imprecision: ok
Worsening kidney function	<b>Overall</b> HR 0.71 (0.44 to 1.16)	⊕⊕⊖⊖ LOW Study quality: ok Consistency: NA Directness: -1 (diabetes population 42%) Imprecision: -1
Death from any cause	<b>Overall</b> HR 0.83 (0.71 to 0.97)	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (diabetes population 42%) Imprecision: ok
Change in KCCQ total symptom score at 8 mo <i>The treatment effect is shown as a win ratio, in which a value greater than 1 indicates superiority.</i>	<b>Overall</b> RR 1.18 (1.11 to 1.26)	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (diabetes population 42%) Imprecision: ok
<ul style="list-style-type: none"> <li>• Any serious adverse event</li> <li>• Discontinuation of study drug due to adverse event</li> <li>• Volume depletion</li> </ul>	Post hoc analysis by subgroup No significant p value for interaction	Unable to assess

<ul style="list-style-type: none"> <li>• <b>Kidney adverse event</b></li> <li>• <b>Fracture</b></li> <li>• <b>Amputation</b></li> </ul>		
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DEFINE-HF trial (Nassif 2019(20))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
Composite: proportion of patients with $\geq 5$ -point increase in HF disease-specific health status on the <b>Kansas City Cardiomyopathy Questionnaire overall summary score</b> , or a $\geq 20\%$ decrease in NT-proBNP.  <b>(primary outcome)</b>	<b>Overall</b> <b>adjusted OR 1.8, 95% CI 1.03–3.06</b> <b>p&lt;0.039</b> <b>SS</b>	<b>⊕⊕⊕⊖ MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 62%) Imprecision: ok

### 6.1.1.2 HFpEF

#### 6.1.1.2.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that diabetes status does not modify the effect of dapagliflozin in comparison to placebo in patients with heart failure with preserved ejection fraction.**

In this case, the overall effect applies to patients with and without diabetes.

The DELIVER trial (Solomon 2022(21)) compared dapagliflozin with placebo for the primary composite outcome of worsening heart failure, which was defined as either an unplanned hospitalization for heart failure or an urgent visit for heart failure, or cardiovascular death in patients with HFpEF.

Dapagliflozin reduced the risk of the primary outcome compared to placebo in the overall population.

The consistency of effects in diabetes patients versus non-diabetic patients was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in prespecified and non-prespecified outcomes.

DELIVER trial (Solomon 2022(21)) with subgroup analysis from Inzucchi 2022(22);				
Outcome	Interaction p-value of SUBGROUP Diabetes vs no diabetes	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05

Composite of worsening HF episode (hospitalization or the equivalent, i.e. an urgent HF visit) or cardiovascular death <b>(primary outcome)</b>	0.82	Y	Y	NO
<b>CV death</b>	0.63	Y	NO	NO
<b>Heart failure event (hospitalization or urgent visit)</b>	0.74	Y	NO	NO
<b>Heart failure hospitalization</b>	0.72	Y	NO	NO
<b>Urgent heart failure visit</b>	0.38	Y	NO	NO
<b>Composite of cardiovascular death and all heart failure events (including recurrent)</b>	0.58	Y	NO	NO
<b>Death from any cause</b>	0.14	Y	NO	NO

6.1.1.2.2 How much confidence do we have that the overall results are applicable in this specific population?

DELIVER trial (Solomon 2022(21))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
Composite of worsening HF episode (hospitalization or the equivalent, i.e. an urgent HF visit) or cardiovascular death <b>(primary outcome)</b>	<b>Overall</b> <b>HR 0.82 (0.73-0.92)</b> <b>p&lt;0.001</b> <b>SS</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 45%) Imprecision: ok
<b>CV death</b>	<b>Overall</b> <b>HR 0.88 (0.74 to 1.05)</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 45%) Imprecision: ok
<b>Heart failure event (hospitalization or urgent visit)</b>	<b>Overall</b> <b>HR 0.79 (0.73-0.91)</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 45%) Imprecision: ok
<b>Heart failure hospitalization</b>	<b>Overall</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok

	<b>HR 0.77 (0.67-0.89)</b>	Consistency: NA Directness: -1 (diabetes population 45%) Imprecision: ok
<b>Urgent heart failure visit</b>	<u>Overall</u> HR 0.76 (0.55 to 1.07)	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 45%) Imprecision: ok
<b>Composite of cardiovascular death and all heart failure events (including recurrent)</b>	<u>Overall</u> <b>RR 0.77 (0.67 to 0.89)</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 45%) Imprecision: ok
<b>Death from any cause</b>	<u>Overall</u> HR 0.94 (0.83 to 1.07)	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 45%) Imprecision: ok

## 6.1.2 Empagliflozin vs placebo

### 6.1.2.1 HFrEF

#### 6.1.2.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that diabetes status does not modify the effect of empagliflozin in comparison to placebo in patients with heart failure with reduced ejection fraction.**

In this case, the overall effect applies to patients with and without diabetes.

The EMPEROR-reduced trial (Packer 2020(23)) compared empagliflozin with placebo for the primary composite outcome of cardiovascular mortality or heart failure hospitalization (HHF) in patients with HFrEF.

Empagliflozin reduced the risk of the primary outcome compared to placebo in the overall population.

The consistency of effects in diabetes patients versus non-diabetic patients was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in prespecified and non-prespecified outcomes.

EMPEROR-reduced Packer 2020(23); with subgroup analysis from Anker 2021b(24)				
Outcome	Interaction p-value of SUBGROUP Diabetes vs no diabetes	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05



<b>Composite outcome cardiovascular mortality or HF hospitalization (primary outcome)</b>	0.57	Y	Y	NO
<b>First and recurrent HHF</b>	0.44	Y	Y	NO
<b>Renal slope (eGFR mean slope change/year)</b>	0.15	Y	Y	NO
<b>Composite renal endpoint</b>	0.65	Y	NO	NO
<b>First HHF</b>	0.66	Y	Y	NO
<b>Time to CV death</b>	0.98	Y	Y	NO
<b>Changes in KCCQ clinical summary score at week 52</b>	0.30	Y	NO	NO

The EMPERIAL-reduced trial (Abraham 2021(25)) compared empagliflozin with placebo for the primary outcome of 6-minute walk test distance change to week 12 in patients with heart failure with reduced ejection fraction.

There was no difference in the risk of the primary outcome of 6-minute walk test distance change to week 12 compared to placebo in the overall population

Empagliflozin reduced the risk of the primary outcome compared to placebo in the overall population.

The consistency of effects in diabetes patients versus non-diabetic patients was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in the primary outcome.

EMPERIAL Reduced (Abraham 2021(25))				
Outcome	Result (95%CI)	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
6-minute walk test distance change to week 12 <b>(primary outcome)</b>	<b>Interaction p value:</b> not performed	YES	YES	NO

6.1.2.1.2 How much confidence do we have that the overall results are applicable in this specific population?

<u>EMPEROR-reduced</u> Packer 2020(23)
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Outcome	Result (95%CI)	Quality of the evidence (GRADE)
<b>Composite outcome cardiovascular mortality or HF hospitalization (primary outcome)</b>	<u>Overall</u> <b>HR 0.75 (0.65-0.86)</b> <b>p&lt;0.001</b> <b>SS</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 50%) Imprecision: ok
<b>First and recurrent HHF</b>	<b>Overall: HR 0.70 (0.58, 0.85)</b> <b>SS</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 50%) Imprecision: ok
<b>Renal slope (eGFR mean slope change/year)</b>	<b>Overall: Difference 1.73 (1.10, 2.37)</b> <b>SS</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 50%) Imprecision: ok
<b>Composite renal endpoint</b>	<b>Overall: HR 0.50 (0.32-0.77)</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 50%) Imprecision: ok
<b>First HHF</b>	<b>Overall: HR 0.69 (0.59, 0.81)</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 50%) Imprecision: ok
<b>Time to CV death</b>	<b>Overall: HR 0.92 (0.75, 1.12)</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 50%) Imprecision: ok
<b>Changes in KCCQ clinical summary score at week 52</b>	<b>Overall: Difference 1.75 (0.5, 3.0)</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 50%) Imprecision: ok

EMPERIAL Reduced (Abraham 2021(25))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
<b>6-minute walk test distance change to week 12 (primary outcome)</b>	<u>Overall</u> Difference -4.0 m (-16.0, 6.0) p<0.42 NS	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 59%) Imprecision: ok

### 6.1.2.2 HFpEF

#### 6.1.2.2.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that diabetes status does not modify the effect of empagliflozin in comparison to placebo in patients with heart failure with preserved ejection fraction.**

In this case, the overall effect applies to patients with and without diabetes.

The EMPEROR-preserved trial (Anker 2021a(26)) compared empagliflozin with placebo for the primary composite outcome of cardiovascular mortality or heart failure hospitalization (HHF) in patients with HFpEF.

Empagliflozin reduced the risk of the primary outcome compared to placebo in the overall population.

The consistency of effects in diabetes patients versus non-diabetic patients was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in prespecified and non-prespecified outcomes.

EMPEROR-preserved (Anker 2021a(26)); with subgroup analyses from Filippatos 2022(27); Siddiqi 2023(28)				
Outcome	Interaction p-value of SUBGROUP Diabetes vs no diabetes	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
Composite outcome cardiovascular mortality or HF hospitalization (primary outcome)	0.92	Y	Y	NO
First and recurrent HFF	0.97	Y	NO	NO
Time to first HFF	0.66	Y	NO	NO
Time to CV death	0.32	Y	NO	NO
Time to all-cause mortality	0.43	Y	NO	NO
Composite renal end point	0.62	Y	NO	NO
Kansas City Cardiomyopathy Questionnaire (KCCQ) changes in clinical summary score at 52 weeks	0.51	Y	NO	NO

The EMPERIAL-preserved trial (Abraham 2021(25)) compared empagliflozin with placebo for the primary outcome of 6-minute walk test distance change to week 12 in patients with heart failure with preserved ejection fraction.

Empagliflozin reduced the risk of the primary outcome compared to placebo in the overall population.

The consistency of effects in diabetes patients versus non-diabetic patients was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in the primary outcome.

EMPERIAL Preserved (Abraham 2021(25))				
Outcome	Interaction p-value of SUBGROUP Diabetes vs no diabetes	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
6-minute walk test distance change to week 12 <b>(primary outcome)</b>	Interaction p value: not performed	YES	YES	NO

6.1.2.2.2 How much confidence do we have that the overall results are applicable in this specific population?

EMPEROR-preserved (Anker 2021a(26))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
<b>Composite outcome cardiovascular mortality or HF hospitalization (primary outcome)</b>	Overall <b>HR 0.79 (0.69-0.90)</b> <b>&lt;0.001</b> <b>SS</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 49%) Imprecision: ok
<b>First and recurrent HFF</b>	Overall <b>0.73 (0.61, 0.88)</b> <b>&lt;0.001</b> <b>SS</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 49%) Imprecision: ok
<b>Time to first HHF</b>	Overall <b>HR 0.71 (0.60, 0.83)</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 49%) Imprecision: ok
<b>Time to CV death</b>	Overall HR 0.91 (0.76, 1.09)	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 49%) Imprecision: ok
<b>Time to all-cause mortality</b>	Overall	⊕⊕⊕⊖ <b>MODERATE</b>

	HR 1.00 (0.87, 1.15)	Study quality: ok Consistency: NA Directness: -1 (diabetes population 49%) Imprecision: ok
<b>Composite renal end point</b>	<u>Overall</u> HR 0.95 (0.73,1.24)	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 49%) Imprecision: -1
<b>Kansas City Cardiomyopathy Questionnaire (KCCQ)</b> changes in clinical summary score at 52 weeks	<u>Overall</u> 4.51±0.31 vs 3.18±0.31 Difference 1.32 (0.45-2.19)	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 49%) Imprecision: ok

EMPERIAL Preserved (Abraham 2021(25))		
Outcome	Interaction p-value of SUBGROUP Diabetes vs no diabetes	Quality of the evidence (GRADE)
6-minute walk test distance change to week 12 <b>(primary outcome)</b>	<u>Overall</u> Difference -4.0 m (-16.0, 6.0) p<0.42 NS	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 50%) Imprecision: ok

## 6.2 MRA

### 6.2.1 Eplerenone vs placebo

#### 6.2.1.1 HF<sub>r</sub>EF

##### 6.2.1.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that diabetes status does not modify the effect of eplerenone in comparison to placebo in patients with heart failure with reduced ejection fraction.**

In this case, the overall effect applies to patients with and without diabetes.

The EMPHASIS-HF trial (Zannad 2011(29)) compared eplerenone with placebo for the primary composite outcome of death from cardiovascular causes or a first hospitalization for heart failure in patients with HF<sub>r</sub>EF.

Eplerenone reduced the risk of the primary outcome compared to placebo in the overall population. The consistency of effects in diabetes patients versus non-diabetic patients was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in prespecified and non-prespecified outcomes.

EMPHASIS-HF trial (Zannad 2011(29)) with subgroup analysis from Ferreira 2021(30))				
Outcome	Interaction p-value of SUBGROUP Diabetes vs no diabetes	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
<b>death from cardiovascular causes or hospitalization for heart failure (primary outcome)</b>	0.09	Y	Y	NO
<b>HF hospitalization</b>	0.27	Y	NO	NO
<b>CV Death</b>	0.80	Y	NO	NO
<b>All-cause death or all-cause hospitalization</b>	0.37	Y	NO	NO
<b>All-cause hospitalization</b>	0.72	Y	NO	NO
<b>All-cause death</b>	0.91	Y	NO	NO
<b>SAFETY</b>				
<b>Hyperkalemia</b>	0.32		NO	NO
<b>Hypokalemia</b>	0.69		NO	NO
<b>Renal failure</b>	0.67		NO	NO
<b>Hypotension</b>	0.56		NO	NO

The J-EMPHASIS trial (Tsutsui 2017(31)) compared eplerenone with placebo for the primary composite outcome of death from cardiovascular causes or hospitalization for heart failure in Japanese patients with HFrEF.

To demonstrate efficacy, the consistency of results with the EMPHASIS-HF study was predefined as a point estimate of the hazard ratio <1 in the primary endpoint. This was demonstrated in the overall population of J-EMPAHSIS.

The consistency of effects in diabetes patients versus non-diabetic patients was evaluated in a subgroup analysis. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in the primary outcome.

J-EMPHASIS trial (Tsutsui 2017(31))				
Outcome	Interaction p-value of SUBGROUP Diabetes vs no diabetes	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
death from cardiovascular causes or hospitalization for heart failure  (primary outcome)	0.64	Y	Y	NO

The EPHESUS trial (Pitt 2003(32)) compared eplerenone with placebo for the co-primary composite outcomes of death from any cause and death from cardiovascular causes or hospitalization for cardiovascular events (including heart failure, recurrent acute myocardial infarction, stroke, or ventricular arrhythmia) in patients with HFrEF, 3 to 14 days after acute myocardial infarction. Eplerenone reduced the risk of the co-primary outcomes compared to placebo in the overall population.

The consistency of effects in diabetes patients versus non-diabetic patients was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in prespecified and non-prespecified outcomes.

EPHESUS trial (Pitt 2003(32))				
Outcome	Interaction p-value of SUBGROUP Diabetes vs no diabetes	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
death from any cause (primary outcome)	0.35	Y	Y	NO
Death from cardiovascular causes or hospitalization for cardiovascular events (primary outcome)	0.59	Y	Y	NO

6.2.1.1.2 How much confidence do we have that the overall results are applicable in this specific population?

EMPHASIS-HF trial (Zannad 2011(29))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
death from cardiovascular causes or hospitalization for heart failure (primary outcome)	<b>Overall</b> adjusted HR <b>0.63 (0.54–0.74)</b> < <b>p&lt;0.001</b> SS	<b>⊕⊕⊕⊖ MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 31%) Imprecision: ok
HF hospitalization	<b>Overall</b> HR <b>0.58 (0.48 to 0.71)</b> <b>P&lt;0.001</b>	<b>⊕⊕⊕⊖ MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 31%) Imprecision: ok
CV Death	<b>Overall</b> HR <b>0.75 (0.6 to 0.93)</b> <b>P0.01</b>	<b>⊕⊕⊕⊖ MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 31%) Imprecision: ok
All-cause death or all-cause hospitalization	<b>Overall</b> HR <b>0.76 (0.67 to 0.86)</b> <b>p&lt;0.001</b>	<b>⊕⊕⊕⊖ MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 31%) Imprecision: ok
All-cause hospitalization	<b>Overall</b> HR <b>0.77 (0.68 to 0.88)</b> <b>p&lt;0.001</b>	<b>⊕⊕⊕⊖ MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 31%) Imprecision: ok
All-cause death	<b>Overall</b> HR <b>0.76 (0.62 to 0.92)</b> <b>P 0.007</b>	<b>⊕⊕⊕⊖ MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 31%) Imprecision: ok
Hyperkalemia	<b>Overall</b> Placebo: 50/1373 (3.7%) Eplerenone: 109/1364 (8.0%) <b>P &lt;0.001</b>	<b>⊕⊕⊕⊖ MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 31%) Imprecision: ok



<b>Hypokalemia</b>	<b>Overall</b> Placebo: 31/1373 (2.3%) Eplerenone: 16/1364 (1.2%) P 0.032	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 31%) Imprecision: ok
<b>Renal failure</b>	<b>Overall</b> Placebo: 41/1373 (3.0%) Eplerenone: 39/1364 (2.0%) P 0.84	Unable to assess
<b>Hypotension</b>	<b>Overall</b> Placebo: 37/1373 (2.7%) Eplerenone: 46/1364 (3.4%) P 0.30	Unable to assess

<u>J-EMPHASIS trial (Tsutsui 2017(31))</u>		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
<b>death from cardiovascular causes or hospitalization for heart failure (primary outcome)</b>	<b>Overall</b> HR 0.85 (0.53 to 1.36) P 0.50	⊕⊖⊖⊖ <b>VERY LOW</b> Study quality: ok Consistency: NA Directness: -2 (diabetes population 40%; Japanese population only) Imprecision: -1

<u>EPHESUS trial (Pitt 2003(32))</u>		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
<b>death from any cause (primary outcome)</b>	<b>Overall</b> RR 0.85 (0.75–0.96) P 0.008	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 32%) Imprecision: ok
<b>Death from cardiovascular causes or hospitalization for cardiovascular events (primary outcome)</b>	<b>Overall</b> RR 0.87 (0.79–0.95) P 0.002	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 32%) Imprecision: ok

## 6.2.2 Spironolactone vs placebo

### 6.2.2.1 HFpEF

#### 6.2.2.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that diabetes status does not modify the effect of spironolactone in comparison to placebo in patients with heart failure with preserved ejection fraction.**

In this case, the overall effect applies to patients with and without diabetes.

The TOPCAT trial (Pitt 2014(33)) compared spironolactone with placebo for the primary composite outcome of death from cardiovascular causes, aborted cardiac arrest, or hospitalization for the management of heart failure in patients with HFpEF.

There was no difference in risk of the primary outcome with spironolactone compared to placebo in the overall population.

The consistency of effects in diabetes patients versus non-diabetic patients was evaluated in subgroup analysis. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in the primary outcome.

TOPCAT trial (Pitt 2014(33))				
Outcome	Interaction p-value of SUBGROUP Diabetes vs no diabetes	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
composite of death from cardiovascular causes, aborted cardiac arrest, or hospitalization for the management of heart failure <b>(primary outcome)</b>	0.82	Y	Y	NO

#### 6.2.2.1.2 How much confidence do we have that the overall results are applicable in this specific population?

TOPCAT trial (Pitt 2014(33))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
composite of death from cardiovascular causes, aborted cardiac arrest, or hospitalization for the management of heart failure	Overall HR 0.89 (0.77-1.04) NS	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -2 (diabetes population 10%)

(primary outcome)		Imprecision: ok
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## 6.3 ARNI

### 6.3.1 Sacubitril/valsartan vs enalapril

#### 6.3.1.1 HFrEF

##### 6.3.1.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that diabetes status does not modify the effect of sacubitril/valsartan in comparison to enalapril in patients with heart failure with reduced ejection fraction.**

In this case, the overall effect applies to patients with and without diabetes.

The PARADIGM-HF trial (McMurray 2014(14)) compared sacubitril/valsartan with enalapril for the primary composite outcome of time to CV death or first hospitalization for heart failure in patients with HFrEF.

**Sacubitril/valsartan** reduced the risk of the primary outcome compared to enalapril in the overall population.

The consistency of effects in diabetes patients versus non-diabetic patients was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect in prespecified analysis** of primary outcome.

The test for subgroup differences was **statistically significant** in one of the **exploratory outcomes** but the analysis for **the effect of diabetes was not prespecified**. As prespecification of a subgroup analysis is a critical attribute to be considered plausible, **further research is necessary before considering taking clinical action on the basis of this result**.

PARADIGM-HF trial (McMurray 2014(14))				
Outcome	Interaction p-value of SUBGROUP Diabetes vs no diabetes	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
<b>Composite of cardiovascular death or first hospital admission for heart failure (primary outcome)</b>	0.40	Y	Y	NO
<b>Cardiovascular death (component outcome)</b>	0.052	Y	Y	NO

PARADIGM-HF trial (McMurray 2014(14)) with subgroup analysis from Packer 2018 (34)

Outcome	Interaction p-value of SUBGROUP Diabetes vs no diabetes	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
eGFR decline (mL/min per 1.73m <sup>2</sup> per year) (expl. outcome)	0.038	Y	NO	YES

PARADIGM-HF trial (McMurray 2014(14)) with subgroup analysis from Seferovic 2017 (35)				
Outcome	Interaction p-value of SUBGROUP Diabetes vs no diabetes	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
Cardiovascular death (analysis restricted to the 12 first months)	Not reported	Y	NO	N.R. (NO in primary study)
HbA1c concentration (%) 3 years (expl. outcome)	Not reported	Y	NO	N.R
Incident diabetes	N.A. (only for the no-diabetes group)	Y	NO	N.A.
New initiation of insulin therapy (Incidence rate (per 100 person-years))	N.A. (only for the diabetes group)	Y	NO	N.A.
BMI (kg/m <sup>2</sup> )	Not reported	Y	NO	N.R

6.3.1.1.2 How much confidence do we have that the overall results are applicable in this specific population?

PARADIGM-HF trial (McMurray 2014(14))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
Composite of cardiovascular death or first hospital admission for heart failure (primary outcome)	Overall HR: 0.80 (0.73–0.87) P < 0.001	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (diabetes population 45%) Imprecision: ok
Cardiovascular death (component outcome)	Overall HR : 0.80 (0.71–0.89)	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA

	<b>P &lt; 0.001</b>	Directness: -1 (diabetes population 45%) Imprecision: ok
<b>eGFR decline (mL/min per 1.73m<sup>2</sup> per year) (expl. outcome)</b>	<u>Overall</u> <b>MD: 0.4 (0.3 to 0.6)</b> <b>P &lt; 0.0001</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 45%) Imprecision: ok
<b>HbA1c concentration (%) 3 years (expl. outcome)</b>	<u>Overall</u> MD: -0.01 (-0.04 to 0.01) NS	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 45%) Imprecision: ok

### 6.3.2 Sacubitril/valsartan vs valsartan

#### 6.3.2.1 HFpEF

##### 6.3.2.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that diabetes status does not modify the effect of sacubitril/valsartan in comparison to valsartan in patients with heart failure with preserved ejection fraction.**

In this case, the overall effect applies to patients with and without diabetes.

The [PARAGON-HF trial](#) (Solomon 2019(15)) compared sacubitril/valsartan with valsartan for the primary composite outcome of time to CV death or total (first and recurrent) hospitalization for heart failure in patients with HFpEF.

The primary composite outcome **did not differ significantly** between **sacubitril/valsartan** and valsartan in the overall population. Because this difference did not meet the predetermined level of statistical significance, **subsequent analyses are to be considered exploratory.**

The consistency of effects in diabetes patients versus non-diabetic patients was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect in prespecified analysis** of primary outcome.

PARAGON-HF trial (Solomon 2019(15))				
Outcome	Interaction p-value of SUBGROUP Diabetes vs no diabetes	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
<b>Composite of total hospitalizations for heart failure and death from cardiovascular causes. (primary outcome)</b>	NS	Y	Y	NO

6.3.2.1.2 How much confidence do we have that the overall results are applicable in this specific population?

PARAGON-HF trial (Solomon 2019(15))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
<b>Composite of total hospitalizations for heart failure and death from cardiovascular causes. (primary outcome)</b>	Overall RR: 0.87 (0.75-1.01) P =0.06 NS	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (diabetes population 35%) Imprecision: ok

### 6.3.3 Sacubitril/valsartan vs standard therapy

#### 6.3.3.1 HFpEF

6.3.3.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that diabetes status does not modify the effect of sacubitril/valsartan in comparison to standard therapy in patients with heart failure with preserved ejection fraction.**  
In this case, the overall effect applies to patients with and without diabetes.

The PARALLAX trial (Pieske 2021(36)) compared sacubitril/valsartan with “standard medical therapy” (either valsartan, enalapril or placebo depending on what medication patients were taking prior to enrolling) for the primary composite outcome change in the 6-minute walk distance from baseline to week 24 in patients with HFpEF.

There was no difference in the primary outcome with sacubitril/valsartan compared to placebo in the overall population.

The consistency of effects in diabetes patients versus non-diabetic patients was evaluated in subgroup analysis. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in the primary outcome.

TOPCAT trial (Pieske 2021(36))				
Outcome	Interaction p-value of SUBGROUP Diabetes vs no diabetes	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05

composite of death from cardiovascular causes, aborted cardiac arrest, or hospitalization for the management of heart failure <b>(primary outcome)</b>	0.82	Y	Y	NO
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6.3.3.1.2 How much confidence do we have that the overall results are applicable in this specific population?

TOPCAT trial (Pitt 2014(33))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
change in the 6-minute walk distance from baseline to week 24 (in the subgroup of patients with a baseline ability of walk between 100 m and 450 m)  <i>An increase by 30 m was considered as a minimal clinically important difference</i>  <b>(primary outcome)</b>	<u>Overall</u> Adj. MD -2.50 m (-8.53 to 3.53) NS	⊕⊕⊖⊖ <b>LOW</b> Study quality: -1 (primary analysis in (prespecified) subgroup of total population) Consistency: NA Directness: -1 (diabetes population 45%) Imprecision: ok

## 7 Heart failure and chronic kidney disease- Summary and conclusions from the literature review

### 7.1 SGLT-2 inhibitors

#### 7.1.1 Dapagliflozin vs placebo

##### 7.1.1.1 HFrEF

7.1.1.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that chronic kidney disease(CKD) status does not modify the effect of dapagliflozin in comparison to placebo in patients with heart failure with reduced ejection fraction. In this case, the overall effect applies to patients with and without CKD.**

The DAPA-HF trial (McMurray 2019(18)) compared dapagliflozin with placebo for the primary composite outcome of cardiovascular mortality or worsening HF episode (hospitalization or the equivalent, i.e. an urgent HF visit) in patients with HFrEF.

Dapagliflozin reduced the risk of the primary outcome compared to placebo in the overall population.

The consistency of effects in CKD patients versus non-CKD patients was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in prespecified and non-prespecified outcomes.

DAPA-HF trial (McMurray 2019(18))with subgroup analysis from Jhund 2021(37)				
Outcome	Interaction p-value of SUBGROUP CKD vs no CKD	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
<b>worsening HF episode (hospitalization or the equivalent, i.e. an urgent HF visit) or cardiovascular death (primary outcome)</b>	0.54	Y	Y	NO
<b>Cardiovascular death</b>	0.44	Y	Y	NO
<b>Cardiovascular death or hospitalization for heart failure (key secondary outcome)</b>	0.50	Y	Y	NO
<b>Worsening kidney function</b> (≥50% sustained decline eGFR or end-stage renal disease or renal death)	0.19	Y	NO	NO
<b>Death from any cause</b>	0.80	Y	NO	NO
<b>Change in KCCQ total symptom score at 8 mo</b>  <i>The treatment effect is shown as a win ratio, in which a value greater than 1 indicates superiority.</i>	0.52	Y	NO	NO

7.1.1.1.2 How much confidence do we have that the overall results are applicable in this specific population?



DAPA-HF trial (McMurray 2019(18))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
worsening HF episode (hospitalization or the equivalent, i.e. an urgent HF visit) or cardiovascular death (primary outcome)	<b>Overall</b> <b>HR 0.74 (0.65 to 0.85)</b> <b>P&lt;0.001</b>	<b>⊕⊕⊕⊖ MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 41%) Imprecision: ok
Cardiovascular death	<b>Overall</b> <b>HR 0.82 (0.69 to 0.98)</b> pNA	<b>⊕⊕⊕⊖ MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 41%) Imprecision: ok
Cardiovascular death or hospitalization for heart failure (key secondary outcome)	<b>Overall</b> <b>HR 0.75 (0.65 to 0.85)</b> <b>P&lt;0.001</b>	<b>⊕⊕⊕⊖ MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 41%) Imprecision: ok
Worsening kidney function (≥50% sustained decline eGFR or end-stage renal disease or renal death)	<b>Overall</b> HR 0.71 (0.44 to 1.16) P 0.17	<b>⊕⊕⊖⊖ LOW</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 41%) Imprecision: -1
Death from any cause	<b>Overall</b> <b>HR 0.83 (0.71 to 0.97)</b> <b>P NA</b>	<b>⊕⊕⊕⊖ MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 41%) Imprecision: ok
Change in KCCQ total symptom score at 8 mo  <i>The treatment effect is shown as a win ratio, in which a value greater than 1 indicates superiority.</i>	<b>Overall</b> <b>RR 1.18 (1.11 to 1.26)</b> <b>P&lt;0.001</b>	<b>⊕⊕⊕⊖ MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 41%) Imprecision: ok

### 7.1.1.2 HFpEF

#### 7.1.1.2.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that CKD status does not modify the effect of dapagliflozin in comparison to placebo in patients with heart failure with preserved ejection fraction.**

In this case, the overall effect applies to patients with and without CKD.

The DELIVER trial (Solomon 2022(21)) compared dapagliflozin with placebo for the primary composite outcome of worsening heart failure, which was defined as either an unplanned hospitalization for heart failure or an urgent visit for heart failure, or cardiovascular death in patients with HFpEF.

Dapagliflozin reduced the risk of the primary outcome compared to placebo in the overall population.

The consistency of effects in CKD patients versus non-CKD patients, and in 3 different eGFR categories (eGFR  $\geq 60$ ; 45 to  $< 60$  mL; and  $< 45$  mL/min/1.73 m<sup>2</sup>), was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in prespecified outcomes and a **statistically significant subgroup effect in one non-prespecified outcome (heart failure event)**. **As it was non-prespecified, this effect can only be considered as exploratory and further research is necessary before considering taking clinical action on the basis of this result.**

DELIVER trial (Solomon 2022(21)) with subgroup analysis from Mc Causland 2023(38)				
Outcome	Interaction p-value of SUBGROUPS eGFR $\geq 60$ ; 45 to $< 60$ mL; and $< 45$ mL/min/1.73 m <sup>2</sup>	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
worsening HF episode (hospitalization or the equivalent, i.e. an urgent HF visit) or cardiovascular death (primary outcome)	0.16	Y	Y	NO
CV death	0.96	Y	NO	NO
Heart failure event (hospitalization or urgent visit)	0.04	Y	NO	YES
Heart failure hospitalization	0.05	Y	NO	NO
Worsening kidney function Mean decline in eGFR	0.29	Y	NO	NO
Kidney composite end point ( $\geq 50\%$ decline in eGFR, end-stage kidney disease or death from kidney causes)	0.34	Y	NO	NO

(post hoc definition)				
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7.1.1.2.2 How much confidence do we have that the overall results are applicable in this specific population?

DELIVER trial (Solomon 2022(21))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
<b>worsening HF episode (hospitalization or the equivalent, i.e. an urgent HF visit) or cardiovascular death</b>  (primary outcome)	<b>Overall</b> <b>HR 0.82 (0.73-0.92)</b> <b>p&lt;0.001</b> <b>SS</b>	<b>⊕⊕⊕⊖ MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 49%) Imprecision: ok
<b>CV death</b>	<b>Overall</b> <b>HR 0.88 (0.74 to 1.05)</b> <b>P NA</b>	<b>⊕⊕⊕⊖ MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 49%) Imprecision: ok
<b>Heart failure event (hospitalization or urgent visit)</b>	<b>Overall</b> <b>HR 0.79 (0.73-0.91)</b> <b>P NA</b>	<b>⊕⊕⊕⊖ MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 49%) Imprecision: ok
<b>Heart failure hospitalization</b>	<b>Overall</b> <b>HR 0.77 (0.67-0.89)</b> <b>P NA</b>	<b>⊕⊕⊕⊖ MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 49%) Imprecision: ok
<b>Worsening kidney function</b> Mean decline in eGFR	<b>Overall</b> <b>MD: 1.4 (95% CI, 1.0-1.8)</b> <b>mL/min/1.73 m<sup>2</sup> per year</b> <b>P&lt;0.001</b>	<b>⊕⊕⊕⊖ MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 49%) Imprecision: ok
<b>Kidney composite end point</b> (≥50% decline in eGFR, end-stage kidney disease or death from kidney causes) (post hoc definition)	<b>Overall</b> <b>HR 1.08 (0.79-1.49)</b>	<b>⊕⊕⊖⊖ LOW</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 49%) Imprecision: -1

## 7.1.2 Empagliflozin vs placebo

### 7.1.2.1 HFrEF

#### 7.1.2.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that CKD status does not modify the effect of empagliflozin in comparison to placebo in patients with heart failure with reduced ejection fraction.**

In this case, the overall effect applies to patients with and without CKD.

*There may be a difference* in the effect of empagliflozin on the eGFR slope (rate of decline) in CKD patients versus non-CKD patients. In CKD patients the slowing of the slope may be less pronounced than in non-CKD patients.

The difference in effect probably did not occur by chance, but the estimated subgroup effect warrants **LOW confidence** because other criteria were not met.

The clinical importance of this effect is likely limited.

The EMPEROR-reduced trial (Packer 2020(23)) compared empagliflozin with placebo for the primary composite outcome of cardiovascular mortality or heart failure hospitalization (HHF) in patients with HFrEF.

Empagliflozin reduced the risk of the primary outcome compared to placebo in the overall population.

The consistency of effects in CKD patients versus non-CKD patients; and in five eGFR-categories (<30, 30–44, 45–59, 60–89, and ≥90 ml/min/1.73 m<sup>2</sup>) was evaluated in subgroup analyses.

The test for subgroup differences indicates that there is **a statistically significant subgroup effect** in one **prespecified** outcome (renal slope).

EMPEROR-reduced Packer 2020(23); with subgroup analysis from Zannad 2021(39)				
Outcome	Interaction p-value of SUBGROUP	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
Composite outcome cardiovascular mortality or HF hospitalization (primary outcome)	CKD vs no CKD	Y	Y	NO
	0.63			
	5 eGFR categories			
	0.12			
First and recurrent HHF	CKD vs no CKD	Y	Y	NO
	0.78			
	5 eGFR categories			
	0.06			

<b>Renal slope (eGFR mean slope change/year)</b>	<b>CKD vs no CKD</b>	<b>Y</b>	<b>Y</b>	<b>Y</b>
	<b>0.045</b>			
	<b>5 eGFR categories</b>			
	<b>0.033</b>			
<b>Composite renal endpoint</b> (the need for chronic dialysis or renal transplant or a $\geq 40\%$ sustained reduction in eGFR or a sustained eGFR $< 15 \text{ ml/min/1.73 m}^2$ (if baseline eGFR was $\geq 30 \text{ ml/min/1.73 m}^2$ ) or $< 10 \text{ ml/min/1.73 m}^2$ (if baseline eGFR was $< 30 \text{ ml/min/1.73 m}^2$ ))	<b>CKD vs no CKD</b>	<b>Y</b>	<b>Y</b>	<b>NO</b>
	<b>0.78</b>			
	<b>5 eGFR categories</b>			
	<b>0.74</b>			

#### 7.1.2.1.2 How credible is the observed subgroup effect?

##### Full assessment of the credibility of the subgroup effect

<b>Ten criteria used to assess credibility of subgroup effect (Sun 2012(11))</b>	
<b>Design</b>	
Was the subgroup variable a baseline characteristic?	Yes
Was the subgroup variable a stratification factor at randomisation?	Yes, Randomization was stratified according to geographical region (North America, Latin America, Europe, Asia, or other), diabetes status at screening, and eGFR at screening ( $< 60$ or $\geq 60 \text{ ml/min/1.73 m}^2$ )
Was the subgroup hypothesis specified a priori?	Yes
Was the subgroup analysis one of a small number of subgroup hypotheses tested ( $\leq 5$ )?	<b>No; 20 subgroups planned for 5 outcomes</b>
<b>Analysis</b>	
Was the test of interaction significant (interaction $P < 0.05$ )?	Yes
Was the significant interaction effect independent, if there were multiple significant interactions?	NA
<b>Context</b>	
Was the direction of subgroup effect correctly prespecified?	<b>No; not prespecified</b>

Was the subgroup effect consistent with evidence from previous related studies?	NA
Was the subgroup effect consistent across related outcomes?	<b>No, composite renal endpoint does not show subgroup interaction effect</b>
Was there any indirect evidence to support the apparent subgroup effect—for example, biological rationale, laboratory tests, animal studies?	Yes, explanation from authors: “these analyses are model-dependent and are based on absolute differences. Given the lower baseline values for eGFR in patients with CKD, the magnitude of benefit on eGFR slope with empagliflozin was proportionally similar in patients with and without CKD”

7.1.2.1.3 How much confidence do we have that the overall results are applicable in this specific population?

EMPEROR-reduced Packer 2020(23)		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
Composite outcome cardiovascular mortality or HF hospitalization (primary outcome)	Overall HR 0.75 (0.65-0.86) p<0.001 SS	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (CKD population 53%) Imprecision: ok
First and recurrent HHF	Overall: HR 0.70 (0.58, 0.85) SS	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (CKD population 53%) Imprecision: ok
Renal slope (eGFR mean slope change/year)	Overall: Difference 1.73 (1.10, 2.37) SS	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (CKD population 53%) Imprecision: ok
Composite renal endpoint	Overall: HR 0.50 (0.32-0.77)	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (CKD population 53%) Imprecision: ok

### 7.1.2.2 HFpEF

#### 7.1.2.2.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that CKD status does not modify the effect of empagliflozin in comparison to placebo in patients with heart failure with preserved ejection fraction.**

In this case, the overall effect applies to patients with and without CKD.

The EMPEROR-preserved trial (Anker 2021a(26)) compared empagliflozin with placebo for the primary composite outcome of cardiovascular mortality or heart failure hospitalization (HHF) in patients with HFpEF.

Empagliflozin reduced the risk of the primary outcome compared to placebo in the overall population.

The consistency of effects in CKD patients versus non-CKD patients was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in prespecified and non-prespecified outcomes.

EMPEROR-preserved (Anker 2021a(26)); with subgroup analyses from Sharma 2023(40); Siddiqi 2023(28)				
Outcome	Interaction p-value of SUBGROUP CKD vs no CKD	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
Composite outcome cardiovascular mortality or HF hospitalization (primary outcome)	0.67	Y	Y	NO
First and recurrent HFF	0.17	Y	NO	NO
Time to first HFF	0.79	Y	NO	NO
Time to CV death	0.17	Y	NO	NO
Time to all-cause mortality	0.51	Y	NO	NO
All-cause hospitalisation	0.67	Y	NO	NO
Slope of change in eGFR ml/min/1.73m <sup>2</sup> per year	0.97		NO	NO
Composite renal end point*	0.86		NO	NO
Acute kidney injury	0.67		NO	NO
Progression to macroalbuminuria	0.77		NO	NO
Kansas City Cardiomyopathy Questionnaire (KCCQ) changes in clinical summary score at 52 weeks	0.51	Y	NO	NO

7.1.2.2.2 How much confidence do we have that the overall results are applicable in this specific population?

EMPEROR-preserved (Anker 2021a(26))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
Composite outcome cardiovascular mortality or HF hospitalization ( <b>primary outcome</b> )	<b>Overall</b> <b>HR 0.79 (0.69-0.90)</b> <b>&lt;0.001</b> <b>SS</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 53.4%) Imprecision: ok
<b>First and recurrent HFF</b>	<b>Overall</b> <b>HR 0.73 (0.61, 0.88)</b> <b>&lt;0.001</b> <b>SS</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 53.4%) Imprecision: ok
<b>Time to first HHF</b>	<b>Overall</b> <b>HR 0.71 (0.60, 0.83)</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 53.4%) Imprecision: ok
<b>Time to CV death</b>	<b>Overall</b> HR 0.91 (0.76, 1.09)	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 53.4%) Imprecision: ok
<b>Time to all-cause mortality</b>	<b>Overall</b> HR 1.00 (0.87, 1.15)	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 53.4%) Imprecision: ok
<b>All-cause hospitalisation</b>	<b>Overall</b> <b>HR 0.92 (0.85, 0.99)</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 53.4%) Imprecision: ok
<b>Slope of change in eGFR ml/min/1.73m<sup>2</sup> per year</b>	<b>Overall</b> <b>Difference 2.4 (1.6-3.2)</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 53.4%)



		Imprecision: ok
<b>Composite renal end point*</b>	<u>Overall</u> HR 0.95 (0.73 to 1.24)	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 53.4%) Imprecision: -1
<b>Acute kidney injury</b>	<u>Overall</u> HR 0.73 (0.56 – 0.95)	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 53.4%) Imprecision: ok
<b>Progression to macroalbuminuria</b>	<u>Overall</u> HR 0.82 (0.68, 0.98)	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 53.4%) Imprecision: ok
<b>Kansas City Cardiomyopathy Questionnaire (KCCQ)</b> changes in clinical summary score at 52 weeks	<u>Overall</u> Difference 1.32 (0.45-2.19)	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 53.4%) Imprecision: ok

## 7.2 MRA

### 7.2.1 Eplerenone vs placebo

#### 7.2.1.1 HFrEF

##### 7.2.1.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that CKD status does not modify the effect of eplerenone in comparison to placebo in patients with heart failure with reduced ejection fraction.**

In this case, the overall effect applies to patients with and without CKD.

The EMPHASIS-HF trial (Zannad 2011(29)) compared eplerenone with placebo for the primary composite outcome of death from cardiovascular causes or a first hospitalization for heart failure in patients with HFrEF.

Eplerenone reduced the risk of the primary outcome compared to placebo in the overall population. The consistency of effects in CKD patients versus non-CKD patients was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in prespecified and non-prespecified outcomes.

EMPHASIS-HF trial (Zannad 2011(29)) with subgroup analysis from Ferreira 2019(41)				
Outcome	Interaction p-value of CKD vs no CKD	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
<b>death from cardiovascular causes or hospitalization for heart failure (primary outcome)</b>	SUBGROUP eGFR $\geq$ vs <60 mL/min/1.73m Interaction p value 0.50	Y	Y	NO
	SUBGROUP eGFR $\geq$ vs <50 mL/min/1.73m Interaction p value 0.89	Y	NO	NO

The J-EMPHASIS trial (Tsutsui 2017(31)) compared eplerenone with placebo for the primary composite outcome of death from cardiovascular causes or hospitalization for heart failure in Japanese patients with HFrEF.

To demonstrate efficacy, the consistency of results with the EMPHASIS-HF study was predefined as a point estimate of the hazard ratio <1 in the primary endpoint. This was demonstrated in the overall population of J-EMPAHSIS.

The consistency of effects in CKD patients versus non-diabetic patients was evaluated in a subgroup analysis. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in the primary outcome.

J-EMPHASIS trial (Tsutsui 2017(31))				
Outcome	Interaction p-value of SUBGROUP CKD vs no CKD	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
<b>death from cardiovascular causes or hospitalization for heart failure (primary outcome)</b>	0.39	Y	Y	NO

7.2.1.1.2 How much confidence do we have that the overall results are applicable in this specific population?

EMPHASIS-HF trial (Zannad 2011(29))

Outcome	Result (95%CI)	Quality of the evidence (GRADE)
death from cardiovascular causes or hospitalization for heart failure (primary outcome)	<b>Overall</b> adjusted HR 0.63 (0.54–0.74) < p<0.001 SS	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 33%) Imprecision: ok

J-EMPHASIS trial (Tsutsui 2017(31))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
death from cardiovascular causes or hospitalization for heart failure (primary outcome)	<b>Overall</b> HR 0.85 (0.53 to 1.36) P 0.50	⊕⊖⊖⊖ <b>VERY LOW</b> Study quality: ok Consistency: NA Directness: -2 (CKD population 60.2%; Japanese population only) Imprecision: -1

## 7.2.2 Spironolactone vs placebo

### 7.2.2.1 HFrEF

#### 7.2.2.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that CKD status does not modify the effect of spironolactone in comparison to placebo in patients with heart failure with reduced ejection fraction.**

In this case, the overall effect applies to patients with and without CKD.

The RALES trial (Pitt 1999 (42)) compared spironolactone with placebo for the primary composite outcome of all-cause mortality in patients with HFrEF.

Spironolactone reduced the risk of the primary outcome compared to placebo in the overall population.

The consistency of effects in CKD patients versus non-CKD patients was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in prespecified and non-prespecified outcomes.

RALES trial (Pitt 1999 (42)) with subgroup analysis from Vardeny 2012(43)			
Outcome	Interaction p-value of CKD vs no CKD	Evaluation of SUBGROUP	
		Baseline characteristic	Prespecified Test of interaction p<0.05

<b>All-cause mortality (primary outcome)</b>	Interaction p value: not reported  Described narratively as being consistent with overall results	Y	Y	NO
<b>Death or HF hospital stay</b>	Interaction p value: not reported  Described narratively as being consistent with overall results	Y	NO	NO

7.2.2.1.2 How much confidence do we have that the overall results are applicable in this specific population?

RALES trial (Pitt 1999 (42))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
<b>All-cause mortality (primary outcome)</b>	<b>Overall</b> RR 0.70 (95% CI 0.60 to 0.82) P <0.001 SS	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 47.8%) Imprecision: ok
<b>Death or HF hospital stay</b>	<b>Overall</b> RR 0.68 (95% CI 0.59 to 0.78) P <0.001 SS	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 47.8%) Imprecision: ok

### 7.2.2.2 HFpEF

7.2.2.2.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that CKD status does not modify the effect of spironolactone in comparison to placebo in patients with heart failure with preserved ejection fraction.**

In this case, the overall effect applies to patients with and without CKD.

The TOPCAT trial (Pitt 2014(33)) compared spironolactone with placebo for the primary composite outcome of death from cardiovascular causes, aborted cardiac arrest, or hospitalization for the management of heart failure in patients with HFpEF.

There was no difference in risk of the primary outcome with spironolactone compared to placebo in the overall population.

The consistency of effects in CKD patients versus non-CKD patients was evaluated in subgroup analysis. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in the primary outcome.

TOPCAT trial (Pitt 2014(33))				
Outcome	Interaction p-value of SUBGROUP CKD vs no CKD	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
composite of death from cardiovascular causes, aborted cardiac arrest, or hospitalization for the management of heart failure <b>(primary outcome)</b>	0.34	Y	Y	NO

Post hoc analyses identified important regional differences (patient characteristics, outcomes etc.) between patients randomized from the Americas cohort and from Russia/Georgia.

TOPCAT Americas (Pfeffer 2014(44)) was a post hoc analysis of the TOPCAT trial using only data from the Americas (United States, Canada, Brazil, and Argentina); excluding the participants from Russia/Georgia.

In this analysis, spironolactone reduced the risk of the primary outcome with spironolactone compared to placebo.

The consistency of effects in 3 eGFR-categories (eGFR ≥60; 45 to <60 mL; and <45 mL/min/1.73 m<sup>2</sup>), was evaluated in a subgroup analysis. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in the primary outcome.

TOPCAT Americas (Pfeffer 2014(44)); with subgroup analysis from Beldhuis 2019(45)				
Outcome	Interaction p-value of eGFR ≥60; 45 to <60 mL; and <45 mL/min/1.73 m <sup>2</sup>	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
composite of death from cardiovascular causes, aborted cardiac arrest, or hospitalization for the management of heart failure	0.13	Y	NO	NO

(primary outcome)				
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7.2.2.2.2 How much confidence do we have that the overall results are applicable in this specific population?

TOPCAT trial (Pitt 2014(33))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
composite of death from cardiovascular causes, aborted cardiac arrest, or hospitalization for the management of heart failure  (primary outcome)	Overall HR 0.89 (0.77-1.04) NS	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -2 (CKD population 9.3%) Imprecision: ok

TOPCAT Americas (Pfeffer 2014(44));		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
composite of death from cardiovascular causes, aborted cardiac arrest, or hospitalization for the management of heart failure  (primary outcome)	Overall HR 0.82(0.69–0.98) p 0.026	⊕⊖⊖⊖ <b>VERY LOW</b> Study quality: -2 (subgroup analysis) Consistency: NA Directness: -1 (CKD population 53%) Imprecision: ok

## 7.3 Angiotensin Receptor-Nepriylsin Inhibitor (ARNI)

### 7.3.1 Sacubitril/valsartan vs enalapril

#### 7.3.1.1 HFrEF

7.3.1.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that CKD status does not modify the effect of sacubitril/valsartan in comparison to enalapril in patients with heart failure with reduced ejection fraction.**

In this case, the overall effect applies to patients with and without CKD.

The PARADIGM-HF trial (McMurray 2014(14)) compared sacubitril/valsartan with enalapril for the primary composite outcome of time to CV death or first hospitalization for heart failure in patients with HFrEF.

**Sacubitril/valsartan** reduced the risk of the primary outcome compared to enalapril in the overall population.

The consistency of effects in CKD patients versus non-CKD patients and in for eGFR-categories (<45, 45–60, 61–90, and > 90 ml/min/1.73 m<sup>2</sup>) was evaluated in subgroup analyses. was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect in prespecified analysis** of primary outcome **and in non-prespecified analysis**.

PARADIGM-HF trial (McMurray 2014(14))				
Outcome	Interaction p-value of SUBGROUP CKD vs no CKD	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
<b>Composite of cardiovascular death or first hospital admission for heart failure (primary outcome)</b>	<u>CKD vs no CKD</u> 0.63	Y	Y	NO
<b>Cardiovascular death (component outcome)</b>	<u>CKD vs no CKD</u> 0.73	Y	Y	NO

PARADIGM-HF trial (McMurray 2014(14)) with subgroup analysis from Damman 2018(46)				
Outcome	Interaction p-value of SUBGROUP CKD vs no CKD	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
<b>Composite of cardiovascular death or first hospital admission for heart failure (primary outcome)</b>	<u>CKD vs no CKD</u> 0.70 <u>4 eGFR categories</u> 0.96	Y	NO (categories)	NO
<b>Cardiovascular death (component outcome)</b>	<u>CKD vs no CKD</u> 0.39 <u>4 eGFR categories</u> 0.75	Y	NO (categories)	NO

<b>First HF hospitalization (component outcome)</b>	<u>CKD vs no CKD</u> 0.83 <u>4 eGFR categories</u> 0.55	Y	NO (categories)	NO
<b>All-cause mortality (Secondary outcome)</b>	<u>CKD vs no CKD</u> 0.27 <u>4 eGFR categories</u> 0.90	Y	NO	NO
<b>Composite renal outcome</b> (first occurrence of any of: 1) a 50% decline in eGFR relative to baseline; 2) >30 ml/min/1.73 m <sup>2</sup> decline in eGFR relative to baseline to <60 ml/min/1.73 m <sup>2</sup> ; or 3) reaching end-stage renal disease) <b>(secondary outcome)</b>	<u>CKD vs no CKD</u> 0.19 <u>4 eGFR categories</u> 0.37	Y	NO	NO
<b>Decline in eGFR ml/min/1.73 m<sup>2</sup>/year (exploratory outcome)</b>	<u>CKD vs no CKD</u> 0.54	Y	NO	NO
<b>Post hoc composite renal outcome</b> (either a 50% decrease in the eGFR from baseline or reaching end-stage renal disease)	<u>CKD vs no CKD</u> 0.97	Y	NO	NO
<b>Safety</b>				
serum creatinine ≥ 2.5mg/dl during follow-up	<u>CKD vs no CKD</u> NS	Y	NO	NO
Patients stopping drug for reason other than mortality	<u>CKD vs no CKD</u> 0.18	Y	NO	NO



Patient stopping drug because of renal adverse effect	<u>CKD vs no CKD</u> 0.52	Y	NO	NO
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7.3.1.1.2 How much confidence do we have that the overall results are applicable in this specific population?

PARADIGM-HF trial (McMurray 2014(14))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
<b>Composite of cardiovascular death or first hospital admission for heart failure (primary outcome)</b>	<u>Overall</u> <b>HR: 0.80 (0.73–0.87)</b> <b>P &lt; 0.001</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 32%) Imprecision: ok
<b>Cardiovascular death</b>	<u>Overall</u> <b>HR: 0.80 (0.71–0.89)</b> <b>P &lt; 0.001</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 32%) Imprecision: ok Imprecision: ok
<b>First HF hospitalization</b>	<u>Overall</u> <b>HR: 0.79 (0.71 to 0.89)</b> <b>P &lt; 0.001</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 32%) Imprecision: ok
<b>All-cause mortality (Secondary outcome)</b>	<u>Overall</u> <b>HR: 0.84 (0.76 to 0.93)</b> <b>P &lt; 0.001</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 32%) Imprecision: ok
<b>Composite renal outcome</b> (first occurrence of any of: 1) a 50% decline in eGFR relative to baseline; 2) >30 ml/min/1.73 m <sup>2</sup> decline in eGFR relative to baseline to <60 ml/min/1.73 m <sup>2</sup> ; or 3) reaching end-stage renal disease)	<u>Overall</u> HR: 0.86 (0.65 to 1.13) NS	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 32%) Imprecision: -1 (CI)

(secondary outcome)		
eGFR decline (mL/min per 1.73m <sup>2</sup> per year) (expl. outcome)	Overall MD: 0.44 (0.21 to 0.67) p < 0.001	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (CKD population 32%) Imprecision: ok
Post hoc composite renal outcome (either a 50% decrease in the eGFR from baseline or reaching end-stage renal disease)	Overall HR: 0.63 (0.42–0.95) P = 0.028	⊕⊕⊖⊖ LOW Study quality: ok Consistency: NA Directness: -1 (CKD population 32%) Imprecision: -1 (n events and CI)
serum creatinine ≥ 2.5mg/dl during follow-up	Overall OR: 0.73 (0.59–0.92) P = 0.007	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (CKD population 32%) Imprecision: ok
Patients stopping drug for reason other than mortality	Overall HR: (0.80–0.98) P = 0.018	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (CKD population 32%) Imprecision: ok
Patient stopping drug because of renal adverse effect	Overall HR: 0.49 (0.31–0.76) P = 0.0022	⊕⊕⊖⊖ LOW Study quality: ok Consistency: NA Directness: -1 (CKD population 32%) Imprecision: -1 (n events and CI)

### 7.3.2 Sacubitril/valsartan vs valsartan

#### 7.3.2.1 HFpEF

##### 7.3.2.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that CKD status does not modify the effect of sacubitril/valsartan in comparison to valsartan in patients with heart failure with preserved ejection fraction.**

In this case, the overall effect applies to patients with and without CKD.

The PARAGON-HF trial (Solomon 2019(15)) compared sacubitril/valsartan with valsartan for the primary composite outcome of time to CV death or total (first and recurrent) hospitalization for heart failure in patients with HFpEF.

The primary composite outcome **did not differ significantly** between **sacubitril/valsartan** and valsartan in the overall population. Because this difference did not meet the predetermined level of statistical significance, **subsequent analyses are to be considered exploratory.**

The consistency of effects in CKD patients versus non-CKD patients was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect in prespecified analysis of primary outcome and in non-prespecified analysis.**

PARAGON-HF trial (Solomon 2019(15))				
Outcome	Interaction p-value of SUBGROUP CKD vs no CKD	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
<b>Composite of total hospitalizations for heart failure and death from cardiovascular causes. (primary outcome)</b>	NS	Y	Y	NO

PARAGON-HF trial (Solomon 2019(15))with subgroup analysis from Mc Causland 2020(47)				
Outcome	Interaction p-value of SUBGROUP CKD vs no CKD	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
<b>Composite renal outcome</b> (defined as either: (1) > 50% decline in eGFR relative to baseline; (2) development of end-stage renal disease; or (3) death attributable to renal causes) <b>(Primary outcome)</b>	<b>0.92</b>	Y	Y	NO
<b>&gt;50% decline in eGFR</b>	NS	Y	NO	NO
<b>End-stage renal disease</b>	NS	Y	NO	NO
<b>Safety</b>				
Adverse events requiring study drug discontinuation, serious adverse events, and permanent discontinuation attributable to renal impairment were more common among those with baseline eGFR <60 mL·min <sup>-1</sup> ·1.73 m <sup>-2</sup> (versus eGFR > 60 mL·min <sup>-1</sup> ·1.73 m <sup>-2</sup> ).		Y	NO	N.R.

7.3.2.1.2 How much confidence do we have that the overall results are applicable in this specific population?

PARAGON-HF trial (Solomon 2019(15))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
<b>Composite of total hospitalizations for heart failure and death from cardiovascular causes. (primary outcome)</b>	Overall RR: 0.87 (0.75-1.01) NS	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 47%) Imprecision: ok
<b>Composite renal outcome</b> (defined as either: (1) > 50% decline in eGFR relative to baseline; (2) development of end-stage renal disease; or (3) death attributable to renal causes) <b>(Primary outcome)</b>	Overall <b>HR: 0.50 (0.33 to 0.77)</b> <b>P = 0.001</b>	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 47%) Imprecision: -1 (n events, CI)
<b>&gt;50% decline in eGFR</b>	Overall <b>HR: 0.44 (0.28 to 0.69)</b> <b>SS</b>	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 47%) Imprecision: -1 (n events, CI)
<b>End-stage renal disease</b>	Overall HR: 0.58 (0.23 to 1.47) NS	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -1 (CKD population 47%) Imprecision: -1 (n events, CI)

## 8 Heart failure and obesity - Summary and conclusions from the literature review

### 8.1 SGLT2-inhibitors vs placebo

#### 8.1.1 Dapagliflozin vs placebo

### 8.1.1.1 HFrEF

#### 8.1.1.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that BMI does not modify the effect of dapagliflozin in comparison to placebo in patients with heart failure with reduced ejection fraction.**

In this case, the overall effect applies to patients in all BMI categories.

The DAPA-HF trial (McMurray 2019(18)) compared dapagliflozin with placebo for the primary composite outcome of worsening heart failure or death from cardiovascular causes in patients with HFrEF.

Dapagliflozin reduced the risk of the primary outcome compared to placebo. McMurray 2019 performed a prespecified subgroup analysis for BMI<30 vs BMI≥30 kg/m<sup>2</sup>. However, no interaction test was performed, therefore heterogeneity of efficacy between BMI<30 and BMI ≥30 cannot be evaluated.

Adamson 2021 evaluated the relation between baseline BMI and outcomes in patients enrolled in the DAPA-HF trial. In the analysis plan of the DAPA-HF trial, BMI was categorized into BMI <30 and BMI ≥30 for subgroup analysis. However, Adamson 2021 performed the analysis with a more detailed categorization of BMI (underweight, normal weight, overweight, obesity class I, obesity class II and obesity class III) that was not prespecified in the analysis plan.

In the analysis plan of the DAPA-HF trial, subgroup analyses were planned for the following efficacy outcomes: the primary endpoint, CV death component of the primary composite endpoint and the secondary composite endpoint of CV death or HF hospitalization. Adamson 2021, however, performed subgroup analyses for additional outcomes not mentioned in the analysis plan. The p-values for the subgroup analyses and interaction were not adjusted for multiple comparisons.

#### Primary outcome and subgroup analysis by BMI category

Dapagliflozin reduced the combined risk of cardiovascular death or worsening heart failure compared to placebo in patients with HFrEF in the DAPA-HF trial. **The interaction test suggests that BMI does not modify the effect of dapagliflozin in comparison to placebo on the primary outcome cardiovascular death or worsening heart failure.**

#### Secondary outcomes and subgroup analysis by BMI category

Dapagliflozin reduced the risk of total hospitalizations for HF and CV death (recurrent events) compared to placebo in patients with HFrEF in the DAPA-HF trial. **The interaction test suggests that BMI does not modify the effect of dapagliflozin in comparison to placebo for the composite outcome total hospitalizations for HF and CV death (recurrent events).**

Dapagliflozin improved the symptom scores (change in KCCQ total symptom score) after 8 months more than placebo in patients with HFrEF in the DAPA-HF trial. **The interaction test suggests that BMI does not modify the effect of dapagliflozin in comparison to placebo on the outcome “change in KCCQ-TSS at 8 months”.**

There was a lower risk for the outcomes CV death, all-cause death, and HF hospitalization/urgent HF visit in the dapagliflozin group compared to the placebo group. **The interaction tests suggest that BMI does not modify the effect of dapagliflozin in comparison to placebo on these 3 outcomes.**

### Safety

Adamson 2021 evaluated the relation between baseline BMI and several safety outcomes in patients enrolled in the DAPA-HF trial. None of the interaction tests were statistically significant ( $p < 0.05$ ) which suggests that BMI does not modify the risk of the studied adverse events.

DAPA-HF trial (McMurray 2019(18))with subgroup analysis from McMurray 2019(18) ; Adamson 2021(48):				
Outcome	Interaction p-value of SUBGROUP BMI>30 vs BMI<30  AND SUBGROUP 4 BMI categories: BMI <25.0 kg/m <sup>2</sup> ; BMI 25.0–29.9 kg/m <sup>2</sup> ; BMI 30.0–34.9 kg/m <sup>2</sup> ; BMI 35.0 -≥40 kg/m <sup>2</sup>	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
<b>composite outcome of worsening heart failure</b> (hospitalization or an urgent visit resulting in intravenous therapy for heart failure) <b>or death from cardiovascular causes (primary outcome)</b>	BMI>30 vs BMI<30 P interaction not done  SUBGROUP 4 BMI 0.79	Y	NO	NO
<b>Total hospitalizations for HF and CV death (recurrent events)</b>	0.63	Y	NO	NO
Adjusted for history of HF hospitalization (apart from all-cause death) and stratified by diabetes status.				

<b>Change in KCCQ-TSS at 8 months (mean±SD)</b>	0.40	Y	NO	NO
CV death	0.58	Y	NO	NO
All-cause death	0.77	Y	NO	NO
HF Hospitalization/ urgent HF visit	0.67	Y	NO	NO
<b>SAFETY</b>				
<ul style="list-style-type: none"> <li>• Discontinuation due to adverse event</li> <li>• Volume depletion</li> <li>• Renal adverse event</li> <li>• Bone fracture</li> <li>• Amputation</li> <li>• Major hypoglycaemia</li> </ul>	No significant p value for interaction	Y	NO	NO

8.1.1.1.2 How much confidence do we have that the overall results are applicable in this specific population?

<b>DAPA-HF trial (McMurray 2019(18))</b>		
<b>Outcome</b>	<b>Result (95%CI)</b>	<b>Quality of the evidence (GRADE)</b>
<b>Composite outcome of worsening heart failure or death from cardiovascular causes (primary outcome)</b>	<b>Overall</b> 386/2373 vs 502/2371 <b>HR 0.74 (0.65-0.85)</b> <b>p&lt;0.001</b> SS	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 35%; BMI>35: 14%) Imprecision: ok
<b>Total hospitalizations for HF and CV death (recurrent events)</b>	<b>Overall</b> 567/2373 vs 742/2371 <b>Rate ratio 0.75 (0.65-0.88)</b> <b>p&lt;0.001</b> SS	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 35%; BMI>35: 14%) Imprecision: ok

<b>Change in KCCQ-TSS at 8 months</b>	<b>Overall</b> Difference 6.1±18.6 vs 3.3±19.2 Difference 1.18 (1.11-1.26) p<0.001 SS	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 35%; BMI>35: 14%) Imprecision: ok
<b>CV death</b>	<b>Overall</b> 227/2373 vs 273/2371 HR 0.82 (0.69-0.98)	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 35%; BMI>35: 14%) Imprecision: ok
<b>All-cause death</b>	<b>Overall</b> 276/2373 vs 329/2371 HR 0.83 (0.71-0.97)	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 35%; BMI>35: 14%) Imprecision: ok
<b>HF Hospitalization/ urgent HF visit</b>	<b>Overall</b> 237/2373 vs 326/2371 HR 0.70 (0.59-0.83)	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 35%; BMI>35: 14%) Imprecision: ok

### 8.1.1.2 HFpEF

#### 8.1.1.2.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that BMI does not modify the effect of dapagliflozin in comparison to placebo in patients with heart failure with preserved ejection fraction.**

In this case, the overall effect applies to patients in all BMI categories.

The DELIVER trial (Solomon 2022(21)) compared dapagliflozin with placebo for the primary composite outcome of worsening heart failure or death from cardiovascular causes in patients with mildly Reduced or Preserved Ejection Fraction.

Dapagliflozin reduced the risk of the primary outcome compared to placebo. Solomon 2022 performed a prespecified subgroup analysis for BMI<30 vs BMI≥30 kg/m<sup>2</sup>. However, no interaction test was performed, therefore heterogeneity of efficacy between BMI<30 and BMI ≥30 cannot be evaluated.



Adamson 2022 evaluated the relation between baseline BMI and outcomes in patients enrolled in the DELIVER trial. In the analysis plan of the DELIVER trial, BMI was categorized into BMI <30 and BMI for subgroup analysis. However, Adamson 2022 performed the analysis with a more detailed categorization of BMI “to provide more granularity” about the effect of dapagliflozin according to BMI.

In the analysis plan of the DELIVER trial, subgroup analyses were planned for the following efficacy outcomes: the primary endpoint, CV death and the HF event (hospitalization for HF and urgent HF visit) component of the primary composite endpoint. Adamson 2022, however, performed subgroup analyses for additional outcomes not mentioned in the analysis plan. The p-values for the subgroup analyses and interaction were not adjusted for multiple comparisons.

#### Primary outcome and subgroup analysis by BMI category

Dapagliflozin reduced the combined risk of cardiovascular death or worsening heart failure compared to placebo in patients with HFpEF in the DELIVER trial. **The interaction test suggests that BMI does not modify the effect of dapagliflozin in comparison to placebo on the primary outcome cardiovascular death or worsening heart failure.**

#### Secondary outcomes and subgroup analysis by BMI category

Dapagliflozin reduced the combined risk of worsening heart failure events (hospitalization for heart failure or an urgent visit) or cardiovascular death compared to placebo in patients with HFpEF in the DELIVER trial. **The interaction test suggests that BMI does not modify the effect of dapagliflozin in comparison to placebo on the composite outcome worsening heart failure events or cardiovascular death.**

Dapagliflozin decreased the symptom burden (change in KCCQ total symptom score) after 8 months more than placebo in patients with HFpEF in the DELIVER trial. **The interaction test suggests that BMI modifies the effect of dapagliflozin in comparison to placebo on the outcome “change in KCCQ-TSS at 8 months”.** The improvement in KCCQ-TSS was greatest in patients with the highest BMI. However, this subgroup analysis was not prespecified. **As prespecification of a subgroup analysis is a critical attribute to be considered plausible, further research is necessary before considering taking clinical action on the basis of this result.**

There was a lower risk for the outcome worsening heart failure and no difference in risk for the outcomes CV death and all-cause death in the dapagliflozin group compared to the placebo group. **The interaction tests suggest that BMI does not modify the effect of dapagliflozin in comparison to placebo on these 3 outcomes.**

#### Safety

Adamson 2022 evaluated the relation between baseline BMI and several safety outcomes in patients enrolled in the DELIVER trial. None of the interaction tests were statistically significant ( $p < 0.05$ ) which suggests that BMI does not modify the risk of the studied adverse events.

DELIVER trial (Solomon 2022(21)) subgroup analysis from M Solomon 2022(21); Adamson 2022(49):				
Outcome	Interaction p-value of SUBGROUP BMI>30 vs BMI<30  AND SUBGROUP 5 BMI categories: BMI 18.5–24.9 kg/m <sup>2</sup> ; BMI 25.0–29.9 kg/m <sup>2</sup> ; BMI 30.0–34.9 kg/m <sup>2</sup> ; BMI 35.0–39.9 kg/m <sup>2</sup> ; BMI ≥40 kg/m <sup>2</sup>	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
<b>composite outcome of worsening heart failure</b> (hospitalization or an urgent visit) <b>or death from cardiovascular causes (primary outcome)</b>	BMI>30 vs BMI<30 P interaction not done  SUBGROUP 5 BMI 0.82	Y	NO	NO
<b>Worsening heart failure (hospitalization for heart failure or an urgent visit) events and cardiovascular deaths</b>	0.44	Y	NO	NO
<b>Change in KCCQ-TSS at 8 months</b>  Placebo-corrected change at 8 months (Mixed-effect models for repeated measurements adjusted for baseline value, visit (Months 1, 4, and 8), randomized treatment, and interaction of treatment and visit.)	0.03	Y	NO	Y
<b>Worsening heart failure event</b>	0.66	Y	NO	NO
<b>Cardiovascular death</b>	0.89	Y	NO	NO

All-cause death	0.82	Y	NO	NO
<b>SAFETY</b>				
<ul style="list-style-type: none"> <li>• AE leading to discontinuation of randomized treatment</li> <li>• Amputation</li> <li>• Definite or probable DKA</li> <li>• Major hypoglycaemic event</li> <li>• Volume depletion SAE/DAE</li> <li>• Renal SAE/DAE</li> </ul>	No significant p value for interaction	Y	NO	NO

8.1.1.2.2 How much confidence do we have that the overall results are applicable in this specific population?

<b>DELIVER trial (Solomon 2022(21))</b>		
<b>Outcome</b>	<b>Result (95%CI)</b>	<b>Quality of the evidence (GRADE)</b>
<b>composite outcome of worsening heart failure</b> (hospitalization or an urgent visit) <b>or death from cardiovascular causes (primary outcome)</b>	<b>Overall</b> 512/3131 vs 610/3132 <b>HR 0.82 (0.73-0.92)</b> <b>p&lt;0.001</b> SS	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 45%; BMI>35: 20%) Imprecision: ok
<b>Worsening heart failure (hospitalization for heart failure or an urgent visit) events and cardiovascular deaths</b>	<b>Overall</b> 815/3131 vs 1057/3132 <b>Rate ratio 0.77 (0.67-0.89)</b> <b>p&lt;0.001</b> SS	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 45%; BMI>35: 20%) Imprecision: ok
<b>Change in KCCQ-TSS at 8 months</b>  Placebo-corrected change at 8 months (Mixed-effect models for repeated measurements adjusted for baseline value,	<b>Difference 2.4 points (1.5-3.4)</b> <b>SS</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 45%; BMI>35: 20%) Imprecision: ok

visit (Months 1, 4, and 8), randomized treatment, and interaction of treatment and visit.)		
Worsening heart failure event	<b>Overall</b> 368/3131 vs 455/3132 HR 0.79 (0.69–0.91)	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 45%; BMI>35: 20%) Imprecision: ok
Cardiovascular death	<b>Overall</b> 231/3131 vs 261/3132 HR 0.88 (0.74–1.05)	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 45%; BMI>35: 20%) Imprecision: ok
All-cause death	<b>Overall</b> 497/3131 vs 526/3132 HR 0.94 (0.83–1.07)	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 45%; BMI>35: 20%) Imprecision: ok

## 8.1.2 Empagliflozin vs placebo

### 8.1.2.1 HFrEF

#### 8.1.2.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that BMI does not modify the effect of empagliflozin in comparison to placebo in patients with heart failure with reduced ejection fraction.**

In this case, the overall effect applies to patients in all BMI categories.

The [EMPEROR-R trial](#) (Packer 2020) (23) compared empagliflozin with placebo for the primary composite outcome of cardiovascular mortality or HF hospitalization in patients with HFrEF.

Empagliflozin reduced the risk of the primary outcome compared to placebo. Packer 2022 performed a prespecified subgroup analysis for BMI<30 vs BMI≥30 kg/m<sup>2</sup>. However, no interaction test was performed, therefore heterogeneity of efficacy between BMI<30 and BMI ≥30 cannot be evaluated.

Anker 2023 evaluated the relation between baseline BMI and outcomes in patients enrolled in the EMPEROR-R trial. In the analysis plan of the EMPEROR-R trial, BMI was categorized into BMI <30 and

BMI for subgroup analysis. However, Anker 2023 performed the analysis with a more detailed categorization of BMI that was not prespecified in the analysis plan.

In the analysis plan of the EMPEROR-R trial, subgroup analyses were planned for the following efficacy outcomes: the primary endpoint, time to cardiovascular death, time to first HHF, HHF (first and recurrent), and renal slope. Anker 2023, however, performed subgroup analyses for additional outcomes not mentioned in the analysis plan: all-cause mortality, composite renal endpoint, and changes in KCCQ clinical summary score at week 52. The p-values for the subgroup analyses and interaction were not adjusted for multiple comparisons.

#### Primary outcome and subgroup analysis by BMI category

Empagliflozin reduced the combined risk of cardiovascular death or hospitalization for heart failure compared to placebo in patients with HFrEF in the EMPEROR-R trial. **The interaction test suggests that BMI does not modify the effect of empagliflozin in comparison to placebo on the primary outcome cardiovascular death or worsening heart failure.**

#### Secondary outcomes and subgroup analysis by BMI category

Empagliflozin reduced the risk of hospitalization for heart failure compared to placebo in patients with HFrEF in the EMPEROR-R trial. **The interaction test suggests that BMI does not modify the effect of empagliflozin in comparison to placebo on the outcome total HHF.**

Empagliflozin reduced the rate of the decline in the estimated GFR over the duration of the double-blind treatment period (“renal slope”) compared to placebo in patients with HFrEF in the EMPEROR-R trial. **The interaction test suggests that BMI does not modify the effect of empagliflozin in comparison to placebo on the outcome “renal slope”.**

In the EMPEROR-R trial, there was a lower risk for the outcome first hospitalization for heart failure (HHF) in the empagliflozin group compared to the placebo group. **The interaction test suggests that BMI modifies the effect of empagliflozin in comparison to placebo on the outcome “first HHF”. However, this subgroup analysis was not prespecified. As prespecification of a subgroup analysis is a critical attribute to be considered plausible, further research is necessary before considering taking clinical action on the basis of this result.**

There was a lower risk for a composite renal endpoint and an improved health status at week 52 in the empagliflozin group compared to the placebo group; and no difference in risk for the outcomes CV death and all-cause death. **The interaction tests suggest that BMI does not modify the effect of empagliflozin in comparison to placebo on these 4 outcomes.**

#### Safety

Anker 2023 described adverse events across BMI categories and treatment arms. No formal statistical tests were performed.

EMPEROR-R trial (Packer 2020) (23)) with subgroup analysis from Anker 2023(50):				
Outcome	Interaction p-value of SUBGROUP BMI>30 vs BMI<30  AND SUBGROUP 5 BMI categories: BMI <20 kg/m <sup>2</sup> BMI 20 to <25 kg/m <sup>2</sup> BMI 25 to <30 kg/m <sup>2</sup> BMI 30 to <35 kg/m <sup>2</sup> BMI ≥35 kg/m <sup>2</sup>	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
<b>Composite outcome cardiovascular mortality or HF hospitalization (primary outcome)</b>	BMI>30 vs BMI<30 P interaction not done  SUBGROUP 5 BMI 0.32	Y	NO	NO
<b>Total HHF</b>	0.31	Y	NO	NO
<b>Renal slope (eGFR mean slope change/year)</b>	0.67	Y	NO	NO
First HHF	0.04	Y	NO	Y
CV death	0.86	Y	NO	NO
All-cause mortality	0.99	Y	NO	Y
Composite renal endpoint (the need for chronic dialysis or renal transplant or a ≥40% sustained reduction in eGFR or a sustained eGFR <15ml/min/1.73 m <sup>2</sup> (if baseline eGFR was ≥30 ml/min/1.73 m <sup>2</sup> ) or <10 ml/min/1.73 m <sup>2</sup> (if baseline eGFR was <30 ml/min/1.73 m <sup>2</sup> ))	0.76	Y	NO	Y

Changes in KCCQ clinical summary score at week 52	0.99	Y	NO	Y
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8.1.2.1.2 How much confidence do we have that the overall results are applicable in this specific population?

EMPEROR-R trial (Packer 2020(23))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
Composite outcome cardiovascular mortality or HF hospitalization (primary outcome)	Overall 361/1863 vs 462/1867 HR 0.75 (0.65-0.86) p<0.001 SS	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 40%; BMI>35: 11%) Imprecision: ok
Total HHF	Overall HR 0.70 (0.58, 0.85) p<0.001 SS	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 40%; BMI>35: 11%) Imprecision: ok
Renal slope (eGFR mean slope change/year)	Overall Difference 1.73 (1.10, 2.37) p<0.001 SS	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 40%; BMI>35: 11%) Imprecision: ok
First HHF	Overall 246/1863 vs 342/1867 HR 0.69 (0.59, 0.81)	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 40%; BMI>35: 11%) Imprecision: ok
CV death	Overall HR 0.92 (0.75, 1.12)	⊕⊕⊖⊖ LOW Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 40%; BMI>35: 11%) Imprecision: -1
All-cause mortality	Overall HR 0.92 (0.77, 1.10)	⊕⊕⊖⊖ LOW Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 40%; BMI>35: 11%) Imprecision: -1
Composite renal endpoint (the need for chronic dialysis or renal transplant or	Overall HR 0.50 (0.32-0.77)	⊕⊕⊕⊖ MODERATE Study quality: ok

a ≥40% sustained reduction in eGFR or a sustained eGFR <15ml/min/1.73 m2 (if baseline eGFR was ≥30 ml/min/1.73 m2) or <10 ml/min/1.73 m2 (if baseline eGFR was <30 ml/min/1.73 m2)		Consistency: NA Directness: -1 (BMI>30 population 40%; BMI>35: 11%) Imprecision: ok
Changes in KCCQ clinical summary score at week 52	<b>Overall</b> <b>Difference 1.61 (0.39, 2.84)</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 40%; BMI>35: 11%) Imprecision: ok

### 8.1.2.2 HFpEF

#### 8.1.2.2.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that BMI does not modify the effect of empagliflozin in comparison to placebo in patients with heart failure with preserved ejection fraction.**

In this case, the overall effect applies to patients in all BMI categories.

Anker 2021a(26) is the main publication of the [EMPEROR-P trial](#) that compared empagliflozin with placebo for the primary composite outcome of cardiovascular mortality or HF hospitalization in patients with HFpEF.

Empagliflozin reduced the risk of the primary outcome compared to placebo. Anker 2021 performed a prespecified subgroup analysis for BMI<30 vs BMI≥30 kg/m. However, no interaction test was performed, therefore heterogeneity of efficacy between BMI<30 and BMI ≥30 cannot be evaluated.

Siddiqi 2023(28) evaluated health status across major subgroups of patients enrolled in the EMPEROR-P trial. Health status was assessed with the Kansas City Cardiomyopathy Questionnaire (KCCQ). Change in KCCQ clinical summary score at 52 weeks was a key secondary endpoint in the EMPEROR-P trial.

In the analysis plan of the EMPEROR-P trial, BMI was categorized into BMI <30 and BMI for subgroup analysis. However, Siddiqi 2023 performed the analysis with a more detailed categorization of BMI that was not prespecified in the analysis plan. Subgroup analysis for the outcome “changes in KCCQ” was not prespecified in the analysis plan. No adjustments were made for multiple comparisons.

In the EMPEROR-P trial, there was a higher improvement in health status at week 52 in the empagliflozin-group compared to placebo-group in patients with HFpEF. **The interaction test suggests that BMI does not modify the effect of empagliflozin in comparison to placebo on the outcome “KCCQ CSS at week 52”.**



Siddiqi 2023 repeated their analysis for other components of the KCCQ at week 52: changes of KCCQ total symptom score and KCCQ overall summary score. The p-values of the interaction test were respectively 0.080 and 0.078. These outcomes were not secondary outcomes in the EMPEROR-P trial and these subgroup analyses were also not prespecified in the analysis plan. Results for all patients (regardless of BMI-category) were not reported by the authors.

EMPEROR-P trial (Anker 2021a(26))with subgroup analysis from Siddiqi 2023(28):				
Outcome	Interaction p-value of SUBGROUP BMI>30 vs BMI<30 AND SUBGROUP 4 BMI categories: BMI < 25 kg/m <sup>2</sup> BMI 25 - <30 kg/m <sup>2</sup> BMI 30 - <35 kg/m <sup>2</sup> BMI ≥35 kg/m <sup>2</sup>	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
Composite outcome cardiovascular mortality or HF hospitalization	Interaction test: not done	Y	Y	N
Change in KCCQ clinical summary score at week 52	Interaction test: p=0.153	Y	N	N

8.1.2.2.2 How much confidence do we have that the overall results are applicable in this specific population?

EMPEROR-P trial (Anker 2021a(26))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
Composite outcome cardiovascular mortality or HF hospitalization	Overall 415/2997 vs 511/2991 HR 0.79 (0.69-0.90) p<0.001 SS	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 45%) Imprecision: ok
Change in KCCQ clinical summary score at week 52	Overall 4.51±0.31 vs 3.18±0.31 Difference 1.32 (0.45-2.19)	⊕⊕⊕⊖ MODERATE Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 45%) Imprecision: ok

## 8.2 Mineralocorticoid receptor antagonists versus placebo

### 8.2.1 Eplerenone vs placebo

#### 8.2.1.1 HFrEF

##### 8.2.1.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that BMI does not modify the effect of eplerenone in comparison to placebo in patients with heart failure with reduced ejection fraction.**

In this case, the overall effect applies to patients in all BMI categories.

The EMPHASIS-HF trial (Zannad 2011(29)) compared eplerenone with placebo for the primary composite outcome of cardiovascular mortality or a first HF hospitalization in patients with HFrEF.

Olivier 2017(51) evaluated the interaction between increased adiposity estimated by the waist circumference (WC) and BMI, and the clinical benefit from the eplerenone in patients enrolled in the EMPHASIS-HF trial. Subgroup analyses according to WC or BMI were not prespecified in the protocol of the trial.

#### Primary outcome and subgroup analysis by BMI and WC

Eplerenone reduced the combined risk of cardiovascular death or hospitalization for heart failure (HHF) compared to placebo in patients with HFrEF in the EMPHASIS-HF trial. **The interaction test suggests that WC modifies the effect of eplerenone in comparison to placebo on the primary outcome cardiovascular death or HHF.** The effect might be more pronounced in patients with a high WC ( $\geq 102$  cm and  $\geq 88$  cm for men and women, respectively). **However, the subgroup analysis was not prespecified. As prespecification of a subgroup analysis is a critical attribute to be considered plausible, further research is necessary before considering taking clinical action on the basis of this result.**

**The interaction test according to BMI was not statistically significant.**

#### Secondary outcomes and subgroup analysis by BMI and WC

In the EMPHASIS-HF trial, there was a lower risk for all-cause mortality, cardiovascular death, and hospitalization for HF in the eplerenone-group compared to the placebo-group. **The interaction tests suggest that BMI or WC do not modify the effect of eplerenone in comparison to placebo on these 3 outcomes.**

#### Safety

Olivier 2017 evaluated the relation between baseline BMI and WC and several safety outcomes in patients enrolled in the EMPHASIS-HF trial. Detailed results with interaction p-values can be found in the appendix. **The interaction test suggests that WC modifies the effect of eplerenone in comparison to placebo on the outcome “adverse events leading to study-drug withdrawal”.** Adverse events leading to eplerenone withdrawal occurred more in patients with a normal WC than in patients with a high WC. **However, the subgroup analysis was not prespecified. As prespecification of a subgroup analysis is a critical attribute to be considered plausible, further research is necessary before considering taking clinical action on the basis of this result.**

EMPHASIS-HF trial (Zannad 2011(29)) with subgroup analysis from Olivier 2017(51)				
Outcome	Interaction p-value of SUBGROUP BMI>30 vs BMI<30  AND SUBGROUP NWC (normal waist circumference) vs HWC (high waist circumference) <sup>2</sup>	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
Composite outcome cardiovascular mortality or HF hospitalization (primary outcome)	<u>BMI&gt;30 vs BMI&lt;30</u> P 0.11	Y	NO	NO
	<u>SUBGROUP NWC vs HWC</u> P 0.01	Y	NO	Y
All-cause mortality	<u>BMI&gt;30 vs BMI&lt;30</u> P 0.73	Y	NO	NO
	<u>SUBGROUP NWC vs HWC</u> 0.13			
Cardiovascular death	<u>BMI&gt;30 vs BMI&lt;30</u> P 0.93	Y	NO	NO
	<u>SUBGROUP NWC vs HWC</u> 0.09			

Hospitalization for HF	<u>BMI&gt;30 vs BMI&lt;30</u> P 0.25	Y	NO	NO
	<u>SUBGROUP NWC vs HWC</u> 0.07			
<b>SAFETY</b>				
Adverse events leading to study-drug withdrawal	<u>BMI&gt;30 vs BMI&lt;30</u> P 0.81	Y	NO	NO
	<u>SUBGROUP NWC vs HWC</u> 0.01	Y	NO	Y

8.2.1.1.2 How much confidence do we have that the overall results are applicable in this specific population?

EMPHASIS-HF trial (Zannad 2011(29))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
Composite outcome cardiovascular mortality or HF hospitalization (primary outcome)	<u>Overall</u> 229/1287 vs 335/1292 HR 0.63 (0.52-0.75) p<0.0001 <b>SS</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 27%; HWC: 50%) Imprecision: ok
All-cause mortality	<u>Overall</u> 160/1287 vs 201/1292 HR 0.76 (0.61-0.95) p= 0.01 <b>SS</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 27%; HWC: 50%) Imprecision: ok
Cardiovascular death	<u>Overall</u> 136/1287 vs 175/1292 HR 0.73 (0.58-0.93) p= 0.009 <b>SS</b>	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA Directness: -1 (BMI>30 population 27%; HWC: 50%) Imprecision: ok
Hospitalization for HF	<u>Overall</u> 151/1287 vs 238/1292 HR 0.59 (0.48-0.73) p<0.0001	⊕⊕⊕⊖ <b>MODERATE</b> Study quality: ok Consistency: NA

	SS	Directness: -1 (BMI>30 population 27%; HWC: 50%) Imprecision: ok
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## 8.2.2 Spironolactone vs placebo

### 8.2.2.1 HFpEF

#### 8.2.2.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that BMI does not modify the effect of spironolactone in comparison to placebo in patients with heart failure with preserved ejection fraction.**

In this case, the overall effect applies to patients in all BMI categories.

The TOPCAT trial (Pitt 2014(33)) compared spironolactone with placebo for the primary composite outcome of death from cardiovascular causes, aborted cardiac arrest, or hospitalization for heart failure in patients with HFpEF. Overall, the group assigned to spironolactone did not achieve a significant reduction in the primary outcome. Post hoc analyses ("TOPCAT Americas"; Pfeffer 2014(44)) identified important regional differences (patient characteristics, outcomes etc.) between patients randomized from the Americas cohort and from Russia/Georgia.

Elkholey 2021(13) studied the effect of obesity, defined by BMI and waist circumference (WC), on response to spironolactone in the Americas cohort from the TOPCAT trial. It concerns a subgroup analysis of a post hoc analysis in a subpopulation of the TOPCAT trial. Detailed results per BMI- or WC category can be found in the appendix.

#### Primary outcome and subgroup analysis by BMI and WC

There was no difference in the primary composite outcome cardiovascular death, aborted cardiac arrest or hospitalization for heart failure (HHF) between spironolactone and placebo in patients with HFpEF in the TOPCAT trial (Americas cohort). **The interaction tests suggest that BMI or WC do not modify the effect of spironolactone in comparison to placebo on the primary composite outcome cardiovascular death, aborted cardiac arrest or HHF.**

#### Secondary outcomes and subgroup analysis by BMI and WC

There was no difference in outcome cardiovascular death, all-cause death, and HHF between spironolactone and placebo in patients with HFpEF in the TOPCAT trial (Americas cohort). **The interaction tests suggest that BMI or WC do not modify the effect of spironolactone in comparison to placebo on these 3 outcomes.**

TOPCAT Americas (Pfeffer 2014(44)), with subgroup analysis from Elkholey 2021(13)				
Outcome	Interaction p-value of SUBGROUP BMI>30 vs BMI<30  AND SUBGROUP NWC (normal waist circumference) vs HWC (high waist circumference) <sup>2</sup>	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
Composite of cardiovascular death, HF hospitalization, or aborted cardiac arrest (primary outcome)	<u>BMI&gt;30 vs BMI&lt;30</u> 0.056	Y	N	N
	<u>SUBGROUP NWC vs HWC</u> 0.930			
Cardiovascular death	<u>BMI&gt;30 vs BMI&lt;30</u> 0.412	Y	N	N
	<u>SUBGROUP NWC vs HWC</u> 0.887			
All-cause death	<u>BMI&gt;30 vs BMI&lt;30</u> 0.734	Y	N	N
	<u>SUBGROUP NWC vs HWC</u> 0.757			
HF hospitalizations	<u>BMI&gt;30 vs BMI&lt;30</u> 0.130	Y	N	N
	<u>SUBGROUP NWC vs HWC</u> 0.990			

8.2.2.1.2 How much confidence do we have that the overall results are applicable in this specific population?

TOPCAT Americas (Pfeffer 2014(44))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
Composite of cardiovascular death, HF hospitalization, or aborted cardiac arrest (primary outcome)	<u>Overall in TOPCAT Americas cohort</u> BMI-analysis HR 1.003 (0.98-1.44); p=0.987	⊕⊖⊖⊖ <b>VERY LOW</b> Study quality: -2 (subgroup analysis) Consistency: NA Directness: -1 (BMI>30 population 66%; HWC 79%) Imprecision: -1

	<p>WC analysis HR 1.03 (0.73-1.47); p=0.834</p>	
Cardiovascular death	<p><u>Overall in TOPCAT</u> <u>Americas cohort</u> BMI-analysis HR 0.81 (0.58-1.02); p=0.417</p> <p>WC analysis HR 0.84 (0.50-1.40); p=0.513</p>	<p>⊕⊖⊖⊖ <b>VERY LOW</b> Study quality: -2 (subgroup analysis) Consistency: NA Directness: -1 (BMI&gt;30 population 66%; HWC 79%) Imprecision: -1</p>
All-cause death	<p><u>Overall in TOPCAT</u> <u>Americas cohort</u> BMI-analysis HR 0.85 (0.69-1.06); p=0.411</p> <p>WC analysis HR 1.05 (0.72-1.55); p=0.76</p>	<p>⊕⊖⊖⊖ <b>VERY LOW</b> Study quality: -2 (subgroup analysis) Consistency: NA Directness: -1 (BMI&gt;30 population 66%; HWC 79%) Imprecision: -1</p>
HF hospitalizations	<p><u>Overall in TOPCAT</u> <u>Americas cohort</u> BMI-analysis HR 1.11 (0.77-1.62); p=0.574</p> <p>WC analysis HR 1.30 (0.84-2.02); p=0.221</p>	<p>⊕⊖⊖⊖ <b>VERY LOW</b> Study quality: -2 (subgroup analysis) Consistency: NA Directness: -1 (BMI&gt;30 population 66%; HWC 79%) Imprecision: -1</p>

## 9 Heart failure and COPD - Summary and conclusions from the literature review

### 9.1 SGLT-2 inhibitors

#### 9.1.1 Dapagliflozin vs placebo

##### 9.1.1.1 HFrEF

###### 9.1.1.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that COPD status (history of COPD yes/no, with no indication of severity) does not modify the effect of dapagliflozin in comparison to placebo in patients with heart failure with reduced ejection fraction.**

In this case, the overall effect applies to patients with and without COPD.

The DAPA-HF trial (McMurray 2019(18)) compared dapagliflozin with placebo for the primary composite outcome of cardiovascular mortality or worsening HF episode (hospitalization or the equivalent, i.e. an urgent HF visit) in patients with HFrEF.

Dapagliflozin reduced the risk of the primary outcome compared to placebo in the overall population.

The consistency of effects in COPD patients versus non-COPD patients was evaluated in non-prespecified subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in any outcomes.

COPD status was based on investigator-reported medical history; it was not formally diagnosed or evaluated at baseline in this study; and no indication of severity was recorded.

DAPA-HF trial (McMurray 2019(18))with subgroup analysis from Dewan 2021(16)				
Outcome	Interaction p-value of SUBGROUP COPD vs no COPD	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
<b>worsening HF episode (hospitalization or the equivalent, i.e. an urgent HF visit) or cardiovascular death</b>  (primary outcome of main trial; analysis not prespecified for this subgroup)	0.47	Y	NO	NO
<b>Worsening HF event</b>	0.42	Y	NO	NO
<b>First HF hospitalization</b>	0.35	Y	NO	NO
<b>CV Death</b>	0.47	Y	NO	NO



Total HF hospitalization/CV death	0.71	Y	NO	NO
Death from any cause	0.96	Y	NO	NO
Change in KCCQ total symptom score at 8 mo	0.71	Y	NO	NO
SAFETY				
AE related study drug discontinuation	0.59	Y	NO	NO
Volume depletion	0.96	Y	NO	NO
Renal AE	0.81	Y	NO	NO

9.1.1.1.2 How much confidence do we have that the overall results are applicable in this specific population?

DAPA-HF trial (McMurray 2019(18))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
worsening HF episode (hospitalization or the equivalent, i.e. an urgent HF visit) or cardiovascular death  (primary outcome of main trial; analysis not prespecified for this subgroup)	<b>Overall</b> <b>HR 0.74 (0.65 to 0.85)</b> <b>P&lt;0.001</b>	<b>⊕⊕⊖⊖ LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 12.3%; no differentiation in severity) Imprecision: ok
Worsening HF event	<b>Overall</b> <b>HR 0.70 (0.59 to 0.83)</b> <b>P NA</b>	<b>⊕⊕⊖⊖ LOW</b> Study quality: ok Consistency: NA Directness-2 (COPD population 12.3%; no differentiation in severity)

		Imprecision: ok
<b>First HF hospitalization</b>	<b>Overall</b> <b>HR 0.70 (0.59 to 0.83)</b> <b>P NA</b>	<b>⊕⊕⊖⊖ LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 12.3%; no differentiation in severity) Imprecision: ok
<b>CV Death</b>	<b>Overall</b> <b>HR 0.82 (0.69 to 0.98)</b> <b>P NA</b>	<b>⊕⊕⊖⊖ LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 12.3%; no differentiation in severity) Imprecision: ok
<b>Total HF hospitalization/CV death</b>	<b>Overall</b> <b>RR 0.75 (0.65 to 0.88)</b> <b>P&lt;0.001</b> <b>SS</b>	<b>⊕⊕⊖⊖ LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 12.3%; no differentiation in severity) Imprecision: ok
<b>Death from any cause</b>	<b>Overall</b> <b>HR 0.83 (0.71 to 0.97)</b>	<b>⊕⊕⊖⊖ LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 12.3%; no differentiation in severity) Imprecision: ok
<b>Change in KCCQ total symptom score at 8 mo</b>	<b>Overall</b> <b>RR 1.18 (1.11 to 1.26)</b>	<b>⊕⊕⊖⊖ LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 12.3%; no differentiation in severity) Imprecision: ok
<b>AE related study drug discontinuation</b>	<b>Overall</b> Dapagliflozin: 111/2368 (4.7%) Placebo: 116/2368 (4.9%) P 0.79	Unable to assess
<b>Volume depletion</b>	<b>Overall</b> Dapagliflozin: 178/2368 (7.5%) Placebo: 162/2368 (6.8%) P 0.40	Unable to assess
<b>Renal AE</b>	<b>Overall</b> Dapagliflozin: 153/2368 (6.5%) Placebo: 170/2368 (7.2%) P 0.36	Unable to assess

### 9.1.1.2 HFpEF

9.1.1.2.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that COPD status (history of COPD yes/no, with no indication of severity) does not modify the effect of dapagliflozin in comparison to placebo in patients with heart failure with preserved ejection fraction.**

In this case, the overall effect applies to patients with and without COPD.

The DELIVER trial (Solomon 2022(21)) compared dapagliflozin with placebo for the primary composite outcome of worsening heart failure, which was defined as either an unplanned hospitalization for heart failure or an urgent visit for heart failure, or cardiovascular death in patients with HFpEF.

Dapagliflozin reduced the risk of the primary outcome compared to placebo in the overall population.

The consistency of effects in COPD patients versus non-COPD patients was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect** in prespecified and non-prespecified outcomes.

COPD status was based on investigator-reported medical history; it was not formally diagnosed or evaluated at baseline in this study; and no indication of severity was recorded.

DELIVER trial (Solomon 2022(21)) with subgroup analysis from Butt 2023(52)				
Outcome	Interaction p-value of COPD vs no COPD subgroups	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction $p < 0.05$
<b>Composite of worsening HF episode (hospitalization or the equivalent, i.e. an urgent HF visit) or cardiovascular death (primary outcome)</b>	0.98	Y	NO	NO
<b>Composite of cardiovascular death and all heart failure events (including recurrent)</b>	0.70	Y	NO	NO
<b>Heart failure hospitalization</b>	0.90	Y	NO	NO
<b>Cardiovascular hospitalizations</b>	0.69	Y	NO	NO
<b>All-cause hospitalizations</b>	0.96	Y	NO	NO
<b>CV death</b>	0.35	Y	NO	NO
<b>Death from any cause</b>	0.59	Y	NO	NO

<b>All-cause deaths and all-cause hospitalizations</b>	0.83	Y	NO	NO
<b>KCCQ-TSS (change from baseline to 8 months)</b>	0.78	Y	NO	NO
<b>SAFETY</b>				
<ul style="list-style-type: none"> <li>Discontinuation of study drug due to adverse event</li> <li>Volume depletion</li> <li>Renal adverse event</li> <li>Amputation</li> <li>Major hypoglycemia</li> </ul> Diabetic ketoacidosis	No significant p-value for interaction	Y	NO	NO

9.1.1.2.2 How much confidence do we have that the overall results are applicable in this specific population?

DELIVER trial (Solomon 2022(21))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
<b>Composite of worsening HF episode (hospitalization or the equivalent, i.e. an urgent HF visit) or cardiovascular death (primary outcome)</b>	<b>Overall</b> <b>HR 0.82 (0.73-0.92)</b> <b>p&lt;0.001</b> <b>SS</b>	<b>⊕⊕⊖⊖ LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 12.3%; no differentiation in severity) Imprecision: ok
<b>Composite of cardiovascular death and all heart failure events (including recurrent)</b>	<b>Overall</b> <b>RR 0.77 (0.67 to 0.89)</b> <b>P &lt;0.001</b> <b>SS</b>	<b>⊕⊕⊖⊖ LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 12.3%; no differentiation in severity) Imprecision: ok
<b>Heart failure hospitalization</b>	<b>Overall</b> <b>RR 0.77 (0.67-0.89)</b> <b>P NA</b>	<b>⊕⊕⊖⊖ LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 12.3%; no differentiation in severity) Imprecision: ok

<b>Cardiovascular hospitalizations</b>	<u>Overall group</u> Not reported	Unable to assess
<b>All-cause hospitalizations</b>	<u>Overall group</u> Not reported	Unable to assess
<b>CV death</b>	<u>Overall</u> HR 0.88 (0.74 to 1.05) P NA	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 12.3%; no differentiation in severity) Imprecision: ok
<b>Death from any cause</b>	<u>Overall</u> HR 0.94 (0.83 to 1.07) P NA	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 12.3%; no differentiation in severity) Imprecision: ok
<b>All-cause deaths and all-cause hospitalizations</b>	<u>Overall group</u> Not reported	Unable to assess
<b>KCCQ-TSS (change from baseline to 8 months)</b>	<u>Overall</u> <b>1.11 (1.03–1.21)</b> <b>P 0.009</b>	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 12.3%; no differentiation in severity) Imprecision: ok
<b>SAFETY</b>		
<ul style="list-style-type: none"> <li>• <b>Discontinuation of study drug due to adverse event</b></li> <li>• <b>Volume depletion</b></li> <li>• <b>Renal adverse event</b></li> <li>• <b>Amputation</b></li> <li>• <b>Major hypoglycemia</b></li> <li>• <b>Diabetic ketoacidosis</b></li> </ul>	No statistical analysis reported for overall group	Unable to assess

## 9.2 ARNI

## 9.2.1 Sacubitril/valsartan vs enalapril

### 9.2.1.1 HFrEF

#### 9.2.1.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that COPD status does not modify the effect of sacubitril/valsartan in comparison to enalapril in patients with heart failure with reduced ejection fraction.**

In this case, the overall effect applies to patients with and without COPD.

The PARADIGM-HF trial (McMurray 2014(14)) compared sacubitril/valsartan with enalapril for the primary composite outcome of time to CV death or first hospitalization for heart failure in patients with HFrEF. **Of note: this trial excluded patients with severe pulmonary disease (including severe COPD).**

**Sacubitril/valsartan** reduced the risk of the primary outcome compared to enalapril in the overall population.

The consistency of effects in COPD patients versus non-COPD patients was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect in non-prespecified analysis.**

PARADIGM-HF trial (McMurray 2014(14)) with subgroup analysis from Ehteshami-Afshar 2021(53)				
Outcome	Interaction p-value of SUBGROUP COPD vs no COPD	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
Composite of cardiovascular death or total hospital admission for heart failure (Primary outcome)	0.17	Y	NO	NO
Cardiovascular death (component outcome)	0.24	Y	NO	NO
First HF hospitalization (component outcome)	0.43	Y	NO	NO
All-cause mortality (Secondary outcome)	0.64	Y	NO	NO
KCCQ CSS at 8 months (Secondary outcome)	0.45	Y	NO	NO
CV hospitalization (post hoc outcome)	0.055	Y	NO	NO

#### 9.2.1.1.2 How much confidence do we have that the overall results are applicable in this specific population?

PARADIGM-HF trial (McMurray 2014(14))

Outcome	Result (95%CI)	Quality of the evidence (GRADE)
<b>Composite of cardiovascular death or first hospital admission for heart failure (primary outcome)</b>	<u>Overall</u> <b>HR : 0.80 (0.73–0.87)</b> <b>P &lt; 0.001</b>	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 12.9%) Imprecision: ok
<b>Cardiovascular death (component outcome)</b>	<u>Overall</u> <b>HR : 0.80 (0.71–0.89)</b> <b>P &lt; 0.001</b>	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 12.9%) Imprecision: ok
<b>First HF hospitalization (component outcome)</b>	<u>Overall</u> <b>HR: 0.79 (0.71 to 0.89)</b> <b>P &lt;0.001</b>	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 12.9%) Imprecision: ok
<b>All-cause mortality (Secondary outcome)</b>	<u>Overall</u> <b>HR: 0.84 (0.76 to 0.93)</b> <b>P &lt;0.001</b>	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 12.9%) Imprecision: ok
<b>Mean change in KCCQ at 8 mo (SE) (secondary outcome)</b>	<u>Overall</u> MD: 1.64 (0.63–2.65) p = 0.001	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 12.9%) Imprecision: ok
CV hospitalization	<u>Overall</u> Not reported	Insufficient data

## 9.2.2 Sacubitril/valsartan vs valsartan

### 9.2.2.1 HFpEF

#### 9.2.2.1.1 Are the results of the subgroup analysis and the overall analysis different?

**Subgroup analyses suggest that COPD status does not modify the effect of sacubitril/valsartan in comparison to valsartan in patients with heart failure with preserved ejection fraction.**

In this case, the overall effect applies to patients with and without COPD.

The PARAGON-HF trial (Solomon 2019(15)) compared sacubitril/valsartan with valsartan for the primary composite outcome of time to CV death or total (first and recurrent) hospitalization for heart failure in patients with HFpEF. **Of note: this trial excluded patients with severe pulmonary disease (including severe COPD).**

The primary composite outcome **did not differ significantly** between **sacubitril/valsartan** and valsartan in the overall population. Because this difference did not meet the predetermined level of statistical significance, **subsequent analyses are to be considered exploratory.**

The consistency of effects in COPD patients versus non-COPD patients was evaluated in subgroup analyses. The test for subgroup differences indicates that there is **no statistically significant subgroup effect in non-prespecified analysis.**

PARAGON-HF trial (Solomon 2019(15)) with subgroup analysis from Mooney 2021 (54)				
Outcome	Interaction p-value of SUBGROUP COPD vs no COPD	Evaluation of SUBGROUP		
		Baseline characteristic	Prespecified	Test of interaction p<0.05
<b>Composite of cardiovascular death or total hospital admission for heart failure (Primary outcome)</b>	0.66	Y	NO	NO
<b>Cardiovascular death (component outcome)</b>	0.43	Y	NO	NO
<b>Total HF hospitalization (component outcome)</b>	0.50	Y	NO	NO
<b>All-cause mortality (Secondary outcome)</b>	0.39	Y	NO	NO
<b>KCCQ CSS at 8 months (Secondary outcome)</b>	0.51	Y	NO	NO

9.2.2.1.2 How much confidence do we have that the overall results are applicable in this specific population?

PARAGON-HF trial (Solomon 2019(15))		
Outcome	Result (95%CI)	Quality of the evidence (GRADE)
<b>Composite of total hospitalizations for heart failure and death from cardiovascular causes.</b>	Overall RR: 0.87 (0.75-1.01) NS	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 14%) Imprecision: ok



<b>(primary outcome)</b>		
<b>CV death (component outcome)</b>	Overall HR: 0.95 (0.79–1.16) NS	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 14%) Imprecision: ok
<b>Total HF hospitalization (component outcome)</b>	Overall RR: 0.85 (0.72–1.00) NS	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 14%) Imprecision: ok
<b>All-cause mortality (Secondary outcome)</b>	Overall HR: 0.97 (0.84-1.13) NS	⊕⊕⊖⊖ <b>LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 14%) Imprecision: ok
<b>KCCQ CSS at 8 months (Secondary outcome)</b>	Overall MD: 1.0 (0.0–2.1) NS	⊕⊖⊖⊖ <b>VERY LOW</b> Study quality: ok Consistency: NA Directness: -2 (COPD population 14%) Imprecision: -1 (CI)

## 10 Heart failure and other comorbidities- Summary and conclusions from the literature review

Our search did not yield results corresponding to our inclusion criteria for the following comorbidities:

- Pulmonary hypertension
- Cachexia
- Sarcopenia

## 11 Additional safety information from other sources

### 11.1 Drugs used in heart failure

#### 11.1.1 Diuretics: thiazides and related products

L'hydrochlorothiazide est le seul thiazide commercialisé en Belgique, et est uniquement disponible sous forme d'association. La chlorthalidone et l'indapamide sont en revanche disponibles en monopréparation.(7) / Hydrochlorothiazide is het enige thiazide beschikbaar op de Belgische markt en dit enkel in combinatiepreparaten ; chloortalidon en indapamide zijn wel als monopreparaat beschikbaar. (7)

##### 11.1.1.1 Contraindications (among the selected comorbidities of HF)

- Insuffisance rénale sévère (RCP) (7) / Ernstige nierinsufficiëntie (SKP) (7)
- Most thiazides are not effective in patients with a creatinine clearance of less than 30 mL/minute. They should not be used in patients with severe renal impairment or anuria.(8)

##### 11.1.1.2 Interactions (with drugs used in the selected comorbidities of HF)

- Hypokalaemia intensifies the effect of digitalis on cardiac muscle. (8)
- Risque accru de toxicité des digitaliques en cas d'hypokaliémie. (7)/ Verhoogd risico op toxiciteit van digitalis bij hypokaliémie.(7)
- The potassium-depleting effect of diuretics may be enhanced e.a. by corticosteroids or beta2 agonists such as salbutamol(8)
- Chlortalidone has been associated with a reduction in warfarin's activity in healthy subjects and it has been suggested that this might be a consequence of the diuresis concentrating the circulating clotting factors. (8)

##### 11.1.1.3 Additional precautions and monitoring in cases of comorbidity

- Les thiazides et apparentés sont moins efficaces en cas d'insuffisance rénale sévère (clairance de la créatinine < 30 ml/min). (7) / Thiaziden en aanverwanten zijn minder doeltreffend bij ernstige nierinsufficiëntie (creatinineklaring < 30 ml/min). (7)
- Hydrochlorothiazide and other thiazide diuretics may cause metabolic disturbances especially at high doses. They may provoke hyperglycaemia and glycosuria in diabetic and other susceptible patients. They may aggravate or unmask diabetes mellitus. (8)
- Augmentation de la résistance à l'insuline avec augmentation de la glycémie et hypertriglycéridémie, surtout à fortes doses. Il n'est pas clair quelle en est la pertinence clinique à long terme, étant donné que, malgré ces effets, les thiazides entraînent une diminution de la mortalité et de la morbidité cardio-vasculaires, même chez les patients diabétiques. (7) / Toename van de insulineresistentie met verhogen van de glykemie en hypertriglyceridemie, vooral bij hoge doses. De klinische relevantie hiervan op lange termijn is onduidelijk aangezien, ondanks deze effecten, met thiaziden toch een daling van de cardiovasculaire mortaliteit en morbiditeit bekomen wordt, ook bij diabetici. (7)
- Blood-glucose concentrations should be monitored in patients taking antidiabetics, since requirements may change. (8)
- Diuretics should also be given with caution in renal impairment since they can further reduce renal function. (8)

### 11.1.2 Loop diuretics

- Contrairement aux thiazides, les diurétiques de l'anse à doses élevées conservent leur action diurétique même en cas de diminution sévère de la fonction rénale. (7) / De lisdiuretica onderscheiden zich van de thiaziden door een hoger maximaal natriuretisch effect en een grotere klaring van vrij water. (7)
- Precautions for furosemide that are dependent on its effects on fluid and electrolyte balance are similar to those of the thiazide diuretics (8)

#### 11.1.2.1 Interactions (with drugs used in the comorbidities selected in HF)

The interactions of furosemide that are due to its effects on fluid, electrolyte, and carbohydrate balance are similar to those of hydrochlorothiazide. The risk of hypokalaemia may be less with loop diuretics such as furosemide, which have a short duration of action, than with thiazide diuretics.

- Hypokalaemia intensifies the effect of digitalis on cardiac muscle. (8)  
Risque accru de toxicité des digitaliques en cas d'hypokaliémie. (7) / Verhoogd risico op toxiciteit van digitalis bij hypokaliëmie. (7)
- The potassium-depleting effect of diuretics may be enhanced e.a. by corticosteroids or beta2 agonists such as salbutamol. (8)
- Torasemide has been reported to enhance the activity of warfarin, possibly by competing for metabolism through the cytochrome P450 isoenzyme CYP2C9 and by displacement of warfarin from protein-binding sites. However, bumetanide, furosemide, and the thiazides appear to have no effect on warfarin. (8)

#### 11.1.2.2 Additional precautions and monitoring in cases of comorbidity

- Precautions for furosemide that are dependent on its effects on fluid and electrolyte balance are similar to those of the thiazide diuretics Hydrochlorothiazide and other thiazide diuretics may cause metabolic disturbances especially at high doses.[...] They may provoke hyperglycaemia and glycosuria in diabetic and other susceptible patients. They may aggravate or unmask diabetes mellitus. (8)
- Augmentation de la résistance à l'insuline avec augmentation de la glycémie et hypertriglycéridémie, surtout à fortes doses Il n'est pas clair quelle en est la pertinence clinique à long terme, la pertinence clinique à long terme n'est pas claire. (7) / Toename van de insulineresistentie met verhogen van de glykemie en hypertriglyceridemie, vooral bij hoge doses. De klinische relevantie hiervan op lange termijn is onduidelijk. (7)
- Blood-glucose concentrations should be monitored in patients taking antidiabetics, since requirements may change. (8)
- Although furosemide is used in high doses for oliguria due to chronic or acute renal impairment it should not be given in anuria or in renal failure caused by nephrotoxic or hepatotoxic drugs nor in renal failure associated with hepatic coma. (8)

### 11.1.3 Mineralocorticoid receptor antagonists

*Remarque : Selon le RCP la finérénone a pour indication l'insuffisance rénale chronique (avec albuminurie) associée au diabète de type 2. L'insuffisance cardiaque n'est pas reprise dans ses indications. (7) / Opmerking: Volgens de SKP is finerenon geïndiceerd voor chronisch nierfalen (met albuminurie) geassocieerd met type 2 diabetes. Hartfalen valt niet onder de indicaties. (7)*

#### 11.1.3.1 Contraindications (among the selected comorbidities of HF)

- Eplérénone et spironolactone: insuffisance rénale sévère (RCP). (7) / Eplerenon en spironolacton: ernstige nierinsufficiëntie (SKP). (7)

### 11.1.3.2 Interactions (with drugs used in the comorbidities selected in HF)

- Spironolactone has been associated with a reduction in warfarin's activity in healthy subjects and it has been suggested that this might be a consequence of the diuresis concentrating the circulating clotting factors. (8)

### 11.1.3.3 Special precautions and monitoring in cases of comorbidity

- En cas d'insuffisance rénale modérée à sévère: risque accru d'hyperkaliémie. (7) / Matige tot ernstige nierinsufficiëntie: verhoogd risico van hyperkaliémie. (7)
- Risque accru d'hyperkaliémie en cas d'association à d'autres médicaments épargneurs de potassium (notamment des diurétiques d'épargne potassique, des sartans); ce risque est surtout élevé en cas d'insuffisance rénale.  
Même avec les faibles doses de spironolactone et d'éplérénone utilisées dans le traitement de l'insuffisance cardiaque, une hyperkaliémie peut survenir, vu que des IECA ou des sartans sont souvent utilisés concomitamment. (7)  
**/ Stijging van de kaliémie bij associëren met kaliumsupplementen of met andere kaliumsparende middelen (o.a. ACE-inhibitoren en sartanen); dit risico is bijzonder hoog bij nierinsufficiëntie.**  
Ook met de lage doses spironolacton en eplerenon gebruikt bij de behandeling van hartfalen kan hyperkaliémie optreden, omdat daarbij dikwijls ook ACE-inhibitoren of sartanen worden gebruikt. (7)
- Spironolactone should be used with care in patients who are at increased risk of developing hyperkalaemia; such patients include those with diabetes mellitus, and those with some degree of renal impairment. (8)
- Finérénone : **L'hyperkaliémie** reste une préoccupation majeure lors de l'utilisation d'antagonistes des récepteurs des minéralocorticoïdes, en particulier chez les patients en insuffisance rénale. Bien que les chercheurs affirment que la finérénone provoquerait moins fréquemment une hyperkaliémie que la spironolactone ou l'éplérénone, ceci est peu documenté dans le cadre d'études cliniques. Le risque d'hyperkaliémie peut être encore accru par les interactions éventuelles avec les médicaments utilisés concomitamment. Il importe que la finérénone soit utilisée uniquement dans l'indication qui lui a été octroyée et moyennant la surveillance étroite de la kaliémie. (mars 2023)(55)

**/ Finerenon: Hyperkaliémie** blijft een grote bezorgdheid bij gebruik van mineralocorticoïdreceptor-antagonisten, zeker bij patiënten met nierinsufficiëntie. Hoewel de onderzoekers claimen dat finerenon minder vaak hyperkaliémie zou geven dan spironolacton of eplerenon, zijn hierover weinig gegevens uit klinische studies beschikbaar. Het risico van hyperkaliémie kan nog verder toenemen door mogelijke interacties met gelijktijdig gebruikte geneesmiddelen. Het zal belangrijk zijn dat finerenon enkel binnen de toegekende indicatie gebruikt wordt en onder nauwe monitoring van de kaliémie. (maart 2023)(56)

#### 11.1.4 ACE-inhibitors

##### 11.1.4.1 Contraindications (among the selected comorbidities of HF)

- Fosinopril: insuffisance rénale sévère (RCP). (7)/ Fosinopril: ernstige nierinsufficiëntie (SKP). (7)

##### 11.1.4.2 Interactions (with drugs used in the comorbidities selected in HF)

- Baisse excessive de la pression artérielle, surtout orthostatique, en cas d'administration concomitante e.a. d'inhibiteurs de la phosphodiesterase de type 5. (7) / Overdreven bloeddrukdaling, vooral orthostatisch, bij combineren van meerdere antihypertensiva, bij associëren met o.a. fosfodiësterase type 5-inhibitoren. (7)
- Suspicion d'un risque accru d'hypoglycémie chez les patients sous antidiabétiques. (7) / Vermoeden van verhoogd risico van hypoglykemische aanvallen bij patiënten op antidiabetica. (7)
- Risque accru d'angioedème en cas d'utilisation concomitante d'autres médicaments susceptibles de provoquer un angioedème comme le complexe sacubitril/valsartan, et la vildagliptine (et peut-être aussi les autres gliptines) (7) / Verhoogd risico op angio-oedeem bij gelijktijdig gebruik van andere geneesmiddelen die angio-oedeem kunnen veroorzaken: sacubitril/valsartan complex, racecadotril, everolimus, sirolimus en temsirolimus, estramustine en vildagliptine (en mogelijk ook de andere gliptines). (7)

##### 11.1.4.3 Special precautions and monitoring in cases of comorbidity

- Détérioration de la fonction rénale (et parfois insuffisance rénale aiguë), surtout chez les patients atteints d'une affection rénale préexistante, chez les patients atteints d'insuffisance cardiaque et en cas d'hypovolémie prononcée ou de déshydratation(7). / Verslechtering van de nierfunctie (en soms acute nierinsufficiëntie), vooral bij patiënten met voorafbestaand nierlijden en bij patiënten met hartfalen, uitgesproken volumedepletie of dehydratie. (7).
- in patients with reduced renal perfusion, glomerular filtration rate may be critically dependent on the renin-angiotensin-aldosterone system and the use of ACE inhibitors may provoke problems. (8)
- Augmentation du risque de détérioration de la fonction rénale particulièrement en cas de traitement concomitant par un IECA + AINS + diurétique. (7) / Verdere verslechtering van de nierfunctie, zeker bij combineren van een ACE-inhibitor + een NSAID + een diureticum. (7)
- En cas d'insuffisance rénale : risque particulièrement accru d'hyperkaliémie, surtout en cas d'association à d'autres médicaments épargneurs de potassium (notamment suppléments de potassium, des diurétiques d'épargne potassique, des sartans, triméthoprime (co-trimoxazole), héparines et AINS). (7) / Verhoogd risico van hyperkaliëmie bij associëren met andere kaliumsparende middelen (o.a. kaliumsupplementen (ook dieetzouten), kaliumsparende diuretica, sartanen, trimethoprim (co-trimoxazol), heparines en NSAID's); dit risico is vooral hoog bij bestaan van nierinsufficiëntie. (7)
- Moderate impairment of renal function either before or during use of ACE inhibitors is not necessarily an indication to stop therapy. The effects of ACE inhibitors on renal function are generally reversible, and the reduction in filtration pressure may result in renoprotection. (8)
- Patients with existing renal disease or taking high doses should be monitored regularly for proteinuria. (8)

### 11.1.5 Sartans

#### 11.1.5.1 Interactions (with drugs used in the comorbidities selected in HF)

- Baisse excessive de la pression artérielle, surtout orthostatique, en cas d'administration concomitante e.a. d'inhibiteurs de la phosphodiesterase de type 5. (7) / Overdreven bloeddrukdaling, vooral orthostatisch, bij combineren van meerdere antihypertensiva, bij associëren met o.a. fosfodiësterase type 5-inhibitoren. (7)

#### 11.1.5.2 Special precautions and monitoring in cases of comorbidity

- En cas d'insuffisance rénale : risque particulièrement accru d'hyperkaliémie, surtout en cas d'association à d'autres médicaments épargneurs de potassium (notamment suppléments de potassium, des diurétiques d'épargne potassique, des sartans, triméthoprime (co-trimoxazole), héparines et AINS). (7) / Verhoogd risico van hyperkaliëmie bij associëren met andere kaliumsparende middelen (o.a. kaliumsupplementen (ook dieetzouten), kaliumsparende diuretica, sartanen, trimethoprim (co-trimoxazol), heparines en NSAID's); dit risico is vooral hoog bij bestaan van nierinsufficiëntie.(7)
- Since hyperkalaemia may occur, serum-potassium concentrations should be monitored, especially in the elderly and patients with renal impairment, and potassium-sparing diuretics should generally be avoided. (8)

### 11.1.6 Sacubitril/valsartan

#### 11.1.6.1 Interactions (with drugs used in the comorbidities selected in HF)

- Baisse excessive de la pression artérielle, surtout orthostatique, en cas d'administration concomitante e.a. d'inhibiteurs de la phosphodiesterase de type 5. (7) / Overdreven bloeddrukdaling, vooral orthostatisch, bij combineren van meerdere antihypertensiva, bij associëren met o.a. fosfodiësterase type 5-inhibitoren. (7)

#### 11.1.6.2 Special precautions and monitoring in cases of comorbidity

- L'utilisation concomitante d'aliskirène est déconseillée et est contre-indiquée en cas de diabète ou d'insuffisance rénale. (folia décembre 2016 (info recentes))(57) / Gelijktijdig gebruik van aliskiren wordt afgeraden, en is gecontra-indiceerd in geval van diabetes of nierinsufficiëntie. (58)
- En cas d'insuffisance rénale : risque particulièrement accru d'hyperkaliémie, surtout en cas d'association à d'autres médicaments épargneurs de potassium (notamment suppléments de potassium, des diurétiques d'épargne potassique, des sartans, triméthoprime (co-trimoxazole), héparines et AINS). (7) / Verhoogd risico van hyperkaliëmie bij associëren met andere kaliumsparende middelen (o.a. kaliumsupplementen (ook dieetzouten), kaliumsparende diuretica, sartanen, trimethoprim (co-trimoxazol), heparines en NSAID's); dit risico is vooral hoog bij bestaan van nierinsufficiëntie(7)
- Since hyperkalaemia may occur, serum-potassium concentrations should be monitored, especially in the elderly and patients with renal impairment, and potassium-sparing diuretics should generally be avoided. (8)

### 11.1.7 $\beta$ -blockers

- Il y a des bénéfices prouvés en termes de morbidité et de mortalité cardio-vasculaires pour le bisoprolol, le carvedilol, le métoprolol succinate et le nébivolol. Parmi ceux-ci, le bisoprolol, le métoprolol, le nébivolol sont cardiosélectifs ( $\beta_1$ ). (7) / Winst op cardiovasculaire morbiditeit en mortaliteit bewezen voor bisoprolol, carvedilol, metoprololsuccinaat en nebivolol. (7)

#### 11.1.7.1 Contraindications (with HF or among the selected comorbidities of HF)

- La BPCO est une contre-indication relative pour les  $\beta$ -bloquants non cardiosélectifs. (7) / COPD is een relatieve contra-indicatie voor de niet-cardioselectieve  $\beta$ -blokkers (7)
- Insuffisance cardiaque aiguë ou insuffisamment contrôlée. (7) / Acuut of onvoldoende gecontroleerd hartfalen. (7)
- L'utilisation de vérapamil par voie intraveineuse est contre-indiquée chez les patients sous  $\beta$ -bloquants en raison du risque d'insuffisance cardiaque, de bloc AV complet et de choc. Pour la même raison, l'administration intraveineuse de  $\beta$ -bloquants est contre-indiquée en cas d'utilisation chronique de vérapamil. (7) / Het gebruik van verapamil intraveneus is gecontra-indiceerd bij patiënten onder  $\beta$ -blokkers wegens het gevaar voor hartfalen, volledig AV-blok en shock. Dit geldt ook voor de toediening van intraveneuze  $\beta$ -blokkers bij chronisch gebruik van verapamil. (7)

#### 11.1.7.2 Interactions (with drugs used in HF or in the comorbidities selected in HF)

- Baisse excessive de la pression artérielle, surtout orthostatique, en cas d'administration concomitante e.a. d'inhibiteurs de la phosphodiesterase de type 5(7). / Overdreven bloeddrukdaling, vooral orthostatisch, bij combineren van meerdere antihypertensiva, bij associëren met o.a. fosfodiësterase type 5-inhibitoren. (7)
- In diabetic patients beta blockers can reduce the response to insulin and oral hypoglycaemics through their effects on pancreatic beta receptors. (8)
- Aggravation des épisodes d'hypoglycémie chez les patients sous antidiabétiques, et les symptômes d'hypoglycémie peuvent être masqués (moins avec les  $\beta$ -bloquants cardiosélectifs). (7) / Verergeren van de hypoglykemische aanvallen bij patiënten op antidiabetica, en maskeren van de symptomen van hypoglykemie (minder met cardioselectieve  $\beta$ -blokkers). (7)
- Beta blockers can inhibit the normal physiological response to hypoglycaemia and mask the typical sympathetic warning signs. (8)
- Diminution de l'effet des  $\beta_2$ -mimétiques dans l'asthme et la BPCO en particulier par les  $\beta$ -bloquants non sélectifs. (7) / Vermindering van het effect van  $\beta_2$ -mimetica bij astma en COPD: zeker door de niet-selectieve  $\beta$ -blokkers. (7)
- Risque accru d'effets indésirables des  $\beta$ -bloquants (bradycardie, bloc auriculo-ventriculaire et diminution de la contractilité myocardique) en cas d'association au vérapamil, dans une moindre mesure, en cas d'association au diltiazem, ou en cas d'utilisation concomitante d'antiarythmiques. L'utilisation de vérapamil par voie intraveineuse est contre-indiquée chez les patients sous  $\beta$ -bloquants en raison du risque d'insuffisance cardiaque, de bloc AV complet et de choc. Pour la même raison, l'administration intraveineuse de  $\beta$ -bloquants est contre-indiquée en cas d'utilisation chronique de vérapamil. (7) / Verhoogd risico van ongewenste effecten van  $\beta$ -blokkers (bradycardie, atrioventriculair blok en verminderde myocardcontractiliteit) bij associëren met verapamil, in mindere mate met diltiazem, en met antiaritmica. Het gebruik van verapamil intraveneus is gecontra-indiceerd bij patiënten onder

$\beta$ -blokkers wegens het gevaar voor hartfalen, volledig AV-blok en shock. Dit geldt ook voor de toediening van intraveneuze  $\beta$ -blokkers bij chronisch gebruik van verapamil. (7)

- Risque accru de bradycardie en cas d'association à l'ivabradine. (7) / Verhoogd risico van bradycardie bij associëren met ivabradine. (7)

#### **11.1.7.3 Special precautions and monitoring in cases of HF or associated comorbidity**

- The sympathetic nervous system is involved in the control of carbohydrate metabolism and beta blockers can interfere with carbohydrate and insulin regulation; both hypoglycaemia and hyperglycaemia have been reported in patients with no history of diabetes, as well as in patients with types 1 or 2 diabetes mellitus. (8)

Risque d'augmentation de la résistance à l'insuline, avec élévation de la glycémie et hypertriglycéridémie. Il n'est pas clair quelle en est la pertinence clinique à long terme étant donné que, malgré ces effets, les  $\beta$ -bloquants finissent par induire une diminution de la mortalité et de la morbidité cardio-vasculaires, même chez les patients diabétiques. (7) /

Toename van de insulineresistentie met verhogen van de glykemie en hypertriglyceridemie. De klinische relevantie hiervan op lange termijn is onduidelijk aangezien, ondanks deze effecten, met  $\beta$ -blokkers toch een daling van de cardiovasculaire mortaliteit en morbiditeit bekomen wordt, ook bij diabetici. (7)

- Les  $\beta$ -bloquants cardiosélectifs peuvent être utilisés chez des patients atteints de BPCO et éventuellement chez des patients atteints d'asthme léger à modérément sévère s'il existe une indication évidente; il convient toutefois d'être attentif à l'apparition d'un bronchospasme lors de la prise de la première dose. (7) / Cardioselectieve  $\beta$ -blokkers kunnen gebruikt worden bij patiënten met COPD en eventueel bij patiënten met mild tot matig ernstig astma indien er een duidelijke indicatie is; wel moet er aandacht zijn voor optreden van bronchospasme bij inname van de eerste dosis. (7)

#### **11.1.8 SGLT-2 inhibitors**

see diabetes

#### **11.1.9 Digitalis glycosides (Digoxin)**

##### **11.1.9.1 Contra-indication (with HF or associated comorbidities)**

- Fibrillation auriculaire et flutter auriculaire avec rythme ventriculaire lent. (7) /Voorkamerfibrillatie en -flutter met traag ventriculair ritme. (7)
- Insuffisance rénale sévère (RCP). (7) / Ernstige nierinsufficiëntie (SKP). (7)

##### **11.1.9.2 Interactions (with HF drugs or with drugs used in the comorbidities selected in HF)**

- Augmentation de la sensibilité aux glycosides digitaliques par des médicaments diminuant la kaliémie (p.ex. diurétiques augmentant la perte de potassium, corticostéroïdes). (7) / Verhoogde gevoeligheid voor digitalisglycosiden door geneesmiddelen die de kaliëmie verlagen (bv. kaliumverliezende diuretica, corticosteroiden). (7)
- Hypokalaemia predisposes to digoxin toxicity; adverse reactions to digoxin may be precipitated if hypokalaemia occurs, for example after prolonged use of diuretics. Thiazides and loop diuretics cause hypokalaemia and also hypomagnesaemia which may lead to



cardiac arrhythmias. Other causes of hypokalaemia include treatment with beta2 agonists (such as salbutamol), amphotericin. (8)

- Serum-digoxin concentrations may be significantly increased by amiodarone and reduction of digoxin dosage may be required. (8)
- Other antiarrhythmics may have additive effects on the myocardium increasing the likelihood of adverse effects(8)
- Beta blockers may potentiate bradycardia due to digoxin. (8)
- Calcium-channel blockers may increase digoxin concentrations. (8)

#### **11.1.9.3 Special precautions and monitoring in cases of HF or associated comorbidity**

- Almost any deterioration in the condition of the heart or circulation may increase the sensitivity to digoxin. (8)
- La détermination des concentrations plasmatiques de la digoxine (recommandations actuelles: de préférence entre 0,5 et 0,9 ng/ml, ne dépassant pas 1,2 ng/ml) est indiquée, en particulier chez les patients en insuffisance rénale. (7) / Meten van de plasmaconcentraties van digoxine (huidige adviezen: bij voorkeur tussen 0,5 en 0,9 ng/ml, niet boven 1,2 ng/ml) is aangewezen, zeker bij patiënten met nierinsufficiëntie. (7)
- En cas d'insuffisance rénale, les doses doivent être réduites. Chez les personnes âgées, la fonction rénale est toujours altérée, et la dose doit être réduite dans tous les cas. (7) / Bij nierinsufficiëntie moeten de doses verminderd worden. Bij ouderen is de nierfunctie steeds verminderd, en dient de dosis in elk geval gereduceerd te worden. (7)

#### **11.1.10 Dobutamine**

##### **11.1.10.1 Special precautions and monitoring in cases of comorbidity**

- La prudence s'impose e.a. chez les patients présentant une affection cardio-vasculaire (e.a. arythmies cardiaques) ou les diabétiques. (7) / Voorzichtigheid is geboden bij patiënten met cardiovasculair lijden (in het bijzonder hartaritmieën, ischemisch hartlijden, hypertensie), patiënten met hyperthyreoïdie, diabetici en ouderen. (7)

#### **11.1.11 Ivabradine**

##### **11.1.11.1 Contraindications (among the selected comorbidities of HF)**

- Utilisation simultanée du diltiazem ou du vérapamil. (7) / Gelijktijdig gebruik van diltiazem of verapamil. (7)

##### **11.1.11.2 Interactions (with drugs used in the comorbidities selected in HF)**

- Risque de bradycardie sévère en cas d'association avec e.a. des  $\beta$ -bloquants, le vérapamil ou le diltiazem. (7) / Risico van te sterke daling van de hartfrequentie bij combinatie met  $\beta$ -blokkers, verapamil of diltiazem. (7)

##### **11.1.11.3 Special precautions and monitoring in cases of comorbidity**

- Ivabradine is not recommended in atrial fibrillation or other cardiac arrhythmias that interfere with sinus node function, and regular monitoring for such arrhythmias should be performed. If resting heart rate falls below 50 beats/minute the dose should be reduced; treatment should be stopped if this rate persists. (8)
- Ivabradine should be used with caution in severe renal impairment (creatinine clearance of less than 15 mL/minute). (8)

### 11.1.12 Levosimendan

#### 11.1.12.1 *Contra-indications (among the selected comorbidities of HF)*

- Insuffisance rénale sévère (RCP) (7) / Ernstige nierinsufficiëntie; ernstige leverinsufficiëntie (SKP). (7)

### 11.1.13 Milrinone

#### 11.1.13.1 *Special precautions and monitoring in cases of comorbidity*

- Des effets indésirables rares sont e.a. la fibrillation ventriculaire ou un bronchospasme. (7)/ Zeldzame bijwerkingen zijn o.a. ventrikelfibrilleren of bronchospasme. (7)

### 11.1.14 Nitrate derivatives

#### 11.1.14.1 *Interactions (with drugs used in the comorbidities selected in HF)*

- Hypotension sévère en cas d'association à un inhibiteur de la phosphodiesterase de type 5 ou au riociguat. (7) / Ernstige hypotensie bij associëren met een fosfodiësterase type 5-inhibitor (zie 7.3.1. Fosfodiësterase type 5-inhibitoren) of riociguat (zie 1.13. Middelen bij pulmonale hypertensie). (7)

### 11.1.15 Vericiguat

#### 11.1.15.1 *Contra-indications (among the selected comorbidities of HF)*

- Association à d'autres inducteurs de la guanylate cyclase soluble dont fait partie le riociguat. (7) / Associatie met andere inductoren van het oplosbaar guanyaatcyclase. (7)

## 11.2 Drugs used in type 2 diabetes

### 11.2.1 Insulins

#### 11.2.1.1 *Interactions (with drugs used in heart failure)*

- Risque accru d'hypoglycémie en cas d'association avec des  $\beta$ -bloquants (+ diminution des symptômes subjectifs de l'hypoglycémie) et possible aussi avec les IECA. (7) / Verhoogd risico van hypoglykemie en vermindering van de subjectieve symptomen van hypoglykemie bij associëren met  $\beta$ -blokkers(+ afname van subjectieve symptomen van hypoglykemie). Mogelijk verhoogd risico van hypoglykemie bij associëren met ACE-inhibitoren. (7)
- Beta blockers can inhibit the normal physiological response to hypoglycaemia and mask the typical sympathetic warning signs. (8)
- ACE inhibitors, beta blockers (which may also mask the warning signs of hypoglycaemia) may decrease insulin requirements. (8)
- Risque accru d'insuffisance cardiaque avec la pioglitazone en cas d'association avec l'insuline. (7) / Verhoogd risico van hartfalen door pioglitazon bij associëren met insuline. (7)

## 11.2.2 Metformin

### 11.2.2.1 *Contra-indication (with HF)*

- Présence de facteurs de risque d'acidose lactique (voir "Précautions particulières").(7) / Aanwezigheid van risicofactoren voor optreden van melkzuuracidose (zie rubriek "Bijzondere voorzorgen").(7)
- Metformin has been contra-indicated in diabetic patients with heart failure, because of an increased risk of lactic acidosis(8). L'incidence de l'acidose lactique chez les patients diabétiques est cependant faible (0,03 cas /1.000 patients/an) et assez comparable chez les patients traités ou non par la metformine.(folia dec 2008). (59) / De incidentie van melkzuuracidose bij diabetici is echter gering (0,03 gevallen/1.000 patiënten/jaar) en nogal vergelijkbaar voor patiënten al dan niet behandeld met metformine.(60)
- Des données provenant de méta-analyses et d'études prospectives indiquent que les avantages de la metformine(59) [with lower rates of morbidity and mortality, of any cause, in patients with heart failure (8)] contrebalancent le plus souvent le risque d'acidose lactique. (59)/ Gegevens uit meta-analyses en prospectieve studies wijzen er inderdaad op dat in deze situaties de voordelen van metformine [with lower rates of morbidity and mortality, of any cause, in patients with heart failure (8)] meestal opwegen tegen het risico van melkzuuracidose. (60)
- Ainsi, l' *insuffisance cardiaque stable* (NYHA I et II) e.a. ne devraient plus être considérés comme une contre-indication absolue(59)./ Stabiel hartfalen (NYHA I en II) zouden dan ook niet meer mogen beschouwd worden als absolute contra- indicaties. (60) It has been suggested that metformin may be used, with caution, in diabetic patients with compensated, stable heart failure. However, it is still contra-indicated in those with acute or unstable symptoms and in those with coexisting risk factors such as renal impairment. (8)
- Remarque : contre-indication selon RCP : Maladie aiguë ou chronique pouvant entraîner une hypoxie tissulaire, telle que: insuffisance cardiaque e.a. (7) / Opmerking : contra-indicatie volgens de SKP : Acute of chronische aandoeningen die weefselhypoxie kunnen veroorzaken, zoals: o.a. hartfalen. (7)

### 11.2.2.2 *Special precautions and monitoring in HF*

- Conditions associated with hypoxia, such as acute heart failure a.o. may increase the risk of lactic acidosis. (8)
- Le plus grand risque d'acidose lactique survient chez les patients précaires (personnes âgées ou patients présentant une décompensation cardiaque ou une BPCO), en cas de diminution soudaine de la fonction rénale due à la déshydratation, en particulier si en association avec des AINS et/ou des IECA ou des sartans. Cela peut être prévenu en réduisant la dose ou en arrêtant temporairement la metformine en cas de déshydratation. (7) / Het grootste risico op melkzuuracidose treedt op bij kwetsbare patiënten (ouderen of patiënten met hartdecompensatie of COPD) in geval van plotse vermindering van de nierfunctie door dehydratie, zeker bij gelijktijdig gebruik met NSAID's en/of ACE-inhibitoren of sartanen. Dit kan voorkomen worden door de dosis te verminderen of tijdelijk metformine te staken bij dehydratie. (7)
- Les patients atteints d'insuffisance rénale doivent être informés d'arrêter immédiatement la metformine en cas de vomissements et de diarrhée. (7) / Patiënten met verminderde nierfunctie moeten geïnstrueerd worden hun metformine direct te stoppen bij braken en diarree. (7)

### 11.2.3 Sulfonylureas

#### 11.2.3.1 Interactions (with drugs used in heart failure)

- Risque accru d'hypoglycémie en cas d'association e.a. avec des  $\beta$ -bloquants (+ diminution des symptômes subjectifs de l'hypoglycémie) et les IECA. (7) / Verhoogd risico van hypoglykemie en vermindering van de subjectieve symptomen van hypoglykemie bij associëren met  $\beta$ -blokkers en ACE-inhibitoren. (7)
- Beta blockers can inhibit the normal physiological response to hypoglycaemia and mask the typical sympathetic warning signs. (8)
- Beta blockers may reduce the efficacy of sulfonylureas by impairing the release of insulin from the pancreas; cardioselective beta blockers may have less of an effect than non-selective ones. (8)

### 11.2.4 Glinides

#### 11.2.4.1 Interactions (with drugs used in heart failure)

- Risque accru d'hypoglycémie en cas d'association e.a. avec des  $\beta$ -bloquants (+ diminution des symptômes subjectifs de l'hypoglycémie) et les IECA. (7) / Verhoogd risico van hypoglykemie en vermindering van de subjectieve symptomen van hypoglykemie bij associëren met  $\beta$ -blokkers en ACE-inhibitoren. (7)

### 11.2.5 Glitazones

#### 11.2.5.1 Contraindications (with heart failure)

- Insuffisance cardiaque ou antécédents. (7) / Hartfalen of antecedenten ervan. (7)
- Les effets indésirables sont e.a. rétention hydrosodée avec risque de déclencher ou d'aggraver une insuffisance cardiaque. Il existe également un risque accru d'insuffisance cardiaque en cas d'utilisation concomitante d'insuline ou d'AINS. (7) / Bijwerkingen zijn onder andere water- en zoutretentie, met mogelijk uitlokken of verergeren van hartfalen. Er is ook een verhoogd risico van hartfalen bij associëren met insuline en met NSAID's. (7)

#### 11.2.5.2 Special precautions and monitoring in HF

- Chez les patients avec des facteurs de risque d'insuffisance cardiaque, la prudence est de rigueur: une instauration progressive du traitement, une adaptation lente de la dose et une surveillance étroite sont recommandées. (7) / Bij patiënten met risicofactoren voor hartfalen is voorzichtigheid geboden: traag opstarten en aanpassen van de dosis en nauwgezette monitoring worden aangeraden. (7)

### 11.2.6 GLP-1 agonists

*No relevant information found.*

### 11.2.7 Gliptins (DPP-4-inhibitors)

#### 11.2.7.1 Interactions (with drugs used in heart failure)

- The efficacy of sitagliptin may be affected by other drugs that have an independent effect on blood glucose. (8)

- La vildagliptine (et probablement les autres gliptines également) augmente le risque d'angioœdème en cas d'usage concomitant avec des IECA. (7) / Vildagliptine (en waarschijnlijk ook met de andere gliptinen): verhoogd risico op angioedeem bij gelijktijdig gebruik met ACE-inhibitoren. (7)

#### **11.2.7.2 Special precautions and monitoring in HF**

- Il existe une possible augmentation du risque d'insuffisance cardiaque. Prudence en cas d'insuffisance cardiaque (7) / Er is een mogelijk verhoogd risico van hartfalen. Voorzichtigheid is geboden bij patiënten met hartfalen. (7)

#### **11.2.8 Gliflozines (SGLT2 inhibitors)**

##### **11.2.8.1 Interactions (with HF drugs or with drugs used in the comorbidities selected in HF)**

- Hypoglycémie en cas d'association à un sulfamidé hypoglycémiant, à un glinide ou à l'insuline. (7) / Hypoglykemie bij associatie met een hypoglykemiërend sulfamide, een glinide of insuline. (7)
- En raison du risque accru d'hypoglycémie en cas d'association à un sulfamidé hypoglycémiant et/ou à une insuline basale, une réduction de la dose du sulfamidé hypoglycémiant et/ou de l'insuline est conseillée. (7) / Wegens het verhoogde risico op hypoglykemie in combinatie met een hypoglykemiërend sulfamide en/of insuline wordt geadviseerd de dosis van de hypoglykemiërend sulfamide en/of insuline te verlagen. (7)
- Augmentation de l'effet des thiazides et des diurétiques de l'anse. (7) / Toename van het effect van thiaziden en lisdiuretica. (7)

##### **11.2.8.2 Special precautions and monitoring in heart failure or associated comorbidity**

- L'efficacité hypoglycémiante des gliflozines diminue lorsque la clairance rénale de créatinine est inférieure à 60 ml/min. (7) / Het hypoglykemiërend effect van gliflozinen neemt af wanneer de renale creatinineklaring lager is dan 60 ml/min. (7)
- Il est nécessaire de contrôler la fonction rénale avant l'instauration du traitement et régulièrement par la suite. (7) / De nierfunctie controleren voor de start van de behandeling en nadien op regelmatige tijdstippen. (7)
- The efficacy of SGLT2 inhibitors is dependent on renal function and reduced efficacy is expected in patients with moderate to severe renal impairment. Additionally, exposure is increased leading to an increased incidence of renal adverse effects and adverse effects relating to volume depletion. Although no dose adjustment of dapagliflozin is recommended in those with mild renal impairment, its use is not recommended in moderate to severe impairment (creatinine clearance < 60 mL/min). Renal function should be checked before starting dapagliflozin and monitored during treatment. (8)
- Prudence chez les patients qui présentent un risque d'hypovolémie tels que les patients sous diurétiques ou les personnes âgées. Lors d'épisodes aigus de déshydratation (diarrhée, vomissements, fièvre,...) qui durent plus de 24 heures, il faut envisager une réduction de la dose ou l'arrêt temporaire de la gliflozine pour éviter une atteinte rénale aiguë, en particulier chez les patients âgés ou vulnérables. (7) / Voorzichtigheid bij patiënten met risico van volumedepletie zoals patiënten onder diuretica, ouderen. Tijdens acute episodes van dehydratie (diarree, braken, koorts,...) die langer dan 24u aanhouden, moet overwogen worden tijdelijk de dosis van de gliflozinen te verlagen of de inname stop te zetten om acute nierschade te voorkomen, zeker bij oudere of kwetsbare patiënten. (7)
- Les effets indésirables sont parfois: Insuffisance rénale aiguë, transitoire. (7) / Bijwerkingen zijn soms: acute nierinsufficiëntie, van voorbijgaande aard. (7)

## 11.3 Drugs used in morbid obesity

### 11.3.1 Orlistat

*No relevant information found.*

### 11.3.2 Liraglutide

*No relevant information found.*

### 11.3.3 Naltrexon + bupropion

*No relevant information found.*

## 11.4 Drugs used in COPD

### 11.4.1 $\beta$ 2-agonists

#### 11.4.1.1 *Interactions (with drugs used in heart failure)*

- Diminution de l'effet des  $\beta$ 2-mimétiques en cas d'association à des  $\beta$ -bloquants (en particulier les non sélectifs). (7) / Verminderd effect van  $\beta$ 2-mimetica bij associëren met  $\beta$ -blokkers (zeker de niet-selectieve). (7)
- Non-cardioselective beta blockers oppose the bronchodilator effects of beta-agonist bronchodilators. No adverse interaction normally occurs between beta-agonist bronchodilators and cardioselective beta blockers. (8)
- Risque accru d'hypokaliémie en cas de prise concomitante de médicaments provoquant une hypokaliémie, p.ex. des diurétiques. (7) / Verhoogd risico van hypokaliémie bij gelijktijdig gebruik van middelen die hypokaliémie uitlokken, bv. Diuretica. (7)
- The arrhythmogenic potential of this interaction may be clinically important in patients with ischaemic heart disease. (8)
- Hypokalaemia produced by beta2 agonists may result in an increased susceptibility to digitalis-induced arrhythmias although salbutamol intravenously and orally can also decrease serum concentrations of digoxin (8)

#### 11.4.1.2 *Special precautions and monitoring in heart failure*

- Chez les patients atteints d'une affection cardio-vasculaire instable (p.ex insuffisance cardiaque sévère), les  $\beta$ 2-mimétiques doivent être utilisés avec prudence. (7) / Bij patiënten met instabiel cardiovasculair lijden (bv. recent myocardinfarct, levensbedreigende hartaritmieën, ernstig hartfalen) dienen  $\beta$ 2-mimetica voorzichtig te worden gebruikt. (7)
- A meta-analysis of randomised, placebo-controlled studies in patients with asthma or chronic obstructive pulmonary disease (COPD) confirmed that single doses of beta2 agonists can cause an increase in heart rate and a reduction in potassium concentrations. The longer-term effects of beta2 agonists on the cardiovascular system were also assessed and an increased risk of adverse cardiovascular events due to sinus tachycardia was found. There was also a trend towards an increase in major adverse events including ventricular tachycardia, atrial fibrillation, heart failure, myocardial infarction, cardiac arrest, and sudden death. (8)

## 11.4.2 Anticholinergics

### 11.4.2.1 *Special precautions and monitoring in heart failure*

- Chez les patients atteints d'une affection cardio-vasculaire instable (p.ex. insuffisance cardiaque sévère), les anticholinergiques doivent être utilisés avec prudence. (7) / Bij patiënten met instabiel cardiovasculair lijden (bv. recent myocardinfarct, levensbedreigende hartaritmieën, ernstig hartfalen) dienen anticholinergica voorzichtig te worden gebruikt. (7)
- La possibilité d'effets indésirables cardiaques graves dus aux LAMA reste controversée mais les données récentes sont rassurantes; néanmoins il persiste une suspicion d'événements cardiovasculaires en début de traitement. (7) / De mogelijkheid van ernstige cardiale ongewenste effecten door LAMA's blijft controversieel maar recente gegevens zijn geruststellend; er bestaat echter nog steeds een vermoeden van cardiovasculaire events bij het begin van de behandeling.

## 11.4.3 Theophylline

### 11.4.3.1 *Interactions (with drugs used in heart failure)*

- Xanthines can potentiate hypokalaemia caused by hypoxia or associated with the use of diuretics a.o. (8)
- The interaction between theophylline and beta blockers is complex. In general, however, beta blockers should be avoided in patients taking theophylline as they can dangerously exacerbate bronchospasm in patients with a history of asthma or chronic obstructive pulmonary disease(8)

### 11.4.3.2 *Special precautions and monitoring in heart failure*

- The possibility that adverse effects such as hypokalaemia may be potentiated if theophylline is given with diuretics should be borne in mind. (8)
- La prudence s'impose e.a. chez les patients présentant des arythmies ou d'autres maladies cardiaques et chez les patients présentant un risque d'hypokaliémie. (7) / Voorzichtigheid is geboden o.a. bij patiënten met hartaritmieën of andere cardiale aandoeningen, hypertensie, epilepsie, hyperthyreoïdie, ulcus pepticum, of risico van hypokaliëmie. (7)
- En cas d'insuffisance cardiaque e.a., les doses doivent être réduites. (7) / Bij hart-insufficiëntie moet de dosis gereduceerd worden. (7)

## 11.4.4 Corticosteroids

- Des effets indésirables systémiques sont fréquents en cas d'utilisations répétées in situ (p.ex. intra-articulaires) et peuvent également survenir en cas d'application prolongée de doses élevées de corticostéroïdes au niveau de la peau ou des muqueuses, et en cas d'inhalation. (7) / Systemische bijwerkingen komen vaak voor bij herhaald gebruik in situ (bijv. intra-articulair) en kunnen ook optreden bij langdurige toepassing van hoge doses corticosteroïden op de huid of slijmvliezen en bij inhalatie. (7)

#### **11.4.4.1 Interactions (with drugs used in heart failure)**

- Augmentation du risque d'hypokaliémie en cas d'association à d'autres médicaments provoquant une hypokaliémie (p.ex. diurétique augmentant la perte de potassium). (7) / Verhoogd risico van hypokaliëmie bij associëren met andere geneesmiddelen die hypokaliëmie veroorzaken (bv. kaliumverliezende diuretica). (7)

#### **11.4.4.2 Special precautions and monitoring in heart failure**

- Systemic corticosteroids should be used with great caution in the presence of heart failure, Cohort studies established that oral glucocorticoid use was associated with an increased risk for heart failure, and that high-dose therapy was associated with an increased risk for cardiovascular disease, including myocardial infarction. (8)

### **11.5 Drugs used in pulmonary hypertension**

#### **11.5.1 Endothelin receptor agonists (ambrisentan, bosentan and macitentan )**

*No relevant information found.*

#### **11.5.2 Phosphodiesterase-5 inhibitors (sildenafil and tadalafil)**

##### **11.5.2.1 Interactions (with drugs used in heart failure)**

- Utilisation concomitante de dérivés nitrés e.a. (risque d'hypotension sévère) est contre-indiquée. (aussi riociguat, molsidomine, alpha-bloquants) (7) / Gebruik samen met nitraten o.a. (risico van ernstige hypotensie) is gecontra-indiceerd. (ook riociguat, molsidomine, alfablokkers). (7)

##### **11.5.3 Epoprostenol**

*No relevant information found.*

#### **11.5.4 Riociguat**

##### **11.5.4.1 Interactions (with drugs used in heart failure)**

- Utilisation concomitante de dérivés nitrés e.a. est contre-indiquée en raison du risque accru d'hypotension. (aussi inhibiteur de phosphodiesterase de type 5) (7) / Gelijktijdig gebruik van nitraten e.a. is gecontra-indiceerd vanwege het verhoogde risico op hypotensie. (7)

#### **11.5.5 Selexipag**

##### **11.5.5.1 Contra-indication (with HF)**

- Insuffisance cardiaque(7) / Hartfalen(7)

#### **11.5.6 Treprostinil**

##### **11.5.6.1 Contra-indication (with HF)**

- Insuffisance cardiaque (RCP) (7) / Hartfalen (SKP) (7)



## 11.6 Drugs used in chronic kidney disease

### 11.6.1 Finerenone

See mineralocorticoid receptor antagonist

### 11.6.2 Gliflozines (SGLT-2 inhibitors)

See in drugs used in diabetes

## 11.7 Drugs used in atrial fibrillation

### 11.7.1 $\beta$ -blockers

see in drugs used in HF

### 11.7.2 Verapamil and diltiazem

#### 11.7.2.1 *Contra-indication (with HF)*

- Insuffisance cardiaque. (7) / Hartfalen (7)
- Adverse effects of verapamil on the heart include a.o. worsening heart failure. Diltiazem has been associated with the development of heart failure and great care is required in patients with impaired left ventricular function. (8)
- L'utilisation de vérapamil par voie intraveineuse est contre-indiquée chez les patients sous  $\beta$ -bloquants en raison du risque d'insuffisance cardiaque et de choc. Ceci s'applique à l'inverse également à l'administration intraveineuse de  $\beta$ -bloquants en cas d'utilisation chronique de vérapamil. (7) / Het gebruik van verapamil intraveneus is gecontra-indiceerd bij patiënten onder  $\beta$ -blokkers, bij reciproke tachycardie bij syndroom van Wolff-Parkinson-White en bij ventrikeltachycardie, wegens het gevaar voor hartfalen en shock. (7)
- Utilisation simultanée d'ivabradine. (7) / Gelijktijdig gebruik van ivabradine. (7)

#### 11.7.2.2 *Interactions (with drugs used in heart failure)*

- Risque accru d'effets indésirables des  $\beta$ -bloquants (bradycardie, bloc auriculo-ventriculaire et diminution de la contractilité myocardique) en cas d'association au vérapamil, et dans une moindre mesure au diltiazem. (7) / Verhoogd risico van ongewenste effecten van de  $\beta$ -blokkers (bradycardie, atrioventriculair blok en verminderde myocardcontractiliteit) bij associëren met verapamil en in mindere mate diltiazem. (7)
- Profound bradycardia has been reported in several patients when diltiazem was used with a beta blocker. (8)
- Baisse excessive de la pression artérielle, surtout orthostatique, e.a. en cas d'association de plusieurs antihypertenseurs, ou en cas d'administration concomitante de dérivés nitrés. (7) / Overdreven bloeddrukdaling, vooral orthostatisch, o.a. bij combineren van meerdere antihypertensiva of bij associëren met nitraten. (7)

### 11.7.3 Digoxin

See in HF

## 11.7.4 Amiodarone

### 11.7.4.1 *Contra-indication (with HF)*

- Rarely, heart failure may be precipitated or aggravated with amiodarone. (8)

### 11.7.4.2 *Special precautions and monitoring in heart failure*

- L'amiodarone peut être utilisée en présence d'une insuffisance cardiaque. (7) / Amiodaron mag gebruikt worden bij patiënten met hartfalen. (7)
- It may be used, but with caution, in patients with heart failure. (8)

## 11.7.5 Anticoagulants: vitamin K antagonists

### 11.7.5.1 *Interactions (with drugs used in heart failure)*

- Beta blockers, particularly those with a high lipid solubility such as propranolol, may inhibit the metabolism of warfarin. Although several studies have shown pharmacokinetic interactions between some beta blockers and oral anticoagulants, no effect on anticoagulant activity has generally been found. However, possible potentiation of the effect of warfarin by propranolol has been reported. (8)
- Chlortalidone and spironolactone have both been associated with a reduction in warfarin's activity in healthy subjects and it has been suggested that this might be a consequence of the diuresis concentrating the circulating clotting factors. (8)
- Torasemide has been reported to enhance the activity of warfarin,5 possibly by competing for metabolism through the cytochrome P450 isoenzyme CYP2C9 and by displacement of warfarin from protein-binding sites. However, bumetanide, furosemide, and the thiazides appear to have no effect on warfarin. (8)

## 11.7.6 DOACs

*No relevant information found.*

## 11.8 Drugs used in cachexia

### 11.8.1 Androgens and anabolic steroids

#### 11.8.1.1 *Special precautions and monitoring in heart failure*

- La prudence s'impose si la rétention hydrosodée constitue un risque. (7) / Bij een risico op vochtretentie is voorzichtigheid geboden. (7)

## 11.9 Interactions with CYP isoenzymes and P-gp

The table below is adapted from the table in the “Répertoire Commenté des Médicaments” (7) and only includes medicines mentioned in the “Safety sources” section.

	Substrat de	Inhibiteur de	Inducteur de
acenocoumarol	2C9		

ambrisentan	2C19 3A4 P-gp	
amiodarone	<b>2C8 3A4</b>	2C9 2D6 <b>P-gp</b>
apixaban	<b>3A4 P-gp</b>	
betamethasone	3A4	
bosentan	2C9 3A4	2C9 3A4
budesonide	3A4 P-gp	
bupropione	2B6	<b>2D6</b>
canagliflozine	P-gp	
candesartan	2C9	
carvedilol	2C9 2D6 P-gp	
dabigatran	<b>P-gp</b>	
dexamethasone	3A4 P-gp	
digoxin	<b>P-gp</b>	
diltiazem	3A4	3A4 P-gp
edoxaban	<b>P-gp</b>	
eplerenone	3A4	
finerenone	3A4	
fluticasone	3A4	
glibenclamide	<b>2C9</b>	

gliclazide	<b>2C9</b>
glimepiride	<b>2C9</b>
glipizide	<b>2C9</b>
gliquidone	<b>2C9</b>
hydrocortisone	3A4
indacaterol	3A4 P-gp
irbesartan	2C9
ivabradine	3A4
labetalol	2C19
linagliptin	P-gp
losartan	2C9
macitentan	3A4
methylprednisolone	3A4 P-gp
metoprolol	2D6
nebivolol	2D6
phenprocoumon	<b>2C9</b>
pioglitazone	2C8
prednisone	3A4 P-gp
prednisolone	3A4

propranolol	2D6	
repaglinide	<b>2C8</b>	
riociguat	2C8 3A4 P-gp	
rivaroxaban	<b>3A4 P-gp</b>	
salmeterol	3A4	
saxagliptin	3A4 P-gp	
selexipag	2C8	
sildenafil	3A4	
sitagliptin	3A4 P-gp	
tadalafil	3A4	
testosterone	3A4	
theophylline	<b>1A2</b>	
torasemide	2C9	
treprostinil	2C8	
valsartan	2C9	
verapamil	3A4 P-gp	<b>3A4 P-gp</b>
vilanterol	3A4 P-gp	
warfarin	<b>1A2 2C9</b>	

**Liste alphabétique des substrats, inhibiteurs et inducteurs des isoenzymes CYP et P-gp  
/Alfabetische lijst van de substraten, inhibitoren en inductoren van CYP en P-gp**

*Les substrats, les inhibiteurs et les inducteurs avec lesquels on s'attend à des interactions cliniques particulièrement importantes sont indiqués en caractères gras. / De substraten, inhibitoren en inductoren waarvan men verwacht dat ze de klinisch meest relevante interacties zullen geven, zijn in vetjes aangeduid.*

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